

Body mass index (BMI), International standard, by sex, household population aged 20 to 64 excluding pregnant women, Canada, provinces, territories, health regions and peer groups, 2000/01

Body mass index (International standard)	Total, body mass index	Underweight - BMI under 18.5		Acceptable weight - BMI 18.5-24.9		Overweight - BMI 25.0-29.9		Obese - BMI 30.0 or higher		Body mass index, not stated	
	Number	Number	%	Number	%	Number	%	Number	%	Number	%
2000/2001											
00 Canada	18,680,311	492,924	2.6	9,025,980	48.3	6,074,864	32.5	2,787,406	14.9	299,137	1.6
Men	9,445,745	107,381	1.1	4,031,125	42.7	3,741,648	39.6	1,507,552	16.0	58,040	0.6
Women	9,234,566	385,543	4.2	4,994,855	54.1	2,333,217	25.3	1,279,855	13.9	241,097	2.6
10 Newfoundland and Labrador	335,431	3,936E	1.2E	128,807	38.4	127,592	38.0	72,014	21.5	3,082E	0.9E
Men	168,911	F	F	54,539	32.3	75,522	44.7	37,337	22.1	F	F
Women	166,520	2,798E	1.7E	74,268	44.6	52,070	31.3	34,677	20.8	2,707E	1.6E
1001 HCS St. John's Region, NF (Peer group H)	116,119	F	F	47,901	41.3	47,034	40.5	19,127	16.5	F	F
Men	57,829	F	F	19,280	33.3	28,778	49.8	9,343	16.2	F	F
Women	58,290	F	F	28,621	49.1	18,257	31.3	9,784	16.8	F	F
1002 HCS Eastern Region, NF (Peer group D)	74,831	F	F	30,065	40.2	25,447	34.0	17,914	23.9	F	F
Men	37,951	F	F	13,036	34.3	14,842	39.1	9,889	26.1	F	F
Women	36,880	F	F	17,029	46.2	10,605	28.8	8,025	21.8	F	F
1003 HCS Central Region, NF (Peer group D)	64,413	F	F	20,350	31.6	24,790	38.5	17,593	27.3	F	F
Men	32,649	F	F	9,044	27.7	13,816	42.3	9,188	28.1	F	F
Women	31,764	F	F	11,306	35.6	10,974	34.5	8,405	26.5	F	F
1004 HCS Western Region, NF (Peer group D)	54,019	F	F	22,443	41.5	19,962	37.0	10,252	19.0	F	F
Men	26,940	F	F	9,979	37.0	11,545	42.9	5,185	19.2	F	F
Women	27,079	F	F	12,463	46.0	8,417	31.1	5,067	18.7	F	F
1005 Grenfell Regional Health Services Board, NF (Peer group D)	10,261	F	F	2,574	25.1	4,588	44.7	2,945	28.7	F	F
Men	5,311	F	F	969E	18.2E	2,800	52.7	1,483E	27.9E	F	F
Women	4,950	F	F	1,605	32.4	1,788	36.1	1,462E	29.5E	F	F
1006 Health Labrador Corporation, NF (Peer group F)	15,788	F	F	5,475	34.7	5,769	36.5	4,182	26.5	F	F
Men	8,230	F	F	2,232	27.1	3,741	45.5	2,248	27.3	F	F
Women	7,558	F	F	3,243	42.9	2,029	26.8	1,934	25.6	F	F
11 Prince Edward Island	81,712	821E	1.0E	32,365	39.6	31,092	38.1	15,297	18.7	2,138	2.6
Men	41,110	F	F	13,818	33.6	18,106	44.0	8,785	21.4	F	F
Women	40,603	639E	1.6E	18,546	45.7	12,986	32.0	6,512	16.0	1,919E	4.7E
1101 Urban Health Region, PE (Peer group I)	38,714	F	F	15,745	40.7	15,668	40.5	5,818	15.0	957E	2.5E
Men	19,228	F	F	6,574	34.2	9,228	48.0	3,130	16.3	F	F
Women	19,486	F	F	9,171	47.1	6,440	33.0	2,688	13.8	832E	4.3E
1102 Rural Health Region, PE (Peer group E)	42,998	295E	0.7E	16,620	38.7	15,424	35.9	9,478	22.0	1,181E	2.7E
Men	21,882	F	F	7,244	33.1	8,878	40.6	5,654	25.8	F	F
Women	21,116	283E	1.3E	9,375	44.4	6,546	31.0	3,824	18.1	1,087E	5.1E
12 Nova Scotia	563,459	8,409	1.5	233,089	41.4	192,744	34.2	118,494	21.0	10,723	1.9
Men	279,055	2,514E	0.9E	96,485	34.6	114,770	41.1	63,466	22.7	F	F
Women	284,404	5,894E	2.1E	136,604	48.0	77,974	27.4	55,028	19.3	8,904	3.1
1201 Zone 1, NS (Peer group E)	74,736	F	F	26,642	35.6	24,087	32.2	20,825	27.9	2,225E	3.0E
Men	38,027	F	F	12,802	33.7	14,513	38.2	10,357	27.2	F	F
Women	36,709	F	F	13,840	37.7	9,573	26.1	10,469	28.5	1,950E	5.3E
1202 Zone 2, NS (Peer group E)	49,123	F	F	21,216	43.2	16,295	33.2	10,056	20.5	F	F
Men	24,185	F	F	10,005	41.4	8,860	36.6	4,850	20.1	F	F
Women	24,938	F	F	11,210	45.0	7,435	29.8	5,206	20.9	F	F

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	Number		Number	%	Number	%	Number	%	Number	%	Number	%
2000/2001												
1203 Zone 3, NS (Peer group H)	62,037		F	F	23,842	38.4	23,146	37.3	13,326	21.5	F	F
Men	31,226		F	F	10,635	34.1	14,000	44.8	6,590	21.1	F	F
Women	30,811		F	F	13,206	42.9	9,146	29.7	6,736	21.9	F	F
1204 Zone 4, NS (Peer group H)	57,327		F	F	24,186	42.2	18,411	32.1	12,911	22.5	F	F
Men	29,205		F	F	11,149	38.2	9,064	31.0	8,085	27.7	F	F
Women	28,121		F	F	13,037	46.4	9,348	33.2	4,825E	17.2	F	F
1205 Zone 5, NS (Peer group D)	77,953		F	F	29,624	38.0	26,598	34.1	18,686	24.0	F	F
Men	38,314		F	F	10,871	28.4	15,210	39.7	10,789	28.2	F	F
Women	39,639		F	F	18,753	47.3	11,388	28.7	7,897	19.9	F	F
1206 Zone 6, NS (Peer group I)	242,283	3,676E	1.5E		107,579	44.4	84,208	34.8	42,689	17.6	4,131E	1.7E
Men	118,097		F	F	41,022	34.7	53,123	45.0	22,794	19.3	F	F
Women	124,187	2,519E	2.0E		66,557	53.6	31,085	25.0	19,895	16.0	4,131E	3.3E
13 New Brunswick	458,612	7,438	1.6		187,890	41.0	159,094	34.7	94,927	20.7	9,264	2.0
Men	230,378		F	F	84,339	36.6	95,020	41.2	47,405	20.6	F	F
Women	228,234	4,973E	2.2E		103,550	45.4	64,074	28.1	47,522	20.8	8,115	3.6
1301 Region 1, NB (Peer group I)	114,894	1,613E	1.4E		50,897	44.3	34,549	30.1	25,940	22.6	1,896E	1.6E
Men	57,716		F	F	23,012	39.9	21,160	36.7	12,741	22.1	F	F
Women	57,178		F	F	27,884	48.8	13,389	23.4	13,199	23.1	F	F
1302 Region 2, NB (Peer group H)	106,581		F	F	42,175	39.6	39,370	36.9	20,115	18.9	2,869E	2.7E
Men	53,250		F	F	19,599	36.8	23,028	43.2	9,460	17.8	F	F
Women	53,331		F	F	22,577	42.3	16,343	30.6	10,655	20.0	2,435E	4.6E
1303 Region 3, NB (Peer group I)	100,094		F	F	40,203	40.2	34,293	34.3	21,606	21.6	2,341E	2.3E
Men	49,600		F	F	16,555	33.4	20,669	41.7	11,430	23.0	F	F
Women	50,494		F	F	23,648	46.8	13,625	27.0	10,176	20.2	2,296E	4.5E
1304 Region 4, NB (Peer group H)	32,923		F	F	13,515	41.1	12,748	38.7	5,875	17.8	F	F
Men	16,770		F	F	6,275	37.4	7,025	41.9	3,320	19.8	F	F
Women	16,153		F	F	7,240	44.8	5,723	35.4	2,555	15.8	F	F
1305 Region 5, NB (Peer group D)	19,115		F	F	6,957	36.4	7,250	37.9	4,199	22.0	F	F
Men	9,591		F	F	2,455	25.6	4,981	51.9	1,837E	19.2E	F	F
Women	9,525		F	F	4,503	47.3	2,268	23.8E	2,362E	24.8E	F	F
1306 Region 6, NB (Peer group D)	55,595		F	F	23,472	42.2	21,373	38.4	9,557	17.2	F	F
Men	28,379		F	F	11,371	40.1	12,571	44.3	4,385E	15.4E	F	F
Women	27,216		F	F	12,101	44.5	8,801	32.3	5,173	19.0	F	F
1307 Region 7, NB (Peer group D)	29,410		F	F	10,671	36.3	9,511	32.3	7,634	26.0	F	F
Men	15,072		F	F	5,073	33.7	5,587	37.1	4,232	28.1	F	F
Women	14,339		F	F	5,597	39.0	3,925	27.4	3,402	23.7	F	F
24 Quebec	4,568,311	138,291	3.0		2,376,378	52.0	1,445,879	31.7	574,650	12.6	33,114	0.7
Men	2,315,981	24,200	1.0		1,081,182	46.7	897,970	38.8	306,647	13.2	5,982E	0.3E
Women	2,252,330	114,092	5.1		1,295,195	57.5	547,909	24.3	268,003	11.9	27,132	1.2
2401 Bas-Saint-Laurent, QC (Peer group H)	122,989	4,638E	3.8E		66,553	54.1	36,372	29.6	13,847	11.3	F	F
Men	63,526		F	F	28,435	44.8	24,423	38.4	8,837	13.9	F	F
Women	59,464	3,525E	5.9E		38,118	64.1	11,950	20.1	5,010E	8.4E	F	F

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	Number	Number	%	Number	%	Number	%	Number	%	Number	%
2000/2001											
2402 Saguenay-Lac-Saint-Jean, QC (Peer group H)	174,775	3,707E	2.1E	98,491	56.4	49,739	28.5	20,385	11.7		
Men	90,182	F	F	43,854	48.6	34,814	38.6	11,219	12.4	F	F
Women	84,593	3,642E	4.3E	54,637	64.6	14,925	17.6	9,166E	10.8E	F	F
2403 Québec, QC (Peer group H)	410,276	9,348E	2.3E	227,526	55.5	128,083	31.2	42,788	10.4	F	F
Men	205,820	F	F	101,268	49.2	79,808	38.8	22,933	11.1	F	F
Women	204,456	7,986E	3.9E	126,258	61.8	48,275	23.6	19,856E	9.7E	F	F
2404 Mauricie et Centre-du-Québec, QC (Peer group H)	291,285	9,969E	3.4E	146,450	50.3	92,471	31.7	41,411	14.2	F	F
Men	149,233	F	F	70,782	47.4	54,569	36.6	22,807	15.3	F	F
Women	142,051	8,893E	6.3E	75,668	53.3	37,903	26.7	18,604	13.1	F	F
2405 Estrie, QC (Peer group H)	176,711	6,752E	3.8E	86,252	48.8	61,746	34.9	19,532	11.1	F	F
Men	89,388	F	F	37,914	42.4	38,387	42.9	10,889	12.2	F	F
Women	87,323	4,555E	5.2E	48,338	55.4	23,359	26.8	8,643E	9.9E	F	F
2406 Montréal-Centre, QC (Peer group A)	1,144,873	39,736	3.5	631,033	55.1	329,406	28.8	135,529	11.8	F	F
Men	575,942	8,703E	1.5E	302,634	52.5	194,349	33.7	67,677	11.8	F	F
Women	568,932	31,033	5.5	328,399	57.7	135,057	23.7	67,852	11.9	F	F
2407 Outaouais, QC (Peer group H)	201,642	4,247E	2.1E	95,763	47.5	69,983	34.7	29,660	14.7	F	F
Men	101,145	F	F	48,100	47.6	39,467	39.0	13,578	13.4	F	F
Women	100,497	4,247E	4.2E	47,663	47.4	30,515	30.4	16,081	16.0	F	F
2408 Abitibi-Témiscamingue, QC (Peer group H)	90,988	2,936E	3.2E	44,563	49.0	31,483	34.6	11,673	12.8	F	F
Men	47,562	F	F	20,410	42.9	19,821	41.7	7,031	14.8	F	F
Women	43,426	2,636E	6.1E	24,153	55.6	11,662	26.9	4,642	10.7	F	F
2409 Côte-Nord, QC (Peer group H)	59,010	1,840E	3.1E	23,127	39.2	22,731	38.5	10,443	17.7	F	F
Men	31,113	F	F	10,259	33.0	14,032	45.1	6,092E	19.6E	F	F
Women	27,897	1,287E	4.6E	12,869	46.1	8,699	31.2	4,351	15.6	F	F
2410 Nord-du-Québec, QC (Peer group F)	10,767	213E	2.0E	5,030	46.7	3,434	31.9	1,803	16.7	286E	2.7E
Men	5,722	F	F	2,459	43.0	2,250	39.3	966	16.9	F	F
Women	5,045	200E	4.0E	2,572	51.0	1,184	23.5	837	16.6	253E	5.0E
2411 Gaspésie-Îles-de-la-Madeleine, QC (Peer group D)	60,641	1,541E	2.5E	28,286	46.6	21,314	35.1	9,270	15.3	F	F
Men	31,088	F	F	12,517	40.3	12,454	40.1	5,477	17.6	F	F
Women	29,553	901E	3.0E	15,768	53.4	8,860	30.0	3,793	12.8	F	F
2412 Chaudière-Appalaches, QC (Peer group H)	241,484	7,235E	3.0E	126,310	52.3	76,460	31.7	30,515	12.6	F	F
Men	124,451	F	F	58,031	46.6	51,331	41.2	13,057	10.5	F	F
Women	117,033	5,204E	4.4E	68,279	58.3	25,129	21.5	17,458	14.9	F	F
2413 Laval, QC (Peer group I)	216,678	7,578E	3.5E	104,209	48.1	72,064	33.3	28,656	13.2	F	F
Men	108,440	F	F	41,449	38.2	48,434	44.7	17,682	16.3	F	F
Women	108,238	7,160E	6.6E	62,760	58.0	23,630	21.8	10,974E	10.1E	F	F
2414 Lanaudière, QC (Peer group I)	245,973	6,287E	2.6E	125,180	50.9	78,377	31.9	34,337	14.0	F	F
Men	125,251	F	F	56,442	45.1	47,955	38.3	20,340	16.2	F	F
Women	120,722	6,287E	5.2E	68,738	56.9	30,422	25.2	13,997	11.6	F	F
2415 Laurentides, QC (Peer group H)	292,873	7,019E	2.4E	151,112	51.6	98,936	33.8	35,212	12.0	F	F
Men	149,132	F	F	63,185	42.4	65,926	44.2	18,733	12.6	F	F
Women	143,741	5,984E	4.2E	87,927	61.2	33,011	23.0	16,479	11.5	F	F

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2000/2001											
2416 Montérégie, QC (Peer group H)	827,346	25,245E	3.1E	416,493	50.3	273,279	33.0	109,587	13.2	F	F
Men	417,986	F	F	183,445	43.9	169,952	40.7	59,328	14.2	F	F
Women	409,360	20,552E	5.0E	233,048	56.9	103,328	25.2	50,259	12.3	F	F
2417 Nunavik, QC (Peer group C)
Men
Women
2418 Terres-Cries-de-la-Baie-James, QC (Peer group C)
Men
Women
35 Ontario by District Health Council (DHC)	7,136,492	198,128	2.8	3,382,286	47.4	2,347,536	32.9	1,089,617	15.3	118,925	1.7
Men	3,591,840	50,503	1.4	1,491,395	41.5	1,428,653	39.8	595,163	16.6	26,127	0.7
Women	3,544,652	147,626	4.2	1,890,891	53.3	918,884	25.9	494,454	13.9	92,798	2.6
3501 Champlain DHC, ON	663,830	14,359	2.2	310,527	46.8	221,032	33.3	108,846	16.4	9,066E	1.4E
Men	334,255	F	F	134,055	40.1	135,698	40.6	58,816	17.6	F	F
Women	329,574	11,504	3.5	176,472	53.5	85,334	25.9	50,029	15.2	6,235E	1.9E
3502 Quinte-Kingston and Rideau DHC, ON	290,508	4,794E	1.7E	128,456	44.2	99,678	34.3	49,962	17.2	7,618	2.6
Men	143,736	F	F	58,577	40.8	54,629	38.0	28,768	20.0	F	F
Women	146,772	4,163E	2.8E	69,879	47.6	45,049	30.7	21,194	14.4	6,487E	4.4E
3503 Durham-Haliburton-Kawartha and Pine Ridge DHC, ON	481,549	7,890E	1.6E	221,152	45.9	164,322	34.1	80,316	16.7	7,869	1.6
Men	243,042	F	F	94,744	39.0	101,773	41.9	43,852	18.0	F	F
Women	238,507	6,380E	2.7E	126,408	53.0	62,548	26.2	36,465	15.3	6,707E	2.8E
3504 Toronto DHC, ON	1,605,819	81,853	5.1	877,891	54.7	460,068	28.7	168,112	10.5	17,894E	1.1E
Men	798,912	24,268E	3.0E	415,309	52.0	259,077	32.4	92,442	11.6	F	F
Women	806,906	57,585	7.1	462,582	57.3	200,990	24.9	75,670	9.4	10,079E	1.2E
3505 Simcoe-York DHC, ON	695,595	17,309E	2.5E	329,628	47.4	243,245	35.0	93,991	13.5	11,422E	1.6E
Men	349,574	F	F	139,302	39.8	151,822	43.4	50,105	14.3	F	F
Women	346,021	11,782E	3.4E	190,327	55.0	91,423	26.4	43,886	12.7	8,603E	2.5E
3506 Halton-Peel DHC, ON	890,140	26,426	3.0	433,981	48.8	290,623	32.6	125,721	14.1	13,389E	1.5E
Men	449,267	F	F	187,049	41.6	188,113	41.9	68,685	15.3	F	F
Women	440,873	22,668	5.1	246,932	56.0	102,510	23.3	57,035	12.9	11,728E	2.7E
3507 Waterloo-Wellington-Dufferin DHC, ON	421,512	7,912E	1.9E	180,517	42.8	154,268	36.6	73,245	17.4	5,570E	1.3E
Men	216,158	F	F	82,335	38.1	91,798	42.5	39,395	18.2	F	F
Women	205,354	5,781E	2.8E	98,182	47.8	62,470	30.4	33,850	16.5	5,072E	2.5E
3508 Hamilton-Wentworth DHC, ON	298,774	6,594E	2.2E	135,320	45.3	95,809	32.1	57,369	19.2	F	F
Men	150,512	F	F	55,858	37.1	57,354	38.1	33,590	22.3	F	F
Women	148,263	4,590E	3.1E	79,462	53.6	38,455	25.9	23,779	16.0	F	F
3509 Niagara DHC, ON	248,326	F	F	112,133	45.2	83,895	33.8	43,174	17.4	6,620E	2.7E
Men	125,252	F	F	44,362	35.4	53,912	43.0	25,488	20.3	F	F
Women	123,074	F	F	67,772	55.1	29,983	24.4	17,686	14.4	5,314E	4.3E
3510 Grand River DHC, ON	138,305	2,908E	2.1E	58,369	42.2	45,742	33.1	26,080	18.9	5,206E	3.8E
Men	70,401	F	F	26,486	37.6	28,550	40.6	13,614	19.3	F	F
Women	67,904	1,506E	2.2E	31,883	47.0	17,191	25.3	12,466	18.4	4,857E	7.2E

Body mass index (BMI), International standard, by sex, household population aged 20 to 64 excluding pregnant women, Canada, provinces, territories, health regions and peer groups, 2000/01

Body mass index (International standard)	Total, body mass index	Underweight - BMI under 18.5		Acceptable weight - BMI 18.5-24.9		Overweight - BMI 25.0-29.9		Obese - BMI 30.0 or higher		Body mass index, not stated	
	Number	Number	%	Number	%	Number	%	Number	%	Number	%
2000/2001											
3511 Thames Valley DHC, ON	359,380	7,492E	2.1E	162,572	45.2	120,110	33.4	64,547	18.0	4,659E	1.3E
Men	181,276	2,232E	1.2E	67,303	37.1	76,827	42.4	33,945	18.7	F	F
Women	178,104	5,260E	3.0E	95,270	53.5	43,283	24.3	30,602	17.2	3,689E	2.1E
3512 Essex-Kent and Lambton DHC, ON	372,394	7,648E	2.1E	159,017	42.7	124,581	33.5	72,532	19.5	8,617E	2.3E
Men	190,148	F	F	72,895	38.3	77,741	40.9	36,705	19.3	F	F
Women	182,247	6,141E	3.4E	86,122	47.3	46,840	25.7	35,827	19.7	7,318E	4.0E
3513 Grey-Bruce-Huron and Perth DHC, ON	166,342	2,847E	1.7E	69,025	41.5	64,767	38.9	27,367	16.5	2,336E	1.4E
Men	84,719	F	F	28,237	33.3	42,685	50.4	13,066	15.4	F	F
Women	81,623	2,387E	2.9E	40,788	50.0	22,082	27.1	14,301	17.5	2,065E	2.5E
3514 Muskoka-Nipissing and Parry Sound DHC, ON	123,769	1,849E	1.5E	52,945	42.8	42,305	34.2	21,979	17.8	4,692	3.8
Men	61,882	F	F	23,998	38.8	23,493	38.0	13,556	21.9	F	F
Women	61,887	1,602E	2.6E	28,947	46.8	18,812	30.4	8,423	13.6	4,103E	6.6E
3515 Algoma-Cochrane-Manitoulin and Sudbury DHC, ON	247,348	3,405E	1.4E	97,910	39.6	89,695	36.3	49,397	20.0	6,942	2.8
Men	124,452	F	F	39,864	32.0	53,505	43.0	29,410	23.6	F	F
Women	122,896	2,310E	1.9E	58,046	47.2	36,189	29.4	19,987	16.3	6,364	5.2
3516 Northwestern Ontario DHC, ON	132,901	F	F	52,842	39.8	47,399	35.7	26,979	20.3	3,343E	2.5E
Men	68,255	F	F	21,021	30.8	31,674	46.4	13,726	20.1	F	F
Women	64,646	F	F	31,821	49.2	15,725	24.3	13,253	20.5	2,198E	3.4E
35 Ontario by Public Health Unit (PHU)	7,136,492	198,128	2.8	3,382,286	47.4	2,347,536	32.9	1,089,617	15.3	118,925	1.7
Men	3,591,840	50,503	1.4	1,491,395	41.5	1,428,653	39.8	595,163	16.6	26,127	0.7
Women	3,544,652	147,626	4.2	1,890,891	53.3	918,884	25.9	494,454	13.9	92,798	2.6
3526 Algoma PHU, ON (Peer group H)	73,289	F	F	30,377	41.4	25,174	34.3	15,395	21.0	1,748E	2.4E
Men	36,283	F	F	12,236	33.7	14,345	39.5	9,278	25.6	F	F
Women	37,007	F	F	18,141	49.0	10,828	29.3	6,117	16.5	1,439E	3.9E
3527 Brant PHU, ON (Peer group I)	73,855	1,384E	1.9E	32,362	43.8	23,638	32.0	13,540	18.3	2,931E	4.0E
Men	37,361	F	F	14,150	37.9	15,493	41.5	7,039E	18.8E	F	F
Women	36,495	F	F	18,212	49.9	8,146	22.3	6,501E	17.8E	2,846E	7.8E
3530 Durham PHU, ON (Peer group J)	315,076	5,468E	1.7E	146,916	46.6	105,750	33.6	53,138	16.9	3,804E	1.2E
Men	159,373	F	F	61,172	38.4	67,639	42.4	28,798	18.1	F	F
Women	155,704	4,347E	2.8E	85,744	55.1	38,111	24.5	24,340	15.6	3,162E	2.0E
3531 Elgin-St Thomas PHU, ON (Peer group I)	49,066	F	F	18,858	38.4	19,342	39.4	8,247	16.8	F	F
Men	25,143	F	F	8,571	34.1	12,164	48.4	3,878	15.4	F	F
Women	23,924	F	F	10,287	43.0	7,178	30.0	4,369	18.3	F	F
3533 Bruce-Grey-Owen Sound PHU, ON (Peer group I)	88,801	F	F	35,605	40.1	35,625	40.1	15,277	17.2	F	F
Men	44,934	F	F	13,708	30.5	24,148	53.7	6,709E	14.9E	F	F
Women	43,866	F	F	21,897	49.9	11,477	26.2	8,568	19.5	F	F
3534 Haldimand-Norfolk PHU, ON (Peer group I)	64,450	F	F	26,007	40.4	22,103	34.3	12,540	19.5	2,275E	3.5E
Men	33,041	F	F	12,336	37.3	13,058	39.5	6,575E	19.9E	F	F
Women	31,410	F	F	13,671	43.5	9,046	28.8	5,965	19.0	2,012E	6.4E
3535 Haliburton-Kawartha-Pine Ridge PHU, ON (Peer group I)	93,795	F	F	40,240	42.9	34,645	36.9	16,038	17.1	1,965E	2.1E
Men	47,626	F	F	18,330	38.5	19,776	41.5	9,107	19.1	F	F
Women	46,169	F	F	21,910	47.5	14,868	32.2	6,931	15.0	1,553E	3.4E

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Body mass index (International standard)	Total, body mass index	Underweight - BMI under 18.5		Acceptable weight - BMI 18.5-24.9		Overweight - BMI 25.0-29.9		Obese - BMI 30.0 or higher		Body mass index, not stated	
	Number	Number	%	Number	%	Number	%	Number	%	Number	%
2000/2001											
3536 Halton PHU, ON (Peer group J)	233,030	6,073E	2.6E	111,310	47.8	72,678	31.2	35,257	15.1	7,713E	3.3E
Men	117,284	F	F	45,478	38.8	49,952	42.6	19,576	16.7	F	F
Women	115,746	4,905E	4.2E	65,832	56.9	22,726	19.6	15,681	13.5	6,602E	5.7E
3537 Hamilton PHU, ON (Peer group H)	298,774	6,594E	2.2E	135,320	45.3	95,809	32.1	57,369	19.2	F	F
Men	150,512	F	F	55,858	37.1	57,354	38.1	33,590	22.3	F	F
Women	148,263	4,590E	3.1E	79,462	53.6	38,455	25.9	23,779	16.0	F	F
3538 Hastings and Prince Edward PHU, ON (Peer group I)	90,087	1,929E	2.1E	38,058	42.2	32,813	36.4	14,665	16.3	2,622E	2.9E
Men	44,063	F	F	17,711	40.2	16,779	38.1	9,015	20.5	F	F
Women	46,023	F	F	20,347	44.2	16,034	34.8	5,650	12.3	2,459E	5.3E
3539 Huron PHU, ON (Peer group G)	34,127	F	F	13,342	39.1	13,676	40.1	5,989	17.5	F	F
Men	17,405	F	F	5,803	33.3	8,505	48.9	3,034E	17.4E	F	F
Women	16,722	F	F	7,539	45.1	5,171	30.9	2,955E	17.7E	F	F
3540 Kent-Chatham PHU, ON (Peer group I)	64,917	1,060E	1.6E	26,660	41.1	22,771	35.1	12,996	20.0	1,430E	2.2E
Men	33,210	F	F	12,203	36.7	14,620	44.0	6,133	18.5	F	F
Women	31,708	909E	2.9E	14,457	45.6	8,152	25.7	6,863	21.6	1,327E	4.2E
3541 Kingston-Frontenac-Lennox and Addington PHU, ON (Peer group I)	105,182	F	F	49,549	47.1	35,716	34.0	15,938	15.2	2,382E	2.3E
Men	51,559	F	F	22,532	43.7	19,342	37.5	9,092	17.6	F	F
Women	53,624	F	F	27,017	50.4	16,374	30.5	6,845E	12.8E	1,951E	3.6E
3542 Lambton PHU, ON (Peer group I)	74,082	2,018E	2.7E	28,953	39.1	25,019	33.8	15,465	20.9	2,627E	3.5E
Men	37,513	F	F	13,579	36.2	15,176	40.5	8,167	21.8	F	F
Women	36,569	F	F	15,373	42.0	9,843	26.9	7,298	20.0	2,229E	6.1E
3543 Leeds-Grenville-Lanark PHU, ON (Peer group I)	94,997	F	F	40,665	42.8	31,091	32.7	19,359	20.4	2,615E	2.8E
Men	48,048	F	F	18,267	38.0	18,509	38.5	10,661	22.2	F	F
Women	46,949	F	F	22,397	47.7	12,582	26.8	8,698	18.5	2,077E	4.4E
3544 Middlesex-London PHU, ON (Peer group I)	250,983	5,205E	2.1E	117,604	46.9	82,842	33.0	42,663	17.0	F	F
Men	125,732	F	F	48,586	38.6	52,366	41.6	23,052	18.3	F	F
Women	125,251	4,076E	3.3E	69,018	55.1	30,477	24.3	19,611	15.7	F	F
3545 Muskoka-Parry Sound PHU, ON (Peer group E)	47,597	F	F	21,497	45.2	16,484	34.6	7,872	16.5	1,089E	2.3E
Men	23,948	F	F	9,338	39.0	9,540	39.8	4,941	20.6	F	F
Women	23,649	F	F	12,159	51.4	6,944	29.4	2,931	12.4	1,089E	4.6E
3546 Niagara PHU, ON (Peer group I)	248,326	F	F	112,133	45.2	83,895	33.8	43,174	17.4	6,620E	2.7E
Men	125,252	F	F	44,362	35.4	53,912	43.0	25,488	20.3	F	F
Women	123,074	F	F	67,772	55.1	29,983	24.4	17,686	14.4	5,314E	4.3E
3547 North Bay PHU, ON (Peer group H)	54,241	864E	1.6E	22,867	42.2	17,650	32.5	10,085	18.6	2,774E	5.1E
Men	26,866	F	F	10,053	37.4	9,910	36.9	6,282	23.4	F	F
Women	27,375	F	F	12,814	46.8	7,740	28.3	3,803	13.9	2,242E	8.2E
3549 Northwestern PHU, ON (Peer group G)	39,255	F	F	14,961	38.1	14,101	35.9	8,223	20.9	1,435E	3.7E
Men	20,150	F	F	6,543	32.5	9,250	45.9	4,241	21.0	F	F
Women	19,106	F	F	8,419	44.1	4,851	25.4	3,982	20.8	1,319E	6.9E
3551 Ottawa PHU, ON (Peer group B)	492,897	11,472	2.3	240,069	48.7	163,044	33.1	71,920	14.6	6,392E	1.3E
Men	247,329	F	F	102,851	41.6	102,308	41.4	38,011	15.4	F	F
Women	245,568	9,470E	3.9E	137,218	55.9	60,736	24.7	33,909	13.8	4,235E	1.7E

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	Number	Number	%	Number	%	Number	%	Number	%	Number	%
2000/2001											
3552 Oxford PHU, ON (Peer group I)	59,330	F	F	26,110	44.0	17,925	30.2	13,636	23.0	F	F
Men	30,401	F	F	10,145	33.4	12,297	40.5	7,014	23.1	F	F
Women	28,929	F	F	15,965	55.2	5,628	19.5	6,623	22.9	F	F
3553 Peel PHU, ON (Peer group B)	657,109	20,353E	3.1E	322,671	49.1	217,945	33.2	90,464	13.8	5,676E	0.9E
Men	331,983	F	F	141,571	42.6	138,161	41.6	49,110	14.8	F	F
Women	325,127	17,763E	5.5E	181,100	55.7	79,784	24.5	41,354	12.7	5,126E	1.6E
3554 Perth PHU, ON (Peer group G)	43,414	F	F	20,078	46.2	15,466	35.6	6,101	14.1	F	F
Men	22,379	F	F	8,726	39.0	10,032	44.8	3,323	14.8	F	F
Women	21,035	F	F	11,352	54.0	5,434	25.8	2,777E	13.2E	F	F
3555 Peterborough PHU, ON (Peer group I)	72,919	F	F	34,179	46.9	23,985	32.9	11,140	15.3	2,100E	2.9E
Men	36,109	F	F	15,308	42.4	14,358	39.8	5,946E	16.5E	F	F
Women	36,810	F	F	18,871	51.3	9,628	26.2	5,194	14.1	1,992E	5.4E
3556 Porcupine PHU, ON (Peer group H)	54,419	F	F	21,335	39.2	18,101	33.3	13,126	24.1	1,457E	2.7E
Men	27,980	F	F	9,128	32.6	11,224	40.1	7,536	26.9	F	F
Women	26,439	F	F	12,206	46.2	6,876	26.0	5,589	21.1	1,367E	5.2E
3557 Renfrew PHU, ON (Peer group G)	56,247	F	F	23,294	41.4	19,373	34.4	11,939	21.2	F	F
Men	28,074	F	F	9,863	35.1	11,211	39.9	6,399	22.8	F	F
Women	28,174	F	F	13,431	47.7	8,162	29.0	5,540	19.7	F	F
3558 Eastern Ontario PHU, ON (Peer group I)	114,718	F	F	47,197	41.1	38,616	33.7	24,986	21.8	F	F
Men	58,886	F	F	21,374	36.3	22,179	37.7	14,406	24.5	F	F
Women	55,832	F	F	25,823	46.3	16,437	29.4	10,580	18.9	F	F
3560 Simcoe PHU, ON (Peer group J)	222,700	F	F	92,950	41.7	82,957	37.3	39,940	17.9	2,580E	1.2E
Men	111,510	F	F	37,560	33.7	49,809	44.7	22,089	19.8	F	F
Women	111,190	2,220E	2.0E	55,390	49.8	33,149	29.8	17,851	16.1	2,580E	2.3E
3561 Sudbury PHU, ON (Peer group H)	120,023	2,410E	2.0E	46,198	38.5	46,716	38.9	20,963	17.5	3,736E	3.1E
Men	60,354	F	F	18,499	30.7	28,014	46.4	12,682	21.0	F	F
Women	59,668	F	F	27,698	46.4	18,702	31.3	8,281E	13.9E	3,558E	6.0E
3562 Thunder Bay PHU, ON (Peer group I)	93,263	F	F	37,881	40.6	33,002	35.4	18,669	20.0	F	F
Men	47,941	F	F	14,478	30.2	22,345	46.6	9,398	19.6	F	F
Women	45,323	F	F	23,402	51.6	10,657	23.5	9,271	20.5	F	F
3563 Timiskaming PHU, ON (Peer group E)	21,898	F	F	8,548	39.0	8,171	37.3	4,022	18.4	828E	3.8E
Men	11,035	F	F	4,574	41.4	4,043	36.6	2,333	21.1	F	F
Women	10,863	F	F	3,974	36.6	4,128	38.0	1,689E	15.5E	771E	7.1E
3565 Waterloo PHU, ON (Peer group I)	275,417	5,877E	2.1E	117,963	42.8	100,017	36.3	48,222	17.5	F	F
Men	140,945	F	F	54,813	38.9	59,231	42.0	25,264	17.9	F	F
Women	134,472	4,453E	3.3E	63,150	47.0	40,786	30.3	22,959	17.1	F	F
3566 Wellington-Dufferin-Guelph PHU, ON (Peer group J)	146,095	2,036E	1.4E	62,554	42.8	54,251	37.1	25,023	17.1	F	F
Men	75,213	F	F	27,522	36.6	32,568	43.3	14,132	18.8	F	F
Women	70,882	F	F	35,032	49.4	21,684	30.6	10,891	15.4	F	F
3568 Windsor-Essex PHU, ON (Peer group I)	233,395	4,569E	2.0E	103,405	44.3	76,790	32.9	44,071	18.9	4,560E	2.0E
Men	119,425	F	F	47,113	39.4	47,945	40.1	22,405	18.8	F	F
Women	113,970	F	F	56,292	49.4	28,845	25.3	21,666	19.0	3,762E	3.3E

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	Number	Number	%	Number	%	Number	%	Number	%	Number	%
2000/2001											
3570 York PHU, ON (Peer group B)	472,895	13,037E	2.8E	236,678	50.0	160,287	33.9	54,051	11.4	8,842E	1.9E
Men	238,065	F	F	101,742	42.7	102,013	42.9	28,016	11.8	F	F
Women	234,831	9,562E	4.1E	134,937	57.5	58,274	24.8	26,035	11.1	6,023E	2.6E
3595 Toronto PHU, ON (Peer group A)	1,605,819	81,853	5.1	877,891	54.7	460,068	28.7	168,112	10.5	17,894E	1.1E
Men	798,912	24,268E	3.0E	415,309	52.0	259,077	32.4	92,442	11.6	F	F
Women	806,906	57,585	7.1	462,582	57.3	200,990	24.9	75,670	9.4	10,079E	1.2E
46 Manitoba	634,036	8,900	1.4	282,878	44.6	215,383	34.0	114,369	18.0	12,505	2.0
Men	322,377	F	F	129,915	40.3	129,390	40.1	60,913	18.9	F	F
Women	311,659	7,699E	2.5E	152,964	49.1	85,993	27.6	53,456	17.2	11,546	3.7
4610 Winnipeg, MB (Peer group H)	384,072	5,695E	1.5E	184,955	48.2	125,362	32.6	60,052	15.6	8,008E	2.1E
Men	192,953	F	F	86,285	44.7	76,986	39.9	28,983	15.0	F	F
Women	191,118	5,375E	2.8E	98,670	51.6	48,376	25.3	31,069	16.3	7,629E	4.0E
4615 Brandon, MB (Peer group I)	27,081	F	F	11,222	41.4	9,863	36.4	5,216	19.3	F	F
Men	13,234	F	F	4,382	33.1	6,114	46.2	2,531E	19.1E	F	F
Women	13,847	F	F	6,840	49.4	3,749	27.1	2,685	19.4	F	F
4620 North Eastman, MB (Peer group G)	19,813	F	F	8,347	42.1	6,855	34.6	4,453	22.5	F	F
Men	10,477	F	F	4,098	39.1	3,653	34.9	2,726	26.0	F	F
Women	9,336	F	F	4,248	45.5	3,202	34.3	1,727E	18.5	F	F
4625 South Eastman, MB (Peer group G)	30,031	F	F	14,294	47.6	9,118	30.4	5,395	18.0	673E	2.2E
Men	15,805	F	F	6,778	42.9	5,349	33.8	3,647	23.1	F	F
Women	14,227	F	F	7,515	52.8	3,769	26.5	1,748E	12.3E	673E	4.7E
4630 Interlake, MB (Peer group G)	41,479	F	F	13,663	32.9	15,594	37.6	11,424	27.5	F	F
Men	21,323	F	F	5,547	26.0	8,472	39.7	7,103	33.3	F	F
Women	20,157	F	F	8,116	40.3	7,123	35.3	4,322	21.4	F	F
4640 Central, MB (Peer group G)	50,081	F	F	21,017	42.0	17,886	35.7	9,084	18.1	1,374E	2.7E
Men	26,114	F	F	10,251	39.3	9,820	37.6	5,613	21.5	F	F
Women	23,967	F	F	10,766	44.9	8,066	33.7	3,470	14.5	1,106E	4.6E
4650 Marquette, MB (Peer group E)	18,613	F	F	7,504	40.3	6,882	37.0	4,045	21.7	F	F
Men	9,654	F	F	3,616	37.5	3,933	40.7	2,105E	21.8E	F	F
Women	8,959	F	F	3,888	43.4	2,950	32.9	1,940E	21.7E	F	F
4655 South Westman, MB (Peer group E)	18,186	F	F	7,894	43.4	6,538	36.0	3,077	16.9	F	F
Men	9,380	F	F	3,538	37.7	4,227	45.1	1,590E	16.9E	F	F
Women	8,807	F	F	4,355	49.5	2,311E	26.2E	1,487E	16.9E	F	F
4660 Parkland, MB (Peer group E)	21,012	F	F	6,685	31.8	8,330	39.6	5,310	25.3	F	F
Men	10,893	F	F	2,768	25.4	4,921	45.2	3,084	28.3	F	F
Women	10,119	F	F	3,917	38.7	3,410	33.7	2,226	22.0E	F	F
4670 Norman, MB (Peer group F)	10,954	F	F	3,123	28.5	4,408	40.2	2,892	26.4	421E	3.8E
Men	5,702	F	F	1,209	21.2	2,810	49.3	1,618	28.4	F	F
Women	5,252	F	F	1,914	36.4	1,597	30.4	1,274	24.3	F	7.3E
4680, 4690 Burntwood and Churchill, MB (Peer group C)	12,714	F	F	4,176	32.8	4,547	35.8	3,421	26.9	F	F
Men	6,843	F	F	1,442	21.1	3,106	45.4	1,912	27.9	F	F
Women	5,871	F	F	2,734	46.6	1,441	24.5	1,509	25.7	F	F

Body mass index (BMI), International standard, by sex, household population aged 20 to 64 excluding pregnant women, Canada, provinces, territories, health regions and peer groups, 2000/01

Body mass index (International standard)	Total, body mass index		Underweight - BMI under 18.5		Acceptable weight - BMI 18.5-24.9		Overweight - BMI 25.0-29.9		Obese - BMI 30.0 or higher		Body mass index, not stated	
	Number		Number	%	Number	%	Number	%	Number	%	Number	%
2000/2001												
4680 Burntwood, MB (Peer group C)
Men
Women
4690 Churchill, MB (Peer group F)
Men
Women
47 Saskatchewan	544,256	10,783	2.0	227,868	41.9	184,816	34.0	107,489	19.7	13,300	2.4	
Men	278,057	F	F	98,527	35.4	114,826	41.3	59,816	21.5	2,521E	0.9E	
Women	266,199	8,414	3.2	129,341	48.6	69,989	26.3	47,674	17.9	10,780	4.0	
4701 Weyburn SA, SK (Peer group G)	30,020	F	F	10,399	34.6	12,184	40.6	5,997	20.0	1,137E	3.8E	
Men	15,974	F	F	3,687	23.1	8,831	55.3	3,317E	20.8E	F	F	
Women	14,046	F	F	6,713	47.8	3,353	23.9	2,681E	19.1E	998E	7.1E	
4702 Moose Jaw SA, SK (Peer group E)	30,104	F	F	12,674	42.1	9,715	32.3	6,091	20.2	894E	3.0E	
Men	15,410	F	F	6,090	39.5	5,215	33.8	3,983E	25.8E	F	F	
Women	14,694	F	F	6,584	44.8	4,500	30.6	2,108E	14.3E	F	F	
4703 Swift Current SA, SK (Peer group G)	24,413	F	F	10,175	41.7	8,561	35.1	5,033	20.6	F	F	
Men	12,579	F	F	4,202	33.4	5,506	43.8	2,847	22.6	F	F	
Women	11,834	F	F	5,973	50.5	3,055E	25.8E	2,186E	18.5E	F	F	
4704 Regina SA, SK (Peer group I)	138,387	3,627E	2.6E	62,704	45.3	44,951	32.5	24,811	17.9	F	F	
Men	70,146	F	F	26,581	37.9	28,340	40.4	13,688	19.5	F	F	
Women	68,241	2,881E	4.2E	36,123	52.9	16,611	24.3	11,123	16.3	1,503E	2.2E	
4705 Yorkton SA, SK (Peer group E)	29,731	F	F	10,946	36.8	10,452	35.2	7,321	24.6	F	F	
Men	15,489	F	F	5,187	33.5	6,489	41.9	3,395E	21.9E	F	F	
Women	14,242	F	F	5,759	40.4	3,963	27.8	3,926	27.6	F	F	
4706 Saskatoon SA, SK (Peer group I)	163,753	3,494E	2.1E	70,632	43.1	55,858	34.1	30,022	18.3	3,747E	2.3E	
Men	82,597	F	F	30,416	36.8	34,084	41.3	16,183	19.6	F	F	
Women	81,157	2,323E	2.9E	40,216	49.6	21,774	26.8	13,839	17.1	3,004E	3.7E	
4707 Rosetown SA, SK (Peer group G)	25,874	F	F	11,058	42.7	8,778	33.9	5,041	19.5	F	F	
Men	13,659	F	F	4,727	34.6	5,941	43.5	2,952	21.6	F	F	
Women	12,215	F	F	6,331	51.8	2,838	23.2	2,089	17.1	F	F	
4708 Melfort SA, SK (Peer group E)	22,131	F	F	8,488	38.4	8,561	38.7	4,464	20.2	529E	2.4E	
Men	11,476	F	F	3,945	34.4	5,187	45.2	2,318	20.2	F	F	
Women	10,654	F	F	4,543	42.6	3,374	31.7	2,146	20.1	504E	4.7E	
4709 Prince Albert SA, SK (Peer group E)	36,287	F	F	12,027	33.1	12,072	33.3	9,634	26.5	1,909E	5.3E	
Men	18,324	F	F	5,049	27.6	6,667	36.4	6,213	33.9	F	F	
Women	17,963	F	F	6,978	38.8	5,406	30.1	3,421E	19.0E	1,650E	9.2E	
4710 North Battleford SA, SK (Peer group E)	32,832	F	F	14,549	44.3	9,922	30.2	6,986	21.3	1,014E	3.1E	
Men	16,843	F	F	6,641	39.4	6,212	36.9	3,774	22.4	F	F	
Women	15,990	F	F	7,909	49.5	3,710	23.2	3,212	20.1	815E	5.1E	
4711 Northern Health Services Branch, SK (Peer group C)	10,724	F	F	4,214	39.3	3,760	35.1	2,089	19.5	392E	3.7E	
Men	5,561	F	F	2,001	36.0	2,355	42.3	1,146E	20.6E	F	F	
Women	5,163	F	F	2,213	42.9	1,406	27.2	943E	18.3E	392E	7.6E	

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	Number	Number	%	Number	%	Number	%	Number	%	Number	%
2000/2001											
48 Alberta	1,825,358	37,880	2.1	855,699	46.9	605,908	33.2	289,816	15.9	36,054	2.0
Men	941,904	8,560E	0.9E	384,402	40.8	380,842	40.4	161,984	17.2	6,116E	0.6E
Women	883,454	29,320	3.3	471,297	53.3	225,066	25.5	127,832	14.5	29,938	3.4
4801 Chinook RHA, AB (Peer group G)	83,427	F	F	34,412	41.2	29,325	35.2	14,596	17.5	3,737E	4.5E
Men	43,769	F	F	16,917	38.7	17,966	41.0	7,605	17.4	F	F
Women	39,658	F	F	17,495	44.1	11,359	28.6	6,991E	17.6E	F	F
4802 Palliser HA, AB (Peer group G)	53,674	F	F	24,077	44.9	18,421	34.3	9,097	16.9	1,437E	2.7E
Men	27,434	F	F	9,321	34.0	11,804	43.0	5,801	21.1	F	F
Women	26,240	F	F	14,755	56.2	6,617	25.2	3,296E	12.6E	F	F
4803 Headwaters HA, AB (Peer group J)	47,461	F	F	25,404	53.5	12,861	27.1	7,387	15.6	F	F
Men	24,794	F	F	11,662	47.0	8,665	34.9	4,407	17.8	F	F
Women	22,667	F	F	13,742	60.6	4,196	18.5	2,980E	13.1E	F	F
4804 Calgary RHA, AB (Peer group B)	613,327	14,250E	2.3E	303,537	49.5	195,857	31.9	89,077	14.5	10,606E	1.7E
Men	316,376	F	F	140,802	44.5	126,476	40.0	45,379	14.3	F	F
Women	296,951	11,486E	3.9E	162,735	54.8	69,381	23.4	43,698	14.7	9,651E	3.2E
4805 HA #5, AB (Peer group G)	30,160	F	F	13,345	44.2	10,642	35.3	5,421E	18.0E	F	F
Men	15,588	F	F	6,198	39.8	6,888	44.2	2,397E	15.4E	F	F
Women	14,572	F	F	7,147	49.0	3,754	25.8	3,024E	20.8E	F	F
4806 David Thompson RHA, AB (Peer group G)	116,721	2,975E	2.5E	46,243	39.6	42,040	36.0	23,348	20.0	2,115E	1.8E
Men	59,999	F	F	17,717	29.5	27,433	45.7	14,274	23.8	F	F
Women	56,721	2,846E	5.0E	28,526	50.3	14,607	25.8	9,073	16.0	F	F
4807 East Central HA, AB (Peer group G)	57,768	F	F	22,446	38.9	21,785	37.7	11,316	19.6	F	F
Men	30,103	F	F	10,346	34.4	13,565	45.1	5,978	19.9	F	F
Women	27,666	F	F	12,099	43.7	8,220	29.7	5,337E	19.3E	F	F
4808 Westview RHA, AB (Peer group J)	57,200	F	F	24,274	42.4	18,989	33.2	10,162	17.8	2,764E	4.8E
Men	29,793	F	F	11,679	39.2	12,136	40.7	5,459	18.3	F	F
Women	27,407	F	F	12,595	46.0	6,852	25.0	4,702E	17.2E	2,649E	9.7E
4809 Crossroads RHA, AB (Peer group G)	25,363	F	F	9,942	39.2	9,170	36.2	4,864	19.2	791E	3.1E
Men	12,998	F	F	4,605	35.4	5,355	41.2	2,807	21.6	F	F
Women	12,365	F	F	5,337	43.2	3,815	30.9	2,056E	16.6E	763E	6.2E
4810 Capital HA, AB (Peer group B)	518,063	12,389E	2.4E	261,932	50.6	165,461	31.9	71,616	13.8	6,665E	1.3E
Men	263,614	F	F	116,623	44.2	99,138	37.6	42,281	16.0	F	F
Women	254,449	8,750E	3.4E	145,309	57.1	66,323	26.1	29,335	11.5	4,731E	1.9E
4811 Aspen RHA, AB (Peer group G)	51,927	F	F	20,604	39.7	17,923	34.5	10,492	20.2	2,094E	4.0E
Men	27,168	F	F	8,289	30.5	10,522	38.7	7,221	26.6	F	F
Women	24,759	F	F	12,315	49.7	7,401	29.9	3,272E	13.2E	1,373E	5.5E
4812 Lakeland RHA, AB (Peer group G)	58,696	F	F	24,998	42.6	20,859	35.5	11,617	19.8	F	F
Men	30,313	F	F	10,424	34.4	13,013	42.9	6,652	21.9	F	F
Women	28,383	F	F	14,574	51.3	7,846	27.6	4,965	17.5	F	F
4813 Mistahia RHA, AB (Peer group F)	54,203	F	F	23,507	43.4	20,100	37.1	9,088	16.8	F	F
Men	29,048	F	F	10,519	36.2	12,779	44.0	5,376	18.5	F	F
Women	25,155	F	F	12,988	51.6	7,321	29.1	3,712	14.8	F	F

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	Number	Number	%	Number	%	Number	%	Number	%	Number	%
2000/2001											
4814 Peace RHA, AB (Peer group G)	12,749	F	F	5,340	41.9	4,745	37.2	2,270	17.8	F	F
Men	6,836	F	F	2,372	34.7	3,061	44.8	1,391E	20.3E	F	F
Women	5,912	F	F	2,968	50.2	1,684	28.5	879E	14.9E	F	F
4815 Keeweenok Lakes RHA, AB (Peer group F)	11,194	F	F	4,509	40.3	3,862	34.5	2,365	21.1	F	F
Men	5,875	F	F	2,275	38.7	2,494	42.4	1,070	18.2	F	F
Women	5,319	F	F	2,235	42.0	1,369	25.7	1,295E	24.3E	F	F
4816 Northern Lights RHA, AB (Peer group F)	25,971	F	F	8,904	34.3	10,998	42.3	5,013	19.3	656E	2.5E
Men	14,290	F	F	3,767	26.4	7,691	53.8	2,723	19.1	F	F
Women	11,681	F	F	5,137	44.0	3,307	28.3	2,289E	19.6E	547E	4.7E
4817 Northwestern RHA, AB (Peer group F)	7,457	F	F	2,228	29.9	2,870	38.5	2,090	28.0	F	F
Men	3,906	F	F	887E	22.7E	1,857	47.5	1,162	29.8	F	F
Women	3,550	F	F	1,340	37.8	1,014	28.5	928E	26.1E	F	F
59 British Columbia	2,474,231	77,565	3.1	1,293,142	52.3	746,574	30.2	298,658	12.1	58,292	2.4
Men	1,245,504	13,925E	1.1E	584,372	46.9	475,099	38.1	159,845	12.8	12,263E	1.0E
Women	1,228,727	63,640	5.2	708,770	57.7	271,474	22.1	138,813	11.3	46,030	3.7
5901 East Kootenay, BC (Peer group G)	48,984	F	F	23,474	47.9	14,403	29.4	9,493	19.4	F	F
Men	24,883	F	F	9,755	39.2	9,195	37.0	5,812	23.4	F	F
Women	24,101	F	F	13,718	56.9	5,208	21.6	3,681E	15.3E	F	F
5902 West Kootenay-Boundary, BC (Peer group I)	47,911	1,387E	2.9E	24,255	50.6	14,905	31.1	6,609	13.8	F	F
Men	24,113	F	F	10,573	43.8	8,980	37.2	3,707E	15.4E	F	F
Women	23,799	F	F	13,682	57.5	5,925	24.9	2,902E	12.2E	F	F
5903 North Okanagan, BC (Peer group I)	66,078	2,050E	3.1E	32,244	48.8	20,955	31.7	8,990	13.6	1,839E	2.8E
Men	33,124	F	F	14,288	43.1	13,399	40.5	5,029E	15.2E	F	F
Women	32,954	2,050E	6.2E	17,957	54.5	7,555	22.9	3,960E	12.0E	F	F
5904 South Okanagan Similkameen, BC (Peer group I)	126,744	3,251E	2.6E	57,317	45.2	45,861	36.2	17,680	13.9	2,637E	2.1E
Men	62,999	F	F	24,273	38.5	30,047	47.7	8,052E	12.8E	F	F
Women	63,746	3,091E	4.8E	33,044	51.8	15,813	24.8	9,628	15.1	F	F
5905 Thompson, BC (Peer group I)	79,228	2,188E	2.8E	37,485	47.3	24,570	31.0	12,262	15.5	2,723E	3.4E
Men	39,550	F	F	16,353	41.3	15,868	40.1	5,647	14.3	F	F
Women	39,678	961E	2.4E	21,132	53.3	8,703	21.9	6,615	16.7	2,268E	5.7E
5906 Fraser Valley, BC (Peer group I)	135,033	3,558E	2.6E	62,875	46.6	43,464	32.2	20,869	15.5	4,268E	3.2E
Men	67,122	F	F	28,599	42.6	27,674	41.2	10,182	15.2	F	F
Women	67,912	3,558E	5.2E	34,276	50.5	15,790	23.3	10,687	15.7	3,601E	5.3E
5907 South Fraser Valley, BC (Peer group B)	375,202	12,585E	3.4E	188,310	50.2	116,773	31.1	51,891	13.8	5,644E	1.5E
Men	189,547	F	F	86,361	45.6	71,821	37.9	29,064	15.3	F	F
Women	185,656	10,905E	5.9E	101,949	54.9	44,952	24.2	22,826	12.3	5,023E	2.7E
5922 Burnaby/Simon Fraser, BC	337,563	9,804E	2.9E	171,643	50.8	105,827	31.4	37,845	11.2	12,444E	3.7E
Men	170,478	F	F	75,553	44.3	67,421	39.5	21,410	12.6	F	F
Women	167,085	7,937E	4.8E	96,090	57.5	38,406	23.0	16,436	9.8	8,216E	4.9E
5917 Burnaby, BC (Peer group A)	129,300	5,539E	4.3E	72,747	56.3	37,700	29.2	10,397E	8.0E	2,916E	2.3E
Men	65,426	F	F	35,156	53.7	23,562	36.0	5,325E	8.1E	F	F
Women	63,874	5,202E	8.1E	37,591	58.9	14,138	22.1	5,072E	7.9E	1,872E	2.9E

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	Number	Number	%	Number	%	Number	%	Number	%	Number	%
2000/2001											
5908 Simon Fraser, BC (Peer group B)	208,263	4,264E	2.0E	98,896	47.5	68,127	32.7	27,448	13.2	9,528E	4.6E
Men	105,052	F	F	40,397	38.5	43,859	41.7	16,084	15.3	F	F
Women	103,211	F	F	58,499	56.7	24,268	23.5	11,364	11.0	6,345E	6.1E
5909 Coast Garibaldi, BC (Peer group J)	45,482	F	F	21,025	46.2	16,203	35.6	5,995	13.2	1,588E	3.5E
Men	23,465	F	F	8,216	35.0	10,221	43.6	4,185	17.8	F	F
Women	22,018	F	F	12,809	58.2	5,982	27.2	1,810E	F	1,103E	5.0E
5910 Central Vancouver Island, BC (Peer group I)	136,525	3,888E	2.8E	64,834	47.5	45,856	33.6	20,829	15.3	F	F
Men	67,912	F	F	27,580	40.6	27,538	40.5	12,201	18.0	F	F
Women	68,613	3,295E	4.8E	37,254	54.3	18,318	26.7	8,628E	12.6E	F	F
5911 Upper Island/Central Coast, BC (Peer group J)	67,934	F	F	31,610	46.5	24,545	36.1	9,828	14.5	F	F
Men	34,313	F	F	14,113	41.1	14,698	42.8	5,407E	15.8E	F	F
Women	33,620	F	F	17,497	52.0	9,848	29.3	4,421E	13.2E	F	F
5912 Cariboo, BC (Peer group F)	43,092	F	F	17,834	41.4	15,202	35.3	6,835	15.9	2,364E	5.5E
Men	22,360	F	F	9,384	42.0	9,069	40.6	3,428	15.3	F	F
Women	20,732	F	F	8,451	40.8	6,134	29.6	3,406E	16.4E	2,033E	9.8E
5913 North West, BC (Peer group F)	46,124	F	F	16,866	36.6	18,390	39.9	9,133	19.8	1,297E	2.8E
Men	24,421	F	F	6,767	27.7	12,693	52.0	4,478E	18.3E	F	F
Women	21,703	F	F	10,099	46.5	5,697	26.2	4,655	21.4	939E	4.3E
5914 Peace Liard, BC (Peer group F)	37,979	F	F	15,402	40.6	13,664	36.0	6,522	17.2	1,109E	2.9E
Men	20,060	F	F	7,082	35.3	9,286	46.3	3,434	17.1	F	F
Women	17,919	F	F	8,320	46.4	4,378	24.4	3,089E	17.2E	1,109E	6.2E
5915 Northern Interior, BC (Peer group F)	79,216	F	F	35,719	45.1	27,028	34.1	11,685	14.8	2,991E	3.8E
Men	40,888	F	F	16,073	39.3	17,258	42.2	6,803	16.6	F	F
Women	38,328	F	F	19,646	51.3	9,770	25.5	4,882	12.7	2,365E	6.2E
5921 Vancouver/Richmond, BC	483,096	23,024	4.8	311,512	64.5	104,289	21.6	34,955	7.2	9,315E	1.9E
Men	243,404	F	F	151,030	62.0	70,015	28.8	16,799	6.9	F	F
Women	239,692	18,603	7.8	160,482	67.0	34,274	14.3	18,156	7.6	8,178E	3.4E
5916 Vancouver, BC (Peer group A)	375,500	15,684E	4.2E	248,866	66.3	75,564	20.1	28,661	7.6	6,725E	1.8E
Men	189,232	F	F	121,300	64.1	51,334	27.1	13,169E	7.0E	F	F
Women	186,267	12,650E	6.8E	127,566	68.5	24,230	13.0	15,492E	8.3E	6,329E	3.4E
5919 Richmond, BC (Peer group A)	107,596	7,340E	6.8E	62,646	58.2	28,726	26.7	6,294E	5.8E	F	F
Men	54,171	F	F	29,730	54.9	18,681	34.5	3,631E	6.7E	F	F
Women	53,425	5,953E	11.1E	32,916	61.6	10,044	18.8	2,664E	5.0E	F	F
5918 North Shore, BC (Peer group B)	121,237	4,466E	3.7E	72,515	59.8	32,116	26.5	8,174	6.7	3,965E	3.3E
Men	60,795	F	F	30,963	50.9	23,113	38.0	4,352E	7.2E	F	F
Women	60,443	3,319E	5.5E	41,553	68.7	9,003E	14.9E	3,822E	6.3E	2,746E	4.5E
5920 Capital, BC (Peer group I)	196,801	4,662E	2.4E	108,222	55.0	62,522	31.8	19,063	9.7	F	F
Men	96,072	F	F	47,410	49.3	36,802	38.3	9,854E	10.3E	F	F
Women	100,729	3,623E	3.6E	60,812	60.4	25,720	25.5	9,209	9.1	F	F
60 Yukon Territory	19,329	F	F	9,853	51.0	5,526	28.6	3,221	16.7	525E	2.7E
Men	9,943	F	F	4,511	45.4	3,724	37.5	1,566	15.8	F	F
Women	9,386	F	F	5,342	56.9	1,802	19.2	1,655	17.6	427E	4.5E

Body mass index (BMI), International standard, by sex, household population aged 20 to 64 excluding pregnant women, Canada, provinces, territories, health regions and peer groups, 2000/01

Body mass index (International standard)	Total, body mass index	Underweight - BMI under 18.5		Acceptable weight - BMI 18.5-24.9		Overweight - BMI 25.0-29.9		Obese - BMI 30.0 or higher		Body mass index, not stated	
	Number	Number	%	Number	%	Number	%	Number	%	Number	%
2000/2001											
6001 Yukon Territory (Peer group F)	19,329	F	F	9,853	51.0	5,526	28.6	3,221	16.7	525E	2.7E
Men	9,943	F	F	4,511	45.4	3,724	37.5	1,566	15.8	F	F
Women	9,386	F	F	5,342	56.9	1,802	19.2	1,655	17.6	427E	4.5E
61 Northwest Territories excluding Nunavut	25,113	F	F	10,072	40.1	8,425	33.6	5,645	22.5	610	2.4
Men	13,127	F	F	4,689	35.7	5,066	38.6	3,022	23.0	F	F
Women	11,986	F	F	5,383	44.9	3,359	28.0	2,622	21.9	467	3.9
6101 Northwest Territories excluding Nunavut (Peer group F)	25,113	F	F	10,072	40.1	8,425	33.6	5,645	22.5	610	2.4
Men	13,127	F	F	4,689	35.7	5,066	38.6	3,022	23.0	F	F
Women	11,986	F	F	5,383	44.9	3,359	28.0	2,622	21.9	467	3.9
62 Nunavut	13,970	F	F	5,653	40.5	4,295	30.7	3,211	23.0	605	4.3
Men	7,559	F	F	2,950	39.0	2,660	35.2	1,603	21.2	F	F
Women	6,411	F	F	2,703	42.2	1,636	25.5	1,608	25.1	334	5.2
6201 Nunavut (Peer group C)	13,970	F	F	5,653	40.5	4,295	30.7	3,211	23.0	605	4.3
Men	7,559	F	F	2,950	39.0	2,660	35.2	1,603	21.2	F	F
Women	6,411	F	F	2,703	42.2	1,636	25.5	1,608	25.1	334	5.2
A Peer group A	3,363,088	150,153	4.5	1,893,184	56.3	931,463	27.7	348,994	10.4	39,294E	1.2E
Men	1,683,683	37,730E	2.2E	904,129	53.7	547,004	32.5	182,244	10.8	12,577E	0.7E
Women	1,679,405	112,423	6.7	989,055	58.9	384,459	22.9	166,750	9.9	26,718E	1.6E
B Peer group B	3,458,993	92,816	2.7	1,724,608	49.9	1,119,610	32.4	464,641	13.4	57,318	1.7
Men	1,752,759	18,824	1.1	761,309	43.4	706,890	40.3	252,297	14.4	13,438E	0.8E
Women	1,706,234	73,992	4.3	963,299	56.5	412,720	24.2	212,343	12.4	43,880	2.6
C Peer group C	37,408	814E	2.2E	14,042	37.5	12,602	33.7	8,721	23.3	1,228	3.3
Men	19,963	F	F	6,393	32.0	8,121	40.7	4,661	23.4	335	1.7
Women	17,445	F	F	7,649	43.8	4,482	25.7	4,059	23.3	893	5.1
D Peer group D	446,238	6,964	1.6	174,441	39.1	160,833	36.0	98,052	22.0	5,950E	1.3E
Men	225,295	2,117E	0.9E	75,315	33.4	93,806	41.6	52,465	23.3	F	F
Women	220,944	4,846	2.2	99,126	44.9	67,027	30.3	45,586	20.6	4,359E	2.0E
E Peer group E	445,248	6,097	1.4	175,290	39.4	152,934	34.3	99,182	22.3	11,745	2.6
Men	226,546	1,039E	0.5E	80,797	35.7	88,684	39.1	54,598	24.1	1,428E	0.6E
Women	218,702	5,058	2.3	94,493	43.2	64,250	29.4	44,584	20.4	10,317	4.7
F Peer group F	387,188	6,467	1.7	158,523	40.9	139,676	36.1	70,474	18.2	12,047	3.1
Men	203,573	1,236E	0.6E	71,853	35.3	90,716	44.6	37,897	18.6	1,871E	0.9E
Women	183,614	5,232E	2.8E	86,670	47.2	48,960	26.7	32,576	17.7	10,176	5.5
G Peer group G	934,223	14,621	1.6	385,507	41.3	330,906	35.4	181,191	19.4	21,998	2.4
Men	483,030	2,191E	0.5E	166,171	34.4	205,371	42.5	105,139	21.8	4,157E	0.9E
Women	451,194	12,429	2.8	219,336	48.6	125,534	27.8	76,052	16.9	17,841	4.0
H Peer group H	4,249,182	104,942	2.5	2,075,311	48.8	1,410,806	33.2	613,397	14.4	44,726	1.1
Men	2,152,766	19,582E	0.9E	924,680	43.0	872,257	40.5	329,655	15.3	6,592E	0.3E
Women	2,096,416	85,360	4.1	1,150,631	54.9	538,549	25.7	283,743	13.5	38,134	1.8
I Peer group I	4,223,764	88,813	2.1	1,909,030	45.2	1,427,800	33.8	716,025	17.0	82,096	1.9
Men	2,122,387	18,244	0.9	823,076	38.8	883,112	41.6	384,542	18.1	13,414	0.6
Women	2,101,377	70,570	3.4	1,085,954	51.7	544,688	25.9	331,483	15.8	68,682	3.3

Body mass index (BMI), International standard, by sex, household population aged 20 to 64 excluding pregnant women, Canada, provinces, territories, health regions and peer groups, 2000/01

Body mass index (International standard)	Total, body mass index		Underweight - BMI under 18.5		Acceptable weight - BMI 18.5-24.9		Overweight - BMI 25.0-29.9		Obese - BMI 30.0 or higher		Body mass index, not stated	
	Number		Number	%	Number	%	Number	%	Number	%	Number	%
2000/2001												
J Peer group J	1,134,978		21,238	1.9	516,043	45.5	388,235	34.2	186,730	16.5	22,734	2.0
Men	575,744		5,966E	1.0E	217,401	37.8	245,688	42.7	104,052	18.1	2,637E	0.5E
Women	559,234		15,271	2.7	298,641	53.4	142,547	25.5	82,677	14.8	20,097	3.6

1. Data source: Statistics Canada, Canadian Community Health Survey, 2000/01

2. Body mass index (BMI), International standard, which relates weight to height, is a common method of determining if an individual's weight is in a healthy range based on their height.

3. Body mass index (BMI), International standard, is calculated as follows: weight in kilograms divided by height in metres squared.

4. The index is: under 18.5 (underweight), 18.5-24.9 (acceptable weight), 25.0-29.9 (overweight) and 30.0 or higher (obese).

5. Population aged 20 to 64 excluding pregnant women and persons less than 3 feet (0.914 metres) tall or greater than 6 feet 11 inches (2.108 metres).

6. Bootstrapping techniques were used to produce the coefficient of variation (CV) and 95% confidence intervals (CIs).

7. Data with a coefficient of variation (CV) from 16.6% to 33.3% are identified by an (E) and should be interpreted with caution.

8. Data with a coefficient of variation (CV) greater than 33.3% were suppressed (F) due to extreme sampling variability.

9. Health regions are defined by provincial governments as the areas of responsibility for regional health boards (i.e., legislated) or as regions of interest to health care authorities.

10. A "peer group" is a grouping of health regions that have similar social and economic characteristics.

11. In Newfoundland and Labrador, health regions are generally referred to as Health and Community Services (HCS) regions.

12. In Prince Edward Island, the two health regions divide the province into urban and rural components.

13. Prince Edward Island has defined these health regions for statistical purposes only; they bear no resemblance to the boundaries of the five actual administrative health regions.

14. In Nova Scotia, health regions are known as "health zones" and relate to the province's administrative health region boundaries.

15. In Ontario, Public Health Units (PHU) administer health promotion and disease prevention programs, and District Health Councils (DHC) are advisory, health planning organizations.

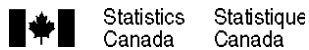
16. Because of the small population of Churchill, Manitoba (population: 1,110 in 1996), the Canadian Community Health Survey only collects data for the aggregation of Burntwood/Churchill (regions 4680, 4690).

17. In Saskatchewan, "service areas" (SA) have been created from groupings of the 33 health districts.

18. In Alberta, health regions are referred to as Health Authorities (HA) or Regional Health Authorities (RHA).

19. The following symbols are used in Statistics Canada publications: (...) for figures not available and (...) for figures not appropriate or not applicable.

20. CANSIM table number 01050009.



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