

Directly measured physical activity of adults, 2012 and 2013



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Standard table symbols

The following symbols are used in Statistics Canada publications:

- . not available for any reference period
- .. not available for a specific reference period
- ... not applicable
- 0 true zero or a value rounded to zero
- 0^s value rounded to 0 (zero) where there is a meaningful distinction between true zero and the value that was rounded
- ^P preliminary
- ^r revised
- X suppressed to meet the confidentiality requirements of the *Statistics Act*
- ^E use with caution
- F too unreliable to be published
- * significantly different from reference category ($p < 0.05$)

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Cette publication est aussi disponible en français.

Notes

- 1 Warburton, D., Charlesworth, S., Ivey, A., Nettlefold, L., and Bredin, S. 2010. "A systemic review of the evidence for Canada's physical activity guidelines for adults." *International Journal of Behavioural Nutrition and Physical Activity*, vol. (volume) 7.
- 2 Katzmarzyk, P.T., Church, T.S., Craig, C.L., and Bouchard C. 2009. "Sitting time and mortality from all causes, cardiovascular disease and cancer." *Medicine and Science in Sports and Exercise*, vol. (volume) 41, no. (number) 5.
- 3 Warburton D., Katzmarzyk P., Rhodes R., and Shephard R. 2007. "Evidence informed physical activity guidelines for Canadian adults." *Applied Physiology, Nutrition and Metabolism*, vol. (volume) 32, Supplement p. (page) 17 to 74.

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