

Table 18

Distribution of the household population with a body mass index less than 30 kg/m², by the average biceps skinfold, by age and sex, Canada, 2007 to 2009

	Average biceps skinfold											
	Mean			5 th percentile			10 th percentile			25 th percentile		
	Estimate	Confidence interval		Estimate	Confidence interval		Estimate	Confidence interval		Estimate	Confidence interval	
		From	To		From	To		From	To		From	To
millimetres												
Both sexes												
Age 6 to 11	6.4	6.2	6.7	3.0	2.8	3.2	3.4	3.2	3.6	4.2	4.0	4.4
Age 12 to 19	6.7	6.4	7.0	3.0	2.9	3.1	3.3	3.2	3.4	4.1	3.9	4.3
Age 20 to 39	6.4	6.1	6.7	3.0	2.8	3.2	3.2	3.1	3.3	3.8	3.6	4.0
Age 40 to 59	7.6	7.2	8.0	3.0	2.7	3.3	3.5	3.2	3.8	4.6	4.3	4.9
Age 60 to 79	8.0	7.6	8.4	3.2	3.0	3.4	3.7	3.5	3.9	5.0	4.6	5.4
Age 6 to 79	7.1	6.9	7.3	3.0	2.9	3.1	3.3	3.2	3.4	4.3	4.2	4.4
Males												
Age 6 to 11	6.2	5.8	6.5	2.9	2.8	3.0	3.2	3.0	3.4	3.7	3.4	4.0
Age 12 to 19	5.6	5.4	5.8	2.8	2.7	2.9	3.1	3.0	3.2	3.4	3.2	3.6
Age 20 to 39	4.9	4.6	5.1	2.7	2.5	2.9	3.0	2.9	3.1	3.4	3.2	3.6
Age 40 to 59	5.4	5.1	5.8	2.7	2.5	2.9	3.1	2.8	3.4	3.9	3.6	4.2
Age 60 to 79	5.5	5.2	5.8	2.8	2.6	3.0	3.2	3.0	3.4	4.0	3.8	4.2
Age 6 to 79	5.4	5.2	5.5	2.8	2.7	2.9	3.1	3.0	3.2	3.7	3.6	3.8
Females												
Age 6 to 11	6.7	6.5	6.9	3.4	3.1	3.7	3.8	3.5	4.1	4.6	4.4	4.8
Age 12 to 19	7.8	7.4	8.3	4.1	3.9	4.3	4.4	4.0	4.8	5.5	5.1	5.9
Age 20 to 39	8.1	7.5	8.7	3.5	3.2	3.8	4.0	3.4	4.6	5.1	4.5	5.7
Age 40 to 59	9.7	9.2	10.2	3.8	3.2	4.4	4.7	4.0	5.4	6.3	5.5	7.1
Age 60 to 79	10.3	9.7	10.8	4.7	4.0	5.4	5.9	5.2	6.6	7.3	6.9	7.7
Age 6 to 79	8.8	8.5	9.1	3.6	3.4	3.8	4.4	4.2	4.6	5.6	5.3	5.9
millimetres												
Average biceps skinfold												
	50 th percentile			75 th percentile			90 th percentile			95 th percentile		
	Estimate	Confidence interval		Estimate	Confidence interval		Estimate	Confidence interval		Estimate	Confidence interval	
		From	To		From	To		From	To		From	To
	millimetres											
Both sexes												
Age 6 to 11	5.5	5.2	5.8	8.0	7.5	8.5	10.9	10.2	11.6	12.7	12.1	13.3
Age 12 to 19	5.9	5.5	6.3	8.1	7.7	8.5	11.1	10.1	12.1	13.8	12.4	15.2
Age 20 to 39	5.4	5.1	5.7	8.0	7.4	8.6	11.1	10.3	11.9	13.7	12.6	14.8
Age 40 to 59	6.6	6.0	7.2	9.8	8.9	10.7	13.6	13.1	14.1	15.2	14.5	15.9
Age 60 to 79	7.0	6.7	7.3	10.0	9.4	10.6	13.6	12.1	15.1	16.5	14.8	18.2
Age 6 to 79	6.1	5.8	6.4	8.7	8.3	9.1	12.4	12.0	12.8	14.9	14.3	15.5
Males												
Age 6 to 11	5.0	4.5	5.5	7.6	6.9	8.3	10.7	10.1	11.3	13.7	12.1	15.3
Age 12 to 19	4.5	4.1	4.9	6.6	5.9	7.3	10.0	9.1	10.9	11.4	10.4	12.4
Age 20 to 39	4.3	4.0	4.6	5.8	5.4	6.2	7.3	6.3	8.3	9.1	7.6	10.6
Age 40 to 59	4.9	4.6	5.2	6.6	6.0	7.2	8.2	7.3	9.1	9.8	8.7	10.9
Age 60 to 79	5.2	4.8	5.6	6.8	6.3	7.3	8.1	7.4	8.8	9.1	8.5	9.7
Age 6 to 79	4.7	4.5	4.9	6.5	6.2	6.8	8.4	7.9	8.9	10.0	9.7	10.3
Females												
Age 6 to 11	5.9	5.5	6.3	8.3	7.8	8.8	11.3	10.4	12.2	12.3	11.7	12.9
Age 12 to 19	7.2	6.8	7.6	8.9	8.3	9.5	12.4	10.2	14.6	15.2	13.9	16.5
Age 20 to 39	7.6	6.6	8.6	10.3	9.4	11.2	13.7	12.6	14.8	16.6	15.3	17.9
Age 40 to 59	8.8	8.0	9.6	13.0	12.2	13.8	15.2	14.5	15.9	16.6	15.9	17.3
Age 60 to 79	9.8	9.2	10.4	12.1	10.8	13.4	16.1	14.4	17.8	17.6	16.0	19.2
Age 6 to 79	8.0	7.7	8.3	11.2	10.7	11.7	14.6	13.9	15.3	16.4	15.7	17.1

Note(s): Total household population aged 6 to 79, with a body mass index less than 30 kg/m², except those meeting the exclusion criteria (see the *Canadian Health Measures Survey (CHMS) Data User Guide: Cycle 1*).

Source(s): Canadian Health Measures Survey, Cycle 1.