

Aboriginal Peoples: Fact Sheets

Aboriginal peoples: Fact Sheet for Saskatchewan

by Karen Kelly-Scott
Social and Aboriginal Statistics Division

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- . not available for any reference period
- .. not available for a specific reference period
- ... not applicable
- 0 true zero or a value rounded to zero
- 0^s value rounded to 0 (zero) where there is a meaningful distinction between true zero and the value that was rounded
- ^P preliminary
- ^r revised
- X suppressed to meet the confidentiality requirements of the *Statistics Act*
- ^E use with caution
- F too unreliable to be published
- * significantly different from reference category ($p < 0.05$)

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Aboriginal Peoples: Fact Sheet for Saskatchewan

One in ten Aboriginal people in Canada live in Saskatchewan

- Numbering 157,740,¹ 11% of the Aboriginal identity population in Canada lived in Saskatchewan in 2011. They made up 16% of the total population of that province.
- Almost four in ten Aboriginal people in Saskatchewan resided in Saskatoon (15%), Regina (13%) and Prince Albert (10%). While they represented nearly 10% of the total populations living in each of Saskatoon and Regina, they made up 39% of the total population of Prince Albert and 22% of the population of North Battleford.
- Saskatchewan was home to 103,205 First Nations people, 52,450 Métis, and 290 Inuit,² with the rest reporting other³ Aboriginal identities (1,120) or more than one Aboriginal identity (670). From 2006 to 2011, the First Nations population in Saskatchewan increased by 13%, while the Métis population rose by 9%, and the Inuit population increased by 37%.⁴
- Of those who identified as First Nations people in 2011, nine in ten (91% or 94,155) reported being a Treaty Indian or a Registered Indian as defined by the *Indian Act* of Canada. Over half (53% or 54,950) of all First Nations people (57% of First Nations people who were Treaty or Registered Indians, or 53,940 individuals) lived on a reserve.

Aboriginal population younger than non-Aboriginal

- Over half (54%) of Aboriginal people in Saskatchewan were under the age of 25, compared with 30% of the non-Aboriginal population. Six in ten First Nations people (58%) were in this age group (a percentage that was the same for both the on- and off-reserve populations), as were 45% of Métis.

About the data sources

The 2011 National Household Survey (NHS) and the 2012 Aboriginal Peoples Survey (APS) are the main data sources for this fact sheet. The 2011 NHS collected social and economic data about the Canadian population. The 2012 APS was a national survey of First Nations people **living off reserve**, Métis, and Inuit aged 6 and older. The data are for the **Aboriginal identity population**, which refers to people who reported identifying with at least one Aboriginal group, that is, First Nations, Métis or Inuit, and/or those who reported being a Treaty Indian or a Registered Indian as defined by the *Indian Act* of Canada, and/or those who reported they were members of an Indian band or First Nation. It was possible to report both single and multiple responses to the Aboriginal identity questions on the NHS and the APS. The NHS data in this fact sheet are based on single responses only. The APS data represent a combination of the single and multiple Aboriginal identity populations. Nearly all off-reserve First Nations, Métis, and Inuit respondents reported a single identity.

1. Some Indian reserves and settlements did not participate in the 2011 National Household Survey (NHS) as enumeration was either not permitted, it was interrupted before completion, or because of natural events (e.g., forest fires).
 2. While the NHS count for the Inuit population in Saskatchewan is provided here, data for other characteristics are not included because of the small number of Inuit living in the province.
 3. This includes people who reported having Registered Indian status and/or being members of an Indian band or First Nation without reporting an Aboriginal identity.
 4. A number of factors should be taken into account when comparing data on Aboriginal people over time. Please refer to the [Aboriginal Peoples Reference Guide, National Household Survey, 2011](#), Catalogue no. 99-011-X2011006 and the [Aboriginal Peoples Technical Report](#), Catalogue no. 99-011-X. Incompletely enumerated reserves are not included in the 2006 and 2011 data used to determine the change in the Aboriginal population.

- In 2011, the median age of First Nations people living on a reserve was 20.6, while that of the off-reserve population was 20.2. Métis had a median age of 28.0. Both groups were younger than the non-Aboriginal population, whose median age was 40.9.

Four in ten Aboriginal children live with both parents

- In Saskatchewan, 37% of First Nations children aged 14 and younger lived in a family with both their parents in 2011, as did 50% of Métis children. The corresponding percentage for non-Aboriginal children was 80%. At the same time, 44% of First Nations children and 38% of Métis children lived in a lone-parent family, rates that were higher than that for their non-Aboriginal peers (14%).
- In 2011, 3% of Aboriginal children aged 14 and younger were in foster care; at 5%, the percentage was highest for First Nations children living off reserve. Moreover, of all Saskatchewan children in foster care in 2011, 87% were Aboriginal children, the majority of whom (86%) were First Nations children.

Table 1

Percentage distribution of children aged 14 and under by living arrangement, by selected Aboriginal identity group¹ and area of residence, Saskatchewan, 2011

	Total Aboriginal identity population	First Nations single identity		Métis single identity	Non- Aboriginal identity population	
		Total	On reserve			Off reserve
		percent				
Children of both parents ²	40.4	37.2	40.2	34.0	49.6	79.5
Stepchildren	8.3	8.1	8.8	7.4	8.6	5.6
Children of lone parent	42.5	44.1	40.4	48.3	37.9	14.2
Grandchildren in skip-generation family	3.8	4.5	5.4	3.5	1.7	0.3
Foster children	3.2	3.7	2.3	5.3	1.5	0.2
Children living with other relatives ³	1.8	2.3	2.9	1.5	0.8	0.2

1. Data for Inuit are included in the total Aboriginal identity population but are not shown separately because of the small number of Inuit living in the province.

2. Includes children in a two-parent family where there may also be stepsiblings or half-siblings present. Also includes children in a two-parent family for whom it cannot be determined if they are stepchildren.

3. Non-relatives may be present. Excludes foster children.

Source: Statistics Canada, National Household Survey, 2011.

On-reserve First Nations people most likely to live in crowded homes and homes requiring major repairs

- In 2011, 36% of on-reserve and 16% of off-reserve First Nations people in Saskatchewan lived in crowded homes, that is, with more than one person per room. Among Métis, the percentage was 5%. The comparable figure for the non-Aboriginal population was 3%.
- One-third of First Nations people (33%) and 16% of Métis lived in homes in need of major repairs; the rate was highest for First Nations people living on a reserve (47%).

Table 2

Percentages living in crowded homes and homes in need of major repairs, by selected Aboriginal identity group¹ and area of residence, Saskatchewan, 2011

	Total Aboriginal identity population	First Nations single identity		Métis single identity	Non- Aboriginal identity population	
		Total	On reserve			Off reserve
		percent				
Crowding ²	19.3	26.7	36.5	15.6	5.0	2.7
Home in need of major ³ repairs	26.7	32.6	47.2	16.0	15.6	8.8

1. Data for Inuit are included in the total Aboriginal identity population but are not shown separately because of the small number of Inuit living in the province.

2. More than one person per room.

3. For example, dwellings with defective plumbing or electrical wiring and dwellings needing structural repairs to walls, floors or ceilings.

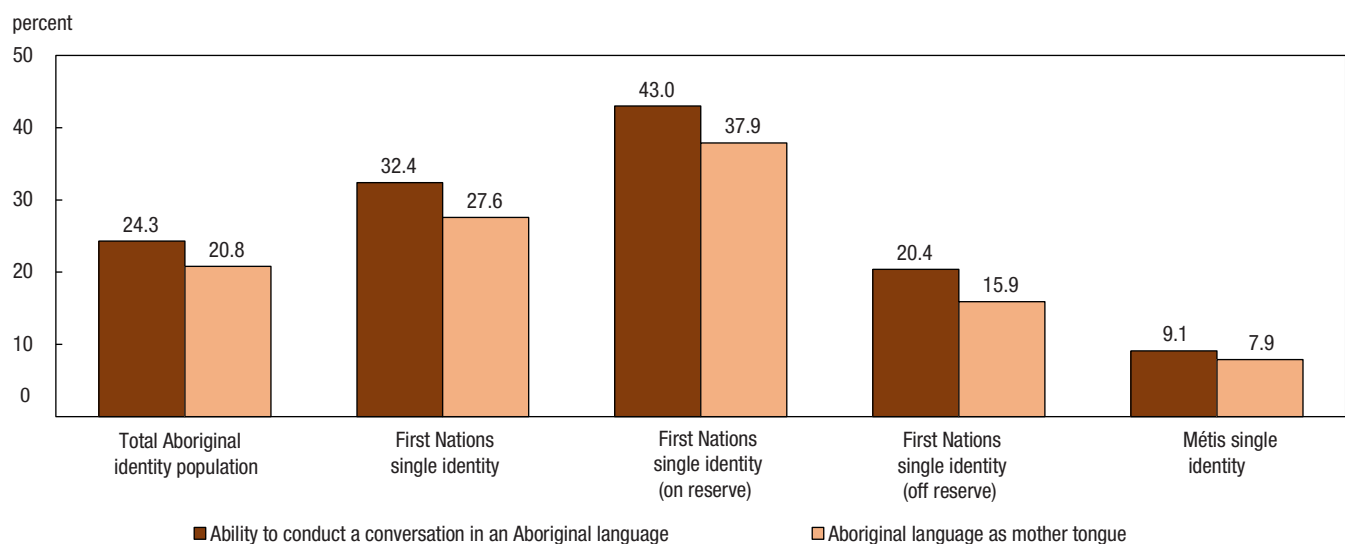
Source: Statistics Canada, National Household Survey, 2011.

Ability to speak an Aboriginal language highest among on-reserve First Nations people

- In Saskatchewan, 43% of First Nations people living on a reserve reported the ability to conduct a conversation in an Aboriginal language, a rate higher than among off-reserve First Nations people (20%) and Métis (9%). The Aboriginal languages spoken by the largest number of First Nations people were Cree languages, Dene, and Ojibway. Métis spoke mostly Cree languages, Dene, and Michif.
- The number who reported being able to converse in an Aboriginal language exceeded the number who reported an Aboriginal mother tongue, which suggests acquisition of an Aboriginal language as a second language.
- Based on results of the Aboriginal Peoples Survey,⁵ 76% of off-reserve First Nations people and 41% of Métis aged 6 and older reported that speaking and understanding an Aboriginal language was important to them.

Chart 1

Ability to converse in an Aboriginal language and Aboriginal language as mother tongue, by selected Aboriginal identity group¹ and area of residence, Saskatchewan, 2011



1. Data for Inuit are included in the total Aboriginal identity population but are not shown separately because of the small number of Inuit living in the province.

Source: Statistics Canada, National Household Survey, 2011.

Postsecondary qualifications vary by Aboriginal group

- In 2011, 42% of Aboriginal people aged 25 to 64 in Saskatchewan had a certificate, diploma or degree from a trade school, college or university: 38% of First Nations people and 49% of Métis. The comparable percentage for their non-Aboriginal counterparts was 60%.
- Among those with postsecondary credentials, First Nations people and Métis were more likely than non-Aboriginal graduates to have completed programs below the bachelor's level (trades or college programs).
- There was also a difference in the proportion of Aboriginal and non-Aboriginal people with "no certificate, diploma or degree". In 2011, 40% of First Nations people aged 25 to 64 and 23% of Métis did not have a certificate, diploma or degree. The corresponding percentage for the non-Aboriginal population was 13%.

5. The target population of the 2012 Aboriginal Peoples Survey (APS) excluded people living on Indian reserves and in Indian settlements in the provinces and in selected First Nations communities in the territories.

Table 3
Highest level of educational attainment of population aged 25 to 64, by selected Aboriginal identity group¹ and area of residence, Saskatchewan, 2011

	Total Aboriginal identity population	First Nations single identity			Métis single identity	Non- Aboriginal identity population	
		Total	On reserve	Off reserve			
		percent					
No certificate, diploma or degree	33.5	40.0	49.1	29.9	23.5	12.8	
High school diploma or equivalent	24.3	22.3	19.6	25.4	27.3	27.7	
Postsecondary certificate, diploma or degree	42.2	37.7	31.3	44.7	49.1	59.5	
Apprenticeship or trades certificate or diploma	13.4	12.2	12.2	12.2	15.1	14.2	
College, CEGEP or other non-university certificate or diploma	15.4	12.8	11.3	14.4	19.6	19.6	
University certificate or diploma below bachelor level ²	4.0	4.1	3.3	5.0	3.7	4.6	
University certificate, diploma or degree at bachelor level or above	9.5	8.6	4.5	13.0	10.7	21.1	

1. Data for Inuit are included in the total Aboriginal identity population but are not shown separately because of the small number of Inuit living in the province.

2. Comparisons with other data sources suggest that the category "University certificate or diploma below bachelor level" was overreported in the National Household Survey (NHS). The results for this category should be interpreted with caution. For more information on concepts and data quality, refer to the [NHS reference guides](#) and [Education Reference Guide](#) on the Statistics Canada website.

Source: Statistics Canada, National Household Survey, 2011.

Employment rates and median total income increase with education

- In 2011, the employment rates of First Nations people and Métis aged 25 to 64 in Saskatchewan who did not have a certificate, diploma or degree were 31.1% and 50.2% respectively. Employment rates were higher for those with further education. For example, among those with postsecondary credentials, the employment rate of First Nations people was 68.2%, while that of Métis was 80.4%.

Table 4
Employment rate of population aged 25 to 64, by highest level of educational attainment, selected Aboriginal identity group¹ and area of residence, Saskatchewan, 2011

	Total Aboriginal identity population	First Nations single identity			Métis single identity	Non- Aboriginal identity population
		Total	On reserve	Off reserve		
		employment rate (percent)				
Total	58.4	50.0	41.0	59.9	71.1	82.5
No certificate, diploma or degree	36.6	31.1	27.2	38.4	50.2	71.2
High school diploma or equivalent	61.6	52.9	42.7	61.6	72.2	81.3
Postsecondary certificate, diploma or degree	73.8	68.2	61.4	73.4	80.4	85.5

1. Data for Inuit are included in the total Aboriginal identity population but are not shown separately because of the small number of Inuit living in the province.

Source: Statistics Canada, National Household Survey, 2011.

- Median total income⁶ was also higher for those with higher education levels. Among First Nations people aged 25 to 64, median total income (rounded to the nearest \$1,000) ranged from \$11,000 for those with no certificate, diploma or degree to \$28,000 for those with postsecondary credentials. The range for Métis was from \$21,000 to \$41,000.

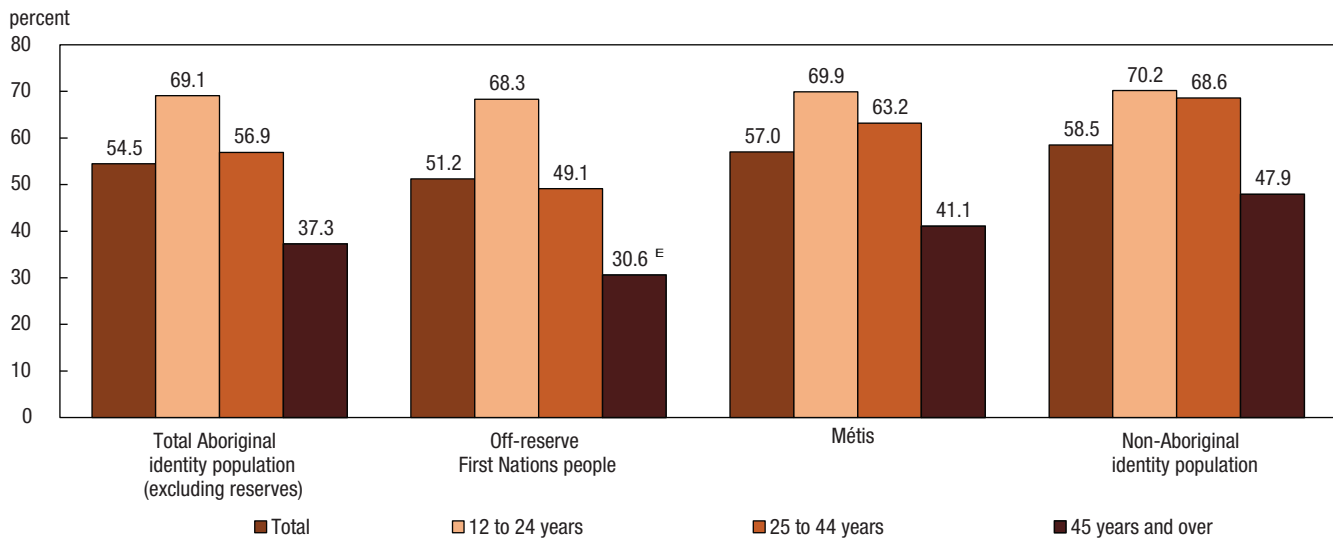
Just over half rated their health as excellent or very good

- Based on results of the Aboriginal Peoples Survey, just over half (55%) the Aboriginal population aged 12 and older in Saskatchewan rated their health as excellent or very good in 2012: 51% of First Nations people living off reserve, and 57% of Métis.
- Off-reserve First Nations people and Métis aged 12 to 24 reported an overall health rating on par with that of their non-Aboriginal peers.⁷

6. Total income includes income from all sources, including employment income, income from government programs, pension income, investment income and any other money income. The calculation includes population with income and without income (with an income of zero).

7. Health data for the non-Aboriginal population were drawn from the 2012 Canadian Community Health Survey.

Chart 2
Excellent or very good self-rated overall health of population aged 12 and over, by selected Aboriginal identity group¹ and age group, Saskatchewan, 2012



^E use with caution

1. Data for Inuit are included in the total Aboriginal identity population but are not shown separately because of the small number of Inuit living in the province.

Sources: Statistics Canada, Aboriginal Peoples Survey, 2012; and Canadian Community Health Survey, 2012.

- The majority of off-reserve First Nations people (61%) and Métis (65%) aged 18 and older reported excellent or very good mental health.⁸
- Just over half of off-reserve First Nations people (52%) and Métis (54%) aged 12 and older reported that they had been diagnosed with at least one chronic condition. The corresponding percentage for the non-Aboriginal population was 56%.
- Among off-reserve First Nations people and Métis, commonly reported conditions included arthritis excluding fibromyalgia (16% and 15%, respectively), high blood pressure (14% and 13%), and asthma (11%^E and 10%). In addition, 12% of off-reserve First Nations people and 10% of Métis reported being diagnosed with a mood disorder, and 11%^E of off-reserve First Nations people and 10% of Métis reported an anxiety disorder.

Table 5
Excellent or very good self-rated mental health of population aged 18 and over, by selected Aboriginal identity group¹ and age group, Saskatchewan, 2012

	Total Aboriginal identity population (excluding reserves)	Off-reserve First Nations people	Métis	Non-Aboriginal identity population
	percent			
Total	63.4	61.0	65.4	68.7
18 to 24	68.1	67.7	68.3	78.8
25 to 44	65.9	61.7	70.4	71.7
45 and over	58.4	55.9	59.8	64.5

1. Data for Inuit are included in the total Aboriginal identity population but are not shown separately because of the small number of Inuit living in the province.

Sources: Statistics Canada, Aboriginal Peoples Survey, 2012; and Canadian Community Health Survey, 2012.

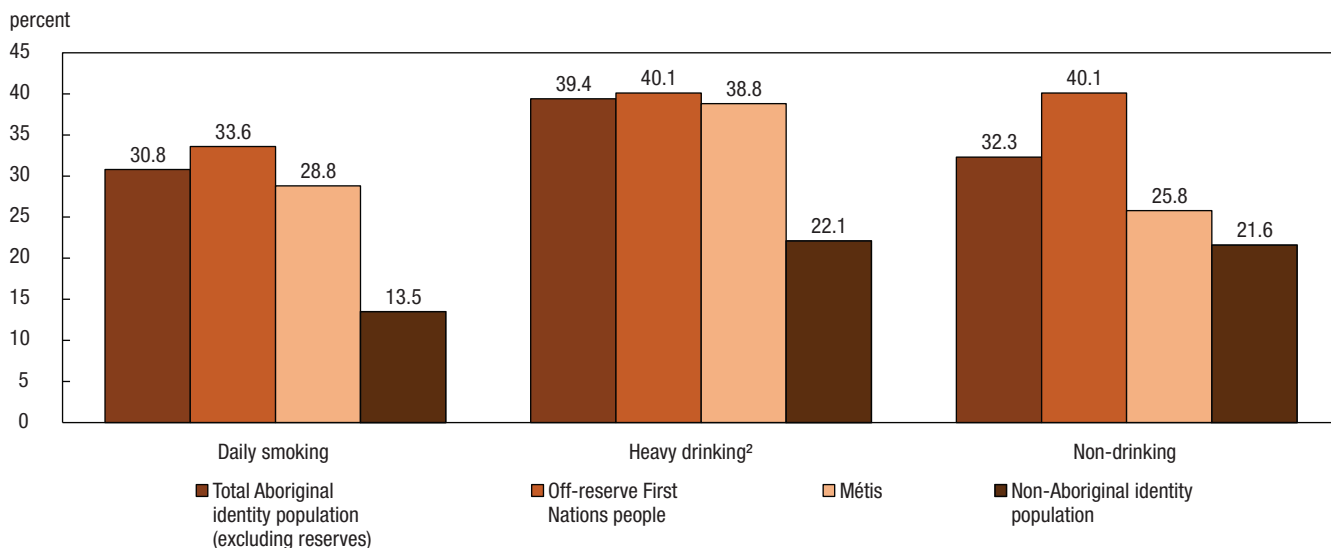
8. Questions on self-rated mental health were only asked of respondents who were providing answers to the survey directly, on their own behalf (i.e., data are not available when questionnaires were completed by proxy interview).

Off-reserve First Nations people and Métis more likely to smoke daily

- In 2012, 34% of off-reserve First Nations people aged 12 and older in Saskatchewan reported that they smoked daily, as did 29% of Métis. The comparable percentage for the non-Aboriginal population was 14%.
- First Nations people and Métis in all age groups in Table 6 had higher rates of daily smoking than did their non-Aboriginal counterparts.

Chart 3

Selected health behaviours of population aged 12 and over, by selected Aboriginal identity group,¹ Saskatchewan, 2012



1. Data for Inuit are included in the total Aboriginal identity population but are not shown separately because of the small number of Inuit living in the province.

2. Heavy drinking refers to the consumption of five or more drinks on one occasion at least once a month in the 12 months preceding the survey.

Sources: Statistics Canada, Aboriginal Peoples Survey, 2012; and Canadian Community Health Survey, 2012.

- For those 12 and older, the rate of heavy drinking (five or more drinks on one occasion at least once a month in the 12 months preceding the survey) was 40% for off-reserve First Nations people and 39% for Métis, compared with 22% for non-Aboriginal people. Almost half of off-reserve First Nations people (47%) and Métis (48%) and 40% of non-Aboriginal people aged 12 to 24 reported heavy drinking.
- At the same time, 40% of off-reserve First Nations people were non-drinkers (consumed no alcohol in the 12 months preceding the survey), compared with 22% of the non-Aboriginal population. The percentage for Métis was 26%. At ages 12 to 24, 44% of First Nations people were non-drinkers. The corresponding percentage for their non-Aboriginal peers was 34%; the same percentage reported by Métis in this age group. The percentage of non-drinkers was also high (56%) among First Nations people aged 45 and older.

Table 6
Selected health behaviours of population aged 12 and over, by selected Aboriginal identity group¹ and age group, Saskatchewan, 2012

	Total Aboriginal identity population (excluding reserves)	Off-reserve First Nations people	Métis	Non-Aboriginal identity population
	percent			
12 to 24				
Daily smoking	20.9	20.7	21.3	7.2 ^E
Heavy drinking ²	47.5	47.3	47.9	40.2
Non-drinking	39.4	44.1	34.2	34.0
25 to 44				
Daily smoking	38.4	45.1	33.2	14.1
Heavy drinking	41.1	39.2	41.8	28.5
Non-drinking	17.6	24.1	11.7 ^E	9.2
45 and over				
Daily smoking	32.4	35.1 ^E	30.8	15.5
Heavy drinking	28.9 ^E	F	28.6 ^E	11.4
Non-drinking	41.0	56.3	31.8	24.6

^E use with caution

F too unreliable to be published

1. Data for Inuit are included in the total Aboriginal identity population but are not shown separately because of the small number of Inuit living in the province.

2. Heavy drinking refers to the consumption of five or more drinks on one occasion at least once a month in the 12 months preceding the survey.

Sources: Statistics Canada, Aboriginal Peoples Survey, 2012; and Canadian Community Health Survey, 2012.