

Table 24
Self-reported weight of the household population, by age and sex, Canada, 2007 to 2009

	Self-reported weight											
	Mean			5 th percentile			10 th percentile			25 th percentile		
	Estimate	Confidence interval		Estimate	Confidence interval		Estimate	Confidence interval		Estimate	Confidence interval	
		From	To		From	To		From	To		From	To
kilograms												
Both sexes												
Age 6 to 11	32	32	33	19	18	20	20	19	21	25	24	26
Age 12 to 19	62	60	63	41	40	42	45	44	46	50	48	52
Age 20 to 39	75	73	76	52	50	54	54	53	55	61	58	64
Age 40 to 59	78	76	80	53	51	55	57	55	59	65	63	67
Age 60 to 79	76	75	77	54	52	56	57	55	59	64	62	66
Age 6 to 79	72	70	73	36	35	37	49	48	50	59	58	60
Males												
Age 6 to 11	33	32	34	20	19	21	22	20	24	26	24	28
Age 12 to 19	66	63	68	41	40	42	45	42	48	53	51	55
Age 20 to 39	82	81	84	59	56	62	65	62	68	70	68	72
Age 40 to 59	86	84	89	66	64	68	69	67	71	76	74	78
Age 60 to 79	84	82	85	61	59	63	66	64	68	73	71	75
Age 6 to 79	78	77	80	37	35	39	54	53	55	68	67	69
Females												
Age 6 to 11	32	31	33	18	17	19	20	19	21	24	23	25
Age 12 to 19	57	56	59	43	42	44	44	42	46	50	49	51
Age 20 to 39	67	65	70	49	47	51	52	51	53	56	53	59
Age 40 to 59	69	67	72	50	49	51	53	52	54	59	58	60
Age 60 to 79	70	68	71	52	50	54	54	52	56	60	58	62
Age 6 to 79	65	63	66	36	35	37	48	47	49	54	53	55

	Self-reported weight											
	50 th percentile			75 th percentile			90 th percentile			95 th percentile		
	Estimate	Confidence interval		Estimate	Confidence interval		Estimate	Confidence interval		Estimate	Confidence interval	
		From	To		From	To		From	To		From	To
kilograms												
Both sexes												
Age 6 to 11	32	31	33	39	38	40	45	43	47	50	48	52
Age 12 to 19	59	58	60	69	65	73	83	80	86	91	88	94
Age 20 to 39	73	71	75	85	82	88	98	95	101	104	99	109
Age 40 to 59	77	76	78	88	85	91	100	95	105	108	103	113
Age 60 to 79	75	73	77	86	84	88	98	94	102	104	101	107
Age 6 to 79	72	70	74	84	82	86	96	92	100	104	100	108
Males												
Age 6 to 11	32	31	33	39	38	40	46	43	49	50	47	53
Age 12 to 19	64	61	67	77	72	82	88	83	93	95	89	101
Age 20 to 39	79	76	82	91	88	94	102	99	105	109	104	114
Age 40 to 59	84	81	87	93	90	96	107	101	113	116	110	122
Age 60 to 79	82	80	84	91	89	93	104	102	106	109	106	112
Age 6 to 79	79	77	81	91	89	93	102	99	105	109	106	112
Females												
Age 6 to 11	30	28	32	37	35	39	45	43	47	50	46	54
Age 12 to 19	56	53	59	64	61	67	73	67	79	82	79	85
Age 20 to 39	64	61	67	75	72	78	88	81	95	100	93	107
Age 40 to 59	66	64	68	77	73	81	91	85	97	100	92	108
Age 60 to 79	68	66	70	76	73	79	86	81	91	95	89	101
Age 6 to 79	64	63	65	75	72	78	86	82	90	95	89	101

Note(s): Total household population aged 6 to 79.

Source(s): Canadian Health Measures Survey, Cycle 1.