Table 2-2 Quarterly population estimates and factors of growth, provincial perspective — Newfoundland and Labrador

	Population at beginning period	Natural increase	Net interprovincial migration	Net international migration	Total net migration	Total growth	Total growth
			number				percent
2010							
April - June January - March	510,901 510,805	-189	229	 56	285	 96	0.02
2009							
October - December July - September April - June January - March	510,272 508,925 507,528 507,681	-153 21 -34 -166	669 863 1,119 98	17 463 312 -85	686 1,326 1,431 13	533 1,347 1,397 -153	0.10 0.26 0.28 -0.03
2008							
October - December July - September April - June January - March	507,611 506,441 506,748 507,100	-129 51 -2 -130	292 823 -490 -446	-93 296 185 224	199 1,119 -305 -222	70 1,170 -307 -352	0.01 0.23 -0.06 -0.07
2007 October - December July - September April - June January - March	507,074 506,530 507,148 508,846	-91 88 36 -84	115 293 -791 -1,671	2 163 137 57	117 456 -654 -1,614	26 544 -618 -1,698	0.01 0.11 -0.12 -0.33
2006 October - December July - September	509,424 510,313	-82 74	-558 -1,047	62 84	-496 -963	-578 -889	-0.11 -0.17

 $\textbf{Note(s):} \ \ \text{See "Data quality, concepts and methodology} \ -- \ \text{Explanatory notes for the tables" section.}$