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# Canadian Foreign Post Indexes

April 2021

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## Canadian Foreign Post Indexes, April 2021

These indexes are calculated to establish and adjust the Post Living Allowance (PLA) paid to Canadian government employees serving outside Canada. They are comparative measurements that numerically express the difference between the retail prices of a representative basket of goods and services at a foreign location with prices for a similar basket of goods and services in Ottawa.

Three separate groupings of indexes are provided, each among them reflecting the specific terms and conditions of service for the members of one of the following categories of personnel:

- persons serving under the terms and conditions of the Foreign Service Directives (FSDs);
- persons working under the provisions of the Technical Assistance Handbook (TAH);
- Canadian Forces members serving outside the country either under the terms and conditions of the Military Foreign Service Instructions (MFSIs) or the Foreign Service Directives (FSDs).

### Monthly release notes

This is to advise you of the renewed validity of Post Indexes calculated for the purpose of the Post Living Allowance applicable to Canadian Government expatriate personnel or persons under contract. All users must consult with Statistics Canada to ensure that the appropriate index is used.

The [Guide to the Post Index](#),<sup>1</sup> which was revised in June 2010, remains available.

The analysis of Post Index surveys has been completed for the following location(s). The results incorporate the analysis of prices and costs for goods and services purchased in the local economy or from import sources at the time these surveys were carried out, as well as adjustments to the indexes as indicated by our continuing monthly reviews.

**Table 1**  
**Completed Post Index Surveys**

Country	Post	Military Code	Survey Date
Japan	Tokyo	JA02	November 2018
Japan	Tokyo	JA05	November 2018

In consultation with Treasury Board Secretariat, the following post indexes have been frozen from the date specified in table 2 below until reliable economic data is available for these locations.

**Table 2**  
**Frozen Index(es)**

Country	Post	Military Code	Post Index	Date
Cuba	Havana	...	131	From April 2021
Cuba	Havana	...	133	From April 2021

Other Post Index adjustments are based on our continuing monthly reviews. These adjustments are based on shifts in the value of the respective currencies used at the post relative to the Canadian dollar. Comparative changes in consumer prices at posts and in Ottawa since the last survey at either location are also taken into account.

1. <https://www150.statcan.gc.ca/n1/pub/62f0072g/62f0072g2010001-eng.htm>

## Foreign Service Directives Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in April 2021.

Country	Post	Survey date	Previous index	Current index	Note	Note 2	Effective date	Currency
Afghanistan	Kabul	...	...	100			Sep-2003	Afghani
Algeria	Algiers	Mar-2019	89	86			Jan-2021	Dinar (Algeria)
Argentina	Buenos Aires	Feb-2015	97	94			Sep-2020	Peso (Argentina)
Australia	Canberra	Apr-2017	126	130			Feb-2021	Dollar (Australia)
Australia	Canberra	Apr-2017	131	135		f	Feb-2021	Dollar (Australia)
Australia	Sydney	Apr-2017	130	134			Feb-2021	Dollar (Australia)
Australia	Sydney	Apr-2017	136	141		f	Feb-2021	Dollar (Australia)
<b>Austria</b>	<b>Vienna</b>	<b>Oct-2017</b>	<b>132</b>	<b>128</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro</b>
Bangladesh	Dhaka	May-2018	129	125			Jul-2020	Taka
<b>Barbados</b>	<b>Bridgetown</b>	<b>Oct-2018</b>	<b>134</b>	<b>129</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dollar (Barbados)</b>
<b>Belgium</b>	<b>Brussels</b>	<b>Aug-2015</b>	<b>137</b>	<b>131</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro</b>
<b>Belgium</b>	<b>Brussels</b>	<b>Aug-2015</b>	<b>144</b>	<b>138</b>	<b>1</b>	d	<b>Apr-2021</b>	<b>Euro</b>
Benin	Cotonou	L	110	106		a	Mar-2021	CFA Franc BCEAO
Bolivia	La Paz	L	98	95		a	Mar-2021	Boliviano
<b>Brazil</b>	<b>Brasilia</b>	<b>Mar-2015</b>	<b>100</b>	<b>96</b>	<b>1</b>		<b>Apr-2021</b>	<b>Real</b>
<b>Brazil</b>	<b>Rio de Janeiro</b>	<b>L</b>	<b>100</b>	<b>96</b>	<b>1</b>		<b>Apr-2021</b>	<b>Real</b>
<b>Brazil</b>	<b>Sao Paulo</b>	<b>Mar-2015</b>	<b>100</b>	<b>96</b>	<b>1</b>		<b>Apr-2021</b>	<b>Real</b>
<b>Brunei Darussalam</b>	<b>Bandar Seri Begawan</b>	<b>Aug-2017</b>	<b>87</b>	<b>84</b>	<b>1</b>	a	<b>Apr-2021</b>	<b>Dollar (Brunei)</b>
Burkina Faso	Ouagadougou	Jan-2018	113	119			Apr-2020	CFA Franc BCEAO
Burma (Myanmar)	Yangon	Feb-2018	93	86		a	Mar-2021	Kyat
<b>Cambodia</b>	<b>Phnom Penh</b>	<b>Feb-2016</b>	<b>105</b>	<b>102</b>	<b>1</b>	a	<b>Apr-2021</b>	<b>Riel</b>
Cameroon	Yaoundé	Jul-2015	119	124			Apr-2020	CFA Franc BEAC
Chile	Santiago	Feb-2015	105	109			Feb-2021	Peso (Chile)
China	Beijing	Dec-2018	125	129			Dec-2020	Yuan Renminbi
China	Chongqing	Oct-2019	106	110			Dec-2020	Yuan Renminbi
China	Guangzhou	Mar-2015	138	132			Jul-2020	Yuan Renminbi
<b>China</b>	<b>Hong Kong</b>	<b>Jan-2019</b>	<b>152</b>	<b>147</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dollar (Hong Kong)</b>
China	Shanghai	Jan-2019	137	130			Jul-2020	Yuan Renminbi
<b>Colombia</b>	<b>Bogotá</b>	<b>Aug-2017</b>	<b>96</b>	<b>93</b>	<b>1</b>		<b>Apr-2021</b>	<b>Peso (Colombia)</b>
<b>Congo, Democratic Republic of</b>	<b>Kinshasa</b>	<b>May-2019</b>	<b>145</b>	<b>140</b>	<b>1</b>		<b>Apr-2021</b>	<b>Franc (Congo)</b>
Costa Rica	San José	Aug-2015	123	119			Feb-2021	Colon (Costa Rica)
Côte d'Ivoire	Abidjan	Oct-2015	119	127			Apr-2020	CFA Franc BCEAO
<b>Croatia</b>	<b>Zagreb</b>	<b>Jun-2016</b>	<b>90</b>	<b>87</b>	<b>1</b>	a	<b>Apr-2021</b>	<b>Kuna</b>
Cuba	Havana	Apr-2014	126	131	3		Apr-2020	Convertible Peso (Cuba)
Czech Republic	Prague	Oct-2017	98	104			Sep-2020	Koruna (Czech Rep.)
Denmark	Copenhagen	Aug-2017	139	144			Apr-2020	Krone (Denmark)
Dominican Republic	Santo Domingo	May-2018	104	99			Jul-2020	Peso (Dominican Rep.)

## Foreign Service Directives Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in April 2021.

Country	Post	Survey date	Previous index	Current index	Note	Note 2	Effective date	Currency
Ecuador	Quito	Apr-2016	120	116		a	Mar-2021	Dollar (USA)
Egypt	Cairo	Aug-2015	117	113			Sep-2020	Pound (Egypt)
El Salvador	San Salvador	L	97	93		a	Jan-2021	Dollar (USA)
Ethiopia	Addis Ababa	Apr-2018	118	112			Jan-2021	Birr
<b>Finland</b>	<b>Helsinki</b>	<b>Aug-2017</b>	<b>142</b>	<b>137</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro</b>
<b>France</b>	<b>Lyon</b>	<b>L</b>	<b>142</b>	<b>137</b>	<b>1</b>	<b>f</b>	<b>Apr-2021</b>	<b>Euro</b>
<b>France</b>	<b>Paris</b>	<b>Apr-2017</b>	<b>136</b>	<b>131</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro</b>
<b>France</b>	<b>Paris</b>	<b>Apr-2017</b>	<b>149</b>	<b>144</b>	<b>1</b>	<b>d</b>	<b>Apr-2021</b>	<b>Euro</b>
<b>France</b>	<b>Paris</b>	<b>Apr-2017</b>	<b>149</b>	<b>144</b>	<b>1</b>	<b>f</b>	<b>Apr-2021</b>	<b>Euro</b>
Germany	Berlin	Aug-2015	115	121			Apr-2020	Euro
Germany	Düsseldorf	L	123	129			Apr-2020	Euro
Germany	Munich	L	121	127			Apr-2020	Euro
Ghana	Accra	Oct-2015	110	106			Jan-2021	Cedi
Greece	Athens	Nov-2014	118	114			Mar-2021	Euro
<b>Guatemala</b>	<b>Guatemala City</b>	<b>Aug-2017</b>	<b>119</b>	<b>116</b>	<b>1</b>		<b>Apr-2021</b>	<b>Quetzal</b>
Guyana	Georgetown	Oct-2017	121	116			Sep-2020	Dollar (Guyana)
<b>Haiti</b>	<b>Port-au-Prince</b>	<b>Nov-2017</b>	<b>149</b>	<b>143</b>	<b>1</b>		<b>Apr-2021</b>	<b>Gourde</b>
Honduras	Tegucigalpa	Apr-2017	117	112			Aug-2020	Lempira
<b>Hungary</b>	<b>Budapest</b>	<b>Nov-2014</b>	<b>112</b>	<b>107</b>	<b>1</b>		<b>Apr-2021</b>	<b>Forint</b>
Iceland	Reykjavik	L	140	146			Sep-2020	Krone (Norway)
India	Bangalore	Oct-2018	114	112			Feb-2019	Rupee (India)
India	Chandigarh	L	109	113			Jan-2019	Rupee (India)
India	Mumbai	Jun-2018	120	116			Mar-2021	Rupee (India)
India	New Delhi	Jun-2018	109	113			Jan-2019	Rupee (India)
India	New Delhi	Jun-2018	115	120		f	Jan-2019	Rupee (India)
Indonesia	Jakarta	Aug-2015	119	114			Sep-2020	Rupiah
Indonesia	Semarang	L	119	114		f	Sep-2020	Rupiah
Iraq	Baghdad	...	...	100			Aug-2004	Dinar (Iraq)
<b>Ireland</b>	<b>Dublin</b>	<b>May-2016</b>	<b>114</b>	<b>109</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro</b>
Israel	Tel Aviv	Apr-2017	133	129			Mar-2021	Shekel (Israel)
<b>Italy</b>	<b>Rome</b>	<b>Sep-2017</b>	<b>125</b>	<b>121</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro</b>
<b>Italy</b>	<b>Rome</b>	<b>Sep-2017</b>	<b>137</b>	<b>132</b>	<b>1</b>	<b>f</b>	<b>Apr-2021</b>	<b>Euro</b>
<b>Jamaica</b>	<b>Kingston</b>	<b>Oct-2018</b>	<b>109</b>	<b>105</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dollar (Jamaica)</b>
<b>Japan</b>	<b>Nagoya</b>	<b>L</b>	<b>144</b>	<b>136</b>	<b>1</b>		<b>Apr-2021</b>	<b>Yen</b>
<b>Japan</b>	<b>Tokyo</b>	<b>Nov-2018</b>	<b>144</b>	<b>136</b>	<b>1</b>		<b>Apr-2021</b>	<b>Yen</b>
<b>Jordan</b>	<b>Amman</b>	<b>Sep-2017</b>	<b>127</b>	<b>123</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dinar (Jordan)</b>
Kazakhstan	Nur-Sultan	Feb-2019	103	99			May-2020	Tenge
Kenya	Nairobi	May-2014	142	135			Sep-2020	Shilling (Kenya)

## Foreign Service Directives Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in April 2021.

Country	Post	Survey date	Previous index	Current index	Note	Note 2	Effective date	Currency
<b>Korea, South</b>	<b>Seoul</b>	<b>Jan-2019</b>	<b>143</b>	<b>137</b>	<b>1</b>		<b>Apr-2021</b>	<b>Won</b>
Kuwait	Kuwait	Oct-2015	124	120			Sep-2020	Dinar (Kuwait)
<b>Laos</b>	<b>Vientiane</b>	<b>Jan-2016</b>	<b>98</b>	<b>93</b>	<b>1</b>	<b>a</b>	<b>Apr-2021</b>	<b>Kip</b>
<b>Latvia</b>	<b>Riga</b>	<b>Oct-2017</b>	<b>113</b>	<b>108</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro</b>
Lebanon	Beirut	Dec-2018	169	198	3		Aug-2020	Pound (Lebanon)
<b>Lithuania</b>	<b>Vilnius</b>	<b>Dec-2017</b>	<b>84</b>	<b>81</b>	<b>1</b>	<b>a</b>	<b>Apr-2021</b>	<b>Euro</b>
Malaysia	Kuala Lumpur	May-2015	105	102			Jun-2020	Ringgit (Malaysia)
<b>Mali</b>	<b>Bamako</b>	<b>Mar-2019</b>	<b>109</b>	<b>105</b>	<b>1</b>		<b>Apr-2021</b>	<b>CFA Franc BCEAO</b>
<b>Mexico</b>	<b>Guadalajara</b>	<b>L</b>	<b>96</b>	<b>92</b>	<b>1</b>		<b>Apr-2021</b>	<b>Peso (Mexico)</b>
<b>Mexico</b>	<b>Mexico City</b>	<b>Jul-2015</b>	<b>96</b>	<b>92</b>	<b>1</b>		<b>Apr-2021</b>	<b>Peso (Mexico)</b>
<b>Mexico</b>	<b>Monterrey</b>	<b>L</b>	<b>96</b>	<b>92</b>	<b>1</b>		<b>Apr-2021</b>	<b>Peso (Mexico)</b>
Mongolia	Ulaanbaatar	Jun-2018	87	85		a	Feb-2021	Tugrik
<b>Morocco</b>	<b>Rabat</b>	<b>Oct-2017</b>	<b>110</b>	<b>107</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dirham (Morocco)</b>
Mozambique	Maputo	Aug-2017	106	102			Jan-2021	Metical
Netherlands, The	Delft	Oct-2015	126	132		f	Apr-2020	Euro
Netherlands, The	The Hague	Oct-2015	111	118			Apr-2020	Euro
New Zealand	Auckland	L	120	125			Dec-2020	Dollar (New Zealand)
New Zealand	Wellington	Apr-2017	120	125			Dec-2020	Dollar (New Zealand)
New Zealand	Wellington	Apr-2017	123	129		f	Dec-2020	Dollar (New Zealand)
Nicaragua	Managua	L	96	93		a	Mar-2021	Cordoba, New
Nigeria	Abuja	Oct-2015	132	127			Aug-2020	Naira
Nigeria	Lagos	Jan-2016	123	119			Aug-2020	Naira
Norway	Oslo	Sep-2018	140	146			Sep-2020	Krone (Norway)
Pakistan	Islamabad	Jul-2015	94	98			Dec-2020	Rupee (Pakistan)
Panama	Panama City	Aug-2017	111	107			Mar-2021	Balboa
Peru	Lima	Feb-2015	116	112			Feb-2021	Nuevo Sol
Philippines	Manila	May-2017	114	118			Apr-2020	Peso (Philippines)
Poland	Warsaw	Sep-2017	103	107			Mar-2020	Zloty
Portugal	Lisbon	Aug-2017	129	124			Mar-2021	Euro
Qatar	Doha	Jan-2019	111	108			Jan-2021	Riyal (Qatar)
Romania	Bucharest	Mar-2019	95	102			Mar-2020	Leu
Russia	Moscow	Mar-2019	102	97			Sep-2020	Rouble (Russia)
<b>Rwanda</b>	<b>Kigali</b>	<b>Aug-2017</b>	<b>106</b>	<b>99</b>	<b>1</b>	<b>a</b>	<b>Apr-2021</b>	<b>Franc (Rwanda)</b>
Saudi Arabia	Riyadh	Jan-2014	129	125			Feb-2021	Riyal (Saudi Arabia)
<b>Senegal</b>	<b>Dakar</b>	<b>Jan-2015</b>	<b>123</b>	<b>120</b>	<b>1</b>		<b>Apr-2021</b>	<b>CFA Franc BCEAO</b>
Serbia	Belgrade	Mar-2019	101	104			Sep-2020	Dinar (Serbia)
Singapore	Singapore	Jun-2015	148	143			Aug-2020	Dollar (Singapore)
Singapore	Singapore	Jun-2015	153	148		f	Aug-2020	Dollar (Singapore)

## Foreign Service Directives Post Indexes

(Ottawa = 100)

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Country	Post	Survey date	Previous index	Current index	Note	Note 2	Effective date	Currency
Slovakia	Bratislava	Jul-2016	96	101		a	Apr-2020	Euro
South Africa	Johannesburg	L	93	97			Dec-2020	Rand
South Africa	Johannesburg	L	94	98		f	Dec-2020	Rand
South Africa	Pretoria	Apr-2017	93	97			Dec-2020	Rand
South Sudan	Juba	Sep-2018	145	151	3		Jan-2020	Pound (South Sudan)
<b>Spain</b>	<b>Barcelona</b>	<b>L</b>	<b>129</b>	<b>124</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro</b>
<b>Spain</b>	<b>Madrid</b>	<b>Aug-2017</b>	<b>129</b>	<b>124</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro</b>
Sri Lanka	Colombo	Aug-2019	96	92			Mar-2021	Rupee (Sri Lanka)
Sudan	Khartoum	Aug-2014	127	119	3		Feb-2018	Pound (Sudan)
Sweden	Stockholm	Aug-2017	118	123			Aug-2020	Krona (Sweden)
<b>Switzerland</b>	<b>Bern</b>	<b>L</b>	<b>157</b>	<b>151</b>	<b>1</b>		<b>Apr-2021</b>	<b>Franc (Switzerland)</b>
<b>Switzerland</b>	<b>Geneva</b>	<b>Oct-2017</b>	<b>157</b>	<b>151</b>	<b>1</b>		<b>Apr-2021</b>	<b>Franc (Switzerland)</b>
<b>Switzerland</b>	<b>Geneva</b>	<b>Oct-2017</b>	<b>165</b>	<b>158</b>	<b>1</b>	f	<b>Apr-2021</b>	<b>Franc (Switzerland)</b>
Taiwan	Taipei	Oct-2015	121	127			Apr-2020	Dollar (Taiwan)
Tanzania	Dar es Salaam	May-2014	117	112			Sep-2020	Shilling (Tanzania)
Thailand	Bangkok	Oct-2015	134	130			Jun-2020	Baht
Trinidad & Tobago	Port of Spain	Apr-2017	127	122			Jan-2021	Dollar (Trinidad and Tobago)
Tunisia	Tunis	Sep-2018	82	85			Apr-2020	Dinar (Tunisia)
<b>Turkey</b>	<b>Ankara</b>	<b>Mar-2019</b>	<b>90</b>	<b>85</b>	<b>1</b>		<b>Apr-2021</b>	<b>Lira</b>
<b>Turkey</b>	<b>Istanbul</b>	<b>Mar-2019</b>	<b>91</b>	<b>86</b>	<b>1</b>		<b>Apr-2021</b>	<b>Lira</b>
Ukraine	Kyiv	Apr-2019	84	81			Mar-2021	Hryvna (Ukraine)
United Arab Emirates	Abu Dhabi	Apr-2016	126	121			Dec-2020	Dirham (U.A.E.)
United Arab Emirates	Dubai	Apr-2016	127	122			Jan-2021	Dirham (U.A.E.)
United Kingdom	Cheltenham	Sep-2015	116	121		f	Dec-2019	Pound (United Kingdom)
United Kingdom	London	Oct-2015	120	125			Dec-2019	Pound (United Kingdom)
United Kingdom	London	Oct-2015	123	128		d	Dec-2019	Pound (United Kingdom)
United Kingdom	London	Oct-2015	126	132		f	Dec-2019	Pound (United Kingdom)
United States of America	Atlanta	May-2018	124	121			Mar-2021	Dollar (USA)
United States of America	Boston	Jun-2018	124	119			Jan-2021	Dollar (USA)
United States of America	Chicago	Jun-2018	122	118			Jan-2021	Dollar (USA)
United States of America	Colorado Springs	Sep-2017	131	127			Mar-2021	Dollar (USA)
United States of America	Dallas	Jul-2018	118	114			Feb-2021	Dollar (USA)
United States of America	Denver	Aug-2018	123	119			Mar-2021	Dollar (USA)
United States of America	Denver	Aug-2018	126	122		f	Mar-2021	Dollar (USA)
United States of America	Detroit	Jun-2015	124	117			Jul-2020	Dollar (USA)

## Foreign Service Directives Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in April 2021.

Country	Post	Survey date	Previous index	Current index	Note	Note 2	Effective date	Currency
United States of America	Houston	Jul-2018	117	113			Mar-2021	Dollar (USA)
United States of America	Los Angeles	Aug-2018	127	123			Feb-2021	Dollar (USA)
United States of America	Miami	Nov-2017	125	121			Jan-2021	Dollar (USA)
<b>United States of America</b>	<b>Minneapolis</b>	<b>Sep-2018</b>	<b>115</b>	<b>111</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dollar (USA)</b>
United States of America	New York City	Oct-2017	142	136			Jan-2021	Dollar (USA)
United States of America	New York City	Oct-2017	149	143		f	Jan-2021	Dollar (USA)
United States of America	Raleigh	Nov-2009	124	121		f	Mar-2021	Dollar (USA)
United States of America	San Diego	Aug-2018	129	141			Nov-2020	Dollar (USA)
<b>United States of America</b>	<b>San Francisco</b>	<b>Aug-2018</b>	<b>140</b>	<b>135</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dollar (USA)</b>
United States of America	Seattle	Aug-2018	126	121			Jan-2021	Dollar (USA)
United States of America	Washington D.C.	Nov-2017	124	120			Jan-2021	Dollar (USA)
United States of America	Washington D.C.	Nov-2017	129	124		f	Jan-2021	Dollar (USA)
Uruguay	Montevideo	Feb-2018	123	119			Sep-2020	Peso (Uruguay)
<b>Vatican City</b>	<b>Vatican</b>	<b>L</b>	<b>125</b>	<b>121</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro</b>
Vietnam	Hanoi	Apr-2017	122	118			Feb-2021	Dong
Vietnam	Ho Chi Minh City	Apr-2017	124	120			Jul-2020	Dong
West Bank and Gaza	Ramallah	L	133	129			Mar-2021	Shekel (Israel)
Zambia	Lusaka	Jun-2014	70	66		a	Oct-2020	Kwacha (Zambia)
Zimbabwe	Harare	Jul-2018	183	201	3		Jul-2019	Dollar (USA)

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(2) Previously released Post Index has been revised.

(3) Due to the absence of reliable economic data, the foreign post index is not subject to monthly monitoring updates.

... not applicable

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(a) - Based on U.S. Department of State surveys; does not include access to duty-free purchases.

(b) - Based on United Nations surveys; does not include access to duty-free purchases.

(c) - Index for personnel who do not have U.S. military facility privileges.

(d) - Index for personnel who do not have access to duty-free gasoline.

(e) - Index for civilian personnel who have U.S. military facility privileges.

(f) - Index for personnel who do not have diplomatic privileges.

(g) - Index for personnel who are provided rations and quarters, a meal allowance or a third-party subsistence allowance.

(h) - Index for personnel who do not have retail tax-free privileges.

(i) - Index for personnel who purchase rations from a military establishment.



## Persons Working Under TAH Provisions Post Indexes

All indexes are non-diplomatic

(Ottawa = 100)

Post indexes in bold were updated or are new in April 2021.

Country	Post	Survey date	Previous index	Current index	Note	Note 2	Effective date	Currency
Afghanistan	Kabul	...	...	100			Oct-2005	Afghani
Bangladesh	Dhaka	May-2018	133	129			Jul-2020	Taka
Benin	Cotonou	Dec-2012	110	106		a	Mar-2021	CFA Franc BCEAO
Bolivia	La Paz	Jun-2017	98	95		a	Mar-2021	Boliviano
Bolivia	Santa Cruz	L	98	95		a	Mar-2021	Boliviano
Burkina Faso	Ouagadougou	Jan-2018	117	124			Apr-2020	CFA Franc BCEAO
Burma (Myanmar)	Yangon	L	93	86			Mar-2021	Kyat
China	Beijing	Dec-2018	127	132			Dec-2020	Yuan Renminbi
<b>Colombia</b>	<b>Bogota</b>	<b>Aug-2017</b>	<b>100</b>	<b>97</b>	<b>1</b>		<b>Apr-2021</b>	<b>Peso (Colombia)</b>
<b>Colombia</b>	<b>Medellin</b>	<b>L</b>	<b>100</b>	<b>97</b>	<b>1</b>		<b>Apr-2021</b>	<b>Peso (Colombia)</b>
<b>Congo, Democratic Republic of</b>	<b>Kinshasa</b>	<b>May-2019</b>	<b>145</b>	<b>140</b>	<b>1</b>		<b>Apr-2021</b>	<b>Franc (Congo)</b>
Cuba	Havana	Apr-2014	128	133	3		Apr-2020	Convertible Peso (Cuba)
Egypt	Cairo	Aug-2015	117	113			Sep-2020	Pound (Egypt)
El Salvador	San Salvador	Nov-2016	97	93		a	Jan-2021	Dollar (USA)
Ethiopia	Addis Ababa	Apr-2018	118	112			Jan-2021	Birr
Ghana	Accra	Oct-2015	110	106			Jan-2021	Cedi
Ghana	Tamale	L	110	106			Jan-2021	Cedi
<b>Guatemala</b>	<b>Guatemala City</b>	<b>Aug-2017</b>	<b>126</b>	<b>122</b>	<b>1</b>		<b>Apr-2021</b>	<b>Quetzal</b>
<b>Haiti</b>	<b>Cap-Haitien</b>	<b>L</b>	<b>149</b>	<b>143</b>	<b>1</b>		<b>Apr-2021</b>	<b>Gourde</b>
<b>Haiti</b>	<b>Les Cayes</b>	<b>L</b>	<b>149</b>	<b>143</b>	<b>1</b>		<b>Apr-2021</b>	<b>Gourde</b>
<b>Haiti</b>	<b>Port-au-Prince</b>	<b>L</b>	<b>149</b>	<b>143</b>	<b>1</b>		<b>Apr-2021</b>	<b>Gourde</b>
<b>Haiti</b>	<b>St. Marc</b>	<b>L</b>	<b>149</b>	<b>143</b>	<b>1</b>		<b>Apr-2021</b>	<b>Gourde</b>
Honduras	Tegucigalpa	Apr-2017	119	114			Aug-2020	Lempira
Indonesia	Jakarta	L	119	114			Sep-2020	Rupiah
Israel	Tel Aviv	Apr-2017	148	143			Mar-2021	Shekel (Israel)
<b>Jordan</b>	<b>Amman</b>	<b>Sep-2017</b>	<b>129</b>	<b>125</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dinar (Jordan)</b>
Kenya	Nairobi	May-2014	143	136			Sep-2020	Shilling (Kenya)
Lebanon	Beirut	Dec-2018	169	199	3		Aug-2020	Pound (Lebanon)
<b>Mali</b>	<b>Bamako</b>	<b>Mar-2019</b>	<b>114</b>	<b>109</b>	<b>1</b>		<b>Apr-2021</b>	<b>CFA Franc BCEAO</b>
Mongolia	Ulaanbaatar	L	87	85			Feb-2021	Tugrik
<b>Morocco</b>	<b>Agadir</b>	<b>L</b>	<b>114</b>	<b>110</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dirham (Morocco)</b>
<b>Morocco</b>	<b>Rabat</b>	<b>Oct-2017</b>	<b>114</b>	<b>110</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dirham (Morocco)</b>
Mozambique	Maputo	L	106	102			Jan-2021	Metical
Mozambique	Vilankulos	L	106	102			Jan-2021	Metical
Nicaragua	Managua	Feb-2017	96	93		a	Mar-2021	Cordoba, New
Nigeria	Abuja	L	132	127			Aug-2020	Naira

## Persons Working Under TAH Provisions Post Indexes

### All indexes are non-diplomatic

(Ottawa = 100)

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Country	Post	Survey date	Previous index	Current index	Note	Note 2	Effective date	Currency
Nigeria	Bauchi	L	123	119			Aug-2020	Naira
Nigeria	Calabar	L	123	119			Aug-2020	Naira
Nigeria	Lagos	L	123	119			Aug-2020	Naira
Pakistan	Lahore	L	95	98			Dec-2020	Rupee (Pakistan)
Pakistan	Pakistan Other	L	95	98			Dec-2020	Rupee (Pakistan)
Panama	Panama City	Aug-2017	113	109			Mar-2021	Balboa
Peru	Lima	Feb-2015	116	112			Feb-2021	Nuevo Sol
Philippines	Manila	May-2017	118	122			Apr-2020	Peso (Philippines)
<b>Senegal</b>	<b>Dakar</b>	<b>Jan-2015</b>	<b>125</b>	<b>121</b>	<b>1</b>		<b>Apr-2021</b>	<b>CFA Franc BCEAO</b>
<b>Senegal</b>	<b>Kolda</b>	<b>L</b>	<b>125</b>	<b>121</b>	<b>1</b>		<b>Apr-2021</b>	<b>CFA Franc BCEAO</b>
<b>Senegal</b>	<b>Thies</b>	<b>L</b>	<b>125</b>	<b>121</b>	<b>1</b>		<b>Apr-2021</b>	<b>CFA Franc BCEAO</b>
South Africa	Pretoria	Apr-2017	94	98			Dec-2020	Rand
South Sudan	Juba	L	145	151	3		Jan-2020	Pound (South Sudan)
Sri Lanka	Colombo	Aug-2019	99	95			Mar-2021	Rupee (Sri Lanka)
Sri Lanka	Kegalle	L	99	95			Mar-2021	Rupee (Sri Lanka)
Tanzania	Dar es Salaam	May-2014	117	112			Sep-2020	Shilling (Tanzania)
Tanzania	Tanzania Other	L	117	112			Sep-2020	Shilling (Tanzania)
Trinidad & Tobago	Port of Spain	Apr-2017	130	125			Jan-2021	Dollar (Trinidad and Tobago)
Tunisia	Tunis	Sep-2018	85	88			Apr-2020	Dinar (Tunisia)
Uganda	Kampala	Feb-2017	96	92		a	Jan-2021	Shilling
Ukraine	Kyiv	Apr-2019	91	88			Mar-2021	Hryvna (Ukraine)
Vietnam	Hanoi	Apr-2017	123	119			Feb-2021	Dong
West Bank and Gaza	Gaza City	L	148	143			Mar-2021	Shekel (Israel)
West Bank and Gaza	Ramallah	L	148	143			Mar-2021	Shekel (Israel)
Zambia	Lusaka	L	70	66		a	Oct-2020	Kwacha (Zambia)
Zimbabwe	Harare	Jul-2018	202	222	3		Jul-2019	Dollar (USA)

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... not applicable

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(a) - Based on U.S. Department of State surveys; does not include access to duty-free purchases.

## Canadian Forces Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in April 2021.

Code	Country	Post	Survey date	Post index	Note	Note 2	Effective date	Currency
AA99	World	Assignments (No Post Index)	...	100			Nov-2006	...
AF02	Afghanistan	Kabul	...	95		g	Jul-2003	...
AL01	Algeria	Algiers	Mar-2019	86			Jan-2021	Dinar (Algeria)
AR10	United Arab Emirates	Abu Dhabi	Apr-2016	121			Dec-2020	Dirham (U.A.E.)
AR11	United Arab Emirates	Abu Dhabi	Apr-2016	100		g	Jan-2021	Dirham (U.A.E.)
AT01	Australia	Canberra	L	135		f	Feb-2021	Dollar (Australia)
AT02	Australia	Canberra	L	130			Feb-2021	Dollar (Australia)
AT05	Australia	Perth	L	135		f	Feb-2021	Dollar (Australia)
AT06	Australia	Adelaide	L	135		f	Feb-2021	Dollar (Australia)
AT07	Australia	Brisbane	Apr-2017	141		f	Feb-2021	Dollar (Australia)
AT08	Australia	Sydney	L	141			Feb-2021	Dollar (Australia)
AT11	Australia	Cabarlah	L	135			Feb-2021	Dollar (Australia)
AT12	Australia	Canungra	L	135			Feb-2021	Dollar (Australia)
AT99	Australia	Australia Other	Apr-2017	135		f	Feb-2021	Dollar (Australia)
<b>AU02</b>	<b>Austria</b>	<b>Vienna</b>	<b>Oct-2017</b>	<b>128</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro</b>
BA02	Bangladesh	Dhaka	L	125			Jul-2020	Taka
BE01	Belgium	Brussels	Aug-2015	133			Apr-2020	Euro (DND semi-monthly)
BE03	Belgium	Casteau	Aug-2015	122			Apr-2020	Euro (DND semi-monthly)
BE15	Belgium	Brussels	Aug-2015	140			Apr-2020	Euro (DND semi-monthly)
BE16	Belgium	Brussels	L	133			Apr-2020	Euro (DND semi-monthly)
BE17	Belgium	Brussels	L	133			Apr-2020	Euro (DND semi-monthly)
<b>BR03</b>	<b>Brazil</b>	<b>Brasilia</b>	<b>L</b>	<b>96</b>	<b>1</b>		<b>Apr-2021</b>	<b>Real</b>
<b>BR05</b>	<b>Brazil</b>	<b>Rio de Janeiro</b>	<b>L</b>	<b>96</b>	<b>1</b>		<b>Apr-2021</b>	<b>Real</b>
CE01	Chile	Santiago	L	109			Feb-2021	Peso (Chile)
CE03	Chile	Valparaiso	L	109		g	Feb-2021	Peso (Chile)
<b>CG01</b>	<b>Congo, Democratic Republic of</b>	<b>Kinshasa</b>	<b>May-2019</b>	<b>140</b>	<b>1</b>		<b>Apr-2021</b>	<b>Franc (Congo)</b>
CH02	China	Beijing	Dec-2018	129			Dec-2020	Yuan Renminbi
<b>CL01</b>	<b>Colombia</b>	<b>Bogota</b>	<b>Aug-2017</b>	<b>93</b>	<b>1</b>		<b>Apr-2021</b>	<b>Peso (Colombia)</b>
CU01	Cuba	Havana	Apr-2014	131	3		Apr-2020	Convertible Peso (Cuba)
EG02	Egypt	Cairo	Aug-2015	113			Sep-2020	Pound (Egypt)
<b>ES02</b>	<b>Estonia</b>	<b>Tartu</b>	<b>Jul-2015</b>	<b>116</b>	<b>1</b>	<b>a</b>	<b>Apr-2021</b>	<b>Euro (DND semi-monthly)</b>
<b>ES04</b>	<b>Estonia</b>	<b>Tallin</b>	<b>Jul-2015</b>	<b>114</b>	<b>1</b>	<b>a</b>	<b>Apr-2021</b>	<b>Euro</b>
ET02	Ethiopia	Addis Ababa	Apr-2018	111		c	Jan-2021	Birr
<b>FR02</b>	<b>France</b>	<b>Paris</b>	<b>Apr-2017</b>	<b>142</b>	<b>1</b>	<b>d</b>	<b>Apr-2021</b>	<b>Euro (DND semi-monthly)</b>
<b>FR03</b>	<b>France</b>	<b>Paris</b>	<b>Apr-2017</b>	<b>130</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro (DND semi-monthly)</b>
<b>FR05</b>	<b>France</b>	<b>Toulon</b>	<b>L</b>	<b>124</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro</b>
<b>FR21</b>	<b>France</b>	<b>Lille</b>	<b>L</b>	<b>124</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro</b>

## Canadian Forces Post Indexes

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Code	Country	Post	Survey date	Post index	Note	Note 2	Effective date	Currency
<b>FR23</b>	<b>France</b>	<b>Lyon</b>	<b>L</b>	<b>135</b>	<b>1</b>	<b>d</b>	<b>Apr-2021</b>	<b>Euro (DND semi-monthly)</b>
<b>FR27</b>	<b>France</b>	<b>Phalsbourg</b>	<b>L</b>	<b>130</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro (DND semi-monthly)</b>
<b>FR28</b>	<b>France</b>	<b>Besançon</b>	<b>L</b>	<b>124</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro (DND semi-monthly)</b>
GC01	Greece	Athens	Nov-2014	114			Mar-2021	Euro
GE06	Germany	Hamburg	Aug-2015	120		c	Aug-2020	Euro (DND semi-monthly)
GE13	Germany	Ramstein	Aug-2015	105			Jun-2017	Euro (DND semi-monthly)
GE16	Germany	Stuttgart	L	105			Jun-2017	Euro (DND semi-monthly)
GE23	Germany	Oberammergau	L	105			Jun-2017	Euro (DND semi-monthly)
GE24	Germany	Munich	L	126		c	Aug-2020	Euro (DND semi-monthly)
GE30	Germany	Geilenkirchen	Aug-2015	108			Aug-2020	Euro (DND semi-monthly)
GE67	Germany	Berlin	L	121		c	Apr-2020	Euro
GE69	Germany	Kalkar	L	112			Aug-2020	Euro (DND semi-monthly)
GE75	Germany	Wiesbaden	L	105			Jun-2017	Euro (DND semi-monthly)
GE80	Germany	Wesel	Aug-2015	112			Aug-2020	Euro (DND semi-monthly)
GH01	Ghana	Accra	Oct-2015	106			Jan-2021	Cedi
GR01	Greenland	Thule	...	80			Dec-1994	Dollar (USA, DND semi-monthly)
<b>HA02</b>	<b>Haiti</b>	<b>Port-au-Prince</b>	<b>Nov-2017</b>	<b>143</b>	<b>1</b>		<b>Apr-2021</b>	<b>Gourde</b>
HA03	Haiti	Haiti	Nov-2017	102		g	Nov-2020	Gourde
IN02	India	New Delhi	Jun-2018	113			Jan-2019	Rupee (India)
IN04	Indonesia	Jakarta	Aug-2015	114		f	Sep-2020	Rupiah
IS02	Israel	Tel Aviv	Apr-2017	129			Mar-2021	Shekel (Israel)
<b>IT03</b>	<b>Italy</b>	<b>Rome</b>	<b>Sep-2017</b>	<b>120</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro (DND semi-monthly)</b>
<b>IT04</b>	<b>Italy</b>	<b>Rome</b>	<b>Sep-2017</b>	<b>121</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro</b>
IT05	Italy	Rome	Sep-2017	108		g	Apr-2018	Euro (DND semi-monthly)
<b>IT09</b>	<b>Italy</b>	<b>Naples</b>	<b>Nov-2017</b>	<b>112</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro (DND semi-monthly)</b>
<b>IT13</b>	<b>Italy</b>	<b>Poggio</b>	<b>L</b>	<b>119</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro (DND semi-monthly)</b>
<b>IT14</b>	<b>Italy</b>	<b>Sigonella</b>	<b>Nov-2017</b>	<b>113</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro (DND semi-monthly)</b>
<b>JA02</b>	<b>Japan</b>	<b>Tokyo</b>	<b>Nov-2018</b>	<b>136</b>	<b>1</b>		<b>Apr-2021</b>	<b>Yen</b>
<b>JA05</b>	<b>Japan</b>	<b>Tokyo</b>	<b>L</b>	<b>136</b>	<b>1</b>		<b>Apr-2021</b>	<b>Yen</b>
<b>JM02</b>	<b>Jamaica</b>	<b>Kingston</b>	<b>Oct-2018</b>	<b>109</b>	<b>1</b>	<b>d</b>	<b>Apr-2021</b>	<b>Dollar (Jamaica)</b>
<b>JO01</b>	<b>Jordan</b>	<b>Amman</b>	<b>Sep-2017</b>	<b>123</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dinar (Jordan)</b>
KE01	Kenya	Nairobi	May-2014	135			Sep-2020	Shilling (Kenya)
KU01	Kuwait	Kuwait City	Oct-2015	120			Sep-2020	Dinar (Kuwait)
KZ01	Kazakhstan	Nur-Sultan	Feb-2019	99			May-2020	Tenge
LE02	Lebanon	Beirut	Dec-2018	198		3	Aug-2020	Pound (Lebanon)
<b>LT01</b>	<b>Lithuania</b>	<b>Vilnius</b>	<b>L</b>	<b>81</b>	<b>1</b>	<b>a</b>	<b>Apr-2021</b>	<b>Euro</b>
LUX1	Luxembourg	Luxembourg City	L	140			Apr-2020	Euro (DND semi-monthly)

## Canadian Forces Post Indexes

(Ottawa = 100)

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Code	Country	Post	Survey date	Post index	Note	Note 2	Effective date	Currency
LV02	Latvia	Riga (unaccompanied with meals)	Oct-2017	96		g	Mar-2018	Euro
<b>LV03</b>	<b>Latvia</b>	<b>Riga (no meals)</b>	<b>Oct-2017</b>	<b>117</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro (DND semi-monthly)</b>
MA03	Mali	Bamako	Mar-2019	98		g	Feb-2020	CFA Franc BCEAO
MA06	Malaysia	Kuala Lumpur	May-2015	102			Jun-2020	Ringgit (Malaysia)
<b>ME01</b>	<b>Mexico</b>	<b>Mexico City</b>	<b>Jul-2015</b>	<b>92</b>	<b>1</b>		<b>Apr-2021</b>	<b>Peso (Mexico)</b>
<b>MO02</b>	<b>Morocco</b>	<b>Rabat</b>	<b>L</b>	<b>107</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dirham (Morocco)</b>
NE01	Netherlands, The	Brunssum	Aug-2015	114			Apr-2020	Euro (DND semi-monthly)
NE02	Netherlands, The	The Hague	Oct-2015	118			Apr-2020	Euro
NE07	Netherlands, The	Eindhoven	L	114			Apr-2020	Euro (DND semi-monthly)
NG05	Nigeria	Abuja	Oct-2015	127			Aug-2020	Naira
NG06	Nigeria	Lagos	Jan-2016	119			Aug-2020	Naira
NR02	Norway	Oslo	Sep-2018	146			Sep-2020	Krone (Norway)
NR05	Norway	Stavanger	Aug-2018	137			Sep-2020	Krone (Norway, DND monthly)
NZ02	New Zealand	Trentham	Apr-2017	129			Dec-2020	Dollar (New Zealand)
OP06	Israel	OP JADE, Tiberias/Golan Heights	L	110		g	Jun-2017	Shekel (Israel)
OP13	Congo, Democratic Republic of	OP CROCODILE, Kinshasa	May-2019	102		g	Dec-2019	Franc (Congo)
OP16	Egypt	OP CALUMET, El Gorah	Aug-2015	95		g	Dec-2019	Pound (Egypt)
OP20	Lebanon	OP JADE, Tyre	Dec-2018	119	3	g	Aug-2020	Pound (Lebanon)
OP31	Congo, Democratic Republic of	OP CROCODILE, Goma	May-2019	102		g	Dec-2019	Franc (Congo)
OP33	Kuwait	OP IMPACT, Kuwait	L	98		g	May-2016	Dinar (Kuwait)
OP34	Qatar	OP IMPACT, Al Udeid	L	99		g	Dec-2019	Riyal (Qatar)
OP35	Iraq	OP IMPACT, Baghdad	...	100		0	May-2016	...
OP36	Iraq	OP IMPACT, Erbil	...	100		0	Aug-2016	...
OP38	Poland	OP REASSURANCE, Drawsko Pomorskie	Sep-2017	97		g	Jan-2018	Zloty
OP40	Italy	OP REASSURANCE, Naples	Nov-2017	105		g	Apr-2018	Euro (DND semi-monthly)
OP41	Latvia	OP REASSURANCE, Riga	Oct-2017	96		g	Mar-2018	Euro
OP53	Israel	OP PROTEUS, Jerusalem	Apr-2017	110		g	Jun-2017	Shekel (Israel)
OP54	Bahrain	OP FOUNDATION, Bahrain	Jun-2015	100		g	Dec-2020	Dinar (Bahrain)
OP67	Sudan	OP SAFARI, Sudan	Aug-2014	100	3	g	Feb-2018	Pound (Sudan)
OP70	Cyprus	OP LION, Cyprus	Oct-2018	95		g	Jan-2020	Euro
OP76	Kosovo	OP KOBOLD	Feb-2003	98		g	Dec-2008	Euro (DND semi-monthly)
OP80	Qatar	OP FOUNDATION, Doha	Jan-2019	99		g	Dec-2019	Riyal (Qatar)
OP91	World	HMCS OPS	...	95			Mar-2011	...
OP95	Jordan	OP FOUNDATION	Sep-2017	98		g	Feb-2018	Dinar (Jordan)
OP96	Djibouti	OP FOUNDATION (unaccompanied)	Jul-2018	99		g	Dec-2019	Franc (Djibouti)

## Canadian Forces Post Indexes

(Ottawa = 100)

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Code	Country	Post	Survey date	Post index	Note	Note 2	Effective date	Currency
OP99	World	Operations Other	...	100			Feb-2014	...
OPA1	Ukraine	OP UNIFER, Kemenets Pololskiy	Apr-2019	94		g	Nov-2020	Hryvna (Ukraine)
OPA2	Ukraine	OP UNIFER, Yavoriv	L	94		g	Nov-2020	Hryvna (Ukraine)
OS07	Germany	OP SP HUB Köln (unaccompanied with meals)	Aug-2015	103		g	Oct-2016	Euro
OS08	Germany	SUP HUB Köln	Aug-2015	120		c	Aug-2020	Euro (DND semi-monthly)
OS09	Kuwait	OP SUB HUB, Kuwait City	Oct-2015	98		g	May-2016	Dinar (Kuwait)
PA02	Pakistan	Islamabad	Jul-2015	98			Dec-2020	Rupee (Pakistan)
PA03	Pakistan	Quetta	Jul-2015	98			Dec-2020	Rupee (Pakistan)
PE01	Peru	Lima	Feb-2015	112			Feb-2021	Nuevo Sol
PH01	Philippines	Manila	May-2017	119		d	Apr-2020	Peso (Philippines)
PL02	Poland	Warsaw	Sep-2017	107			Mar-2020	Zloty
<b>PL03</b>	<b>Poland</b>	<b>Bydgoszcz</b>	<b>Sep-2017</b>	<b>100</b>	<b>1</b>	<b>g</b>	<b>Apr-2021</b>	<b>Zloty (DND semi-monthly)</b>
PL04	Poland	Szczecin	Sep-2017	105			Jul-2020	Zloty (DND semi-monthly)
PL05	Poland	Elblag	Sep-2017	102		g	Jan-2018	Zloty (DND semi-monthly)
RO02	Romania	Bucharest	Mar-2019	102			Mar-2020	Leu
RO03	Romania	Craiova	L	102			Mar-2020	Leu
RU02	Russia	Moscow	Mar-2019	97			Sep-2020	Rouble (Russia)
SA01	Saudi Arabia	Riyadh	Jan-2014	125			Feb-2021	Riyal (Saudi Arabia)
SA21	South Africa	Pretoria	Apr-2017	97			Dec-2020	Rand
<b>SE01</b>	<b>Senegal</b>	<b>Dakar</b>	<b>Jan-2015</b>	<b>120</b>	<b>1</b>	<b>c</b>	<b>Apr-2021</b>	<b>CFA Franc BCEAO</b>
SI03	Singapore	Singapore	Jun-2015	143			Aug-2020	Dollar (Singapore)
<b>SK01</b>	<b>Korea, South</b>	<b>Seoul</b>	<b>Jan-2019</b>	<b>139</b>	<b>1</b>		<b>Apr-2021</b>	<b>Won</b>
SK05	Korea, South	Pyeongtaek	Jan-2019	119			Aug-2020	Won
SL01	Sri Lanka	Colombo	Aug-2019	92			Mar-2021	Rupee (Sri Lanka)
<b>SP03</b>	<b>Spain</b>	<b>Madrid</b>	<b>Aug-2017</b>	<b>124</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro</b>
<b>SP04</b>	<b>Spain</b>	<b>Madrid DND Non VAT</b>	<b>Aug-2017</b>	<b>127</b>	<b>1</b>	<b>f</b>	<b>Apr-2021</b>	<b>Euro</b>
SS01	Sudan	Khartoum, accompanied - MSGU	Aug-2014	119	3		Feb-2018	Pound (Sudan)
<b>SW02</b>	<b>Sweden</b>	<b>Stockholm</b>	<b>Aug-2017</b>	<b>131</b>	<b>1</b>	<b>f</b>	<b>Apr-2021</b>	<b>Krona (SWE, DND semi-monthly)</b>
TH01	Thailand	Bangkok	L	130			Jun-2020	Baht
TN01	Tunisia	Tunis	Sep-2018	85			Apr-2020	Dinar (Tunisia)
<b>TU02</b>	<b>Turkey</b>	<b>Ankara</b>	<b>Mar-2019</b>	<b>84</b>	<b>1</b>	<b>c</b>	<b>Apr-2021</b>	<b>Lira</b>
<b>TU04</b>	<b>Turkey</b>	<b>Izmir</b>	<b>Mar-2019</b>	<b>86</b>	<b>1</b>		<b>Apr-2021</b>	<b>Lira (US \$ Rate, DND monthly)</b>
<b>TU05</b>	<b>Turkey</b>	<b>Istanbul</b>	<b>Mar-2019</b>	<b>86</b>	<b>1</b>	<b>c</b>	<b>Apr-2021</b>	<b>Lira</b>
UA03	United States of America	Beale, California	Aug-2018	137			Feb-2021	Dollar (USA, DND semi-monthly)

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UA05	United States of America	Edwards, California	L	131			Feb-2021	Dollar (USA, DND semi-monthly)
UA07	United States of America	Monterey, California	Aug-2018	137			Feb-2021	Dollar (USA, DND semi-monthly)
UA08	United States of America	San Diego, California	Aug-2018	131			Feb-2021	Dollar (USA, DND semi-monthly)
<b>UA10</b>	<b>United States of America</b>	<b>Whidbey Island, Washington</b>	<b>Aug-2018</b>	<b>115</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dollar (USA, DND semi-monthly)</b>
<b>UA11</b>	<b>United States of America</b>	<b>Seattle / Tacoma (McChord), Washington</b>	<b>Aug-2018</b>	<b>119</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dollar (USA, DND semi-monthly)</b>
UA16	United States of America	Vandenberg, California	Aug-2018	137			Feb-2021	Dollar (USA, DND semi-monthly)
UA20	United States of America	Mojave, California (Test Pilot School)	L	131			Feb-2021	Dollar (USA, DND semi-monthly)
<b>UA23</b>	<b>United States of America</b>	<b>Las Vegas, Nevada</b>	<b>Aug-2018</b>	<b>127</b>	<b>1</b>	<b>c</b>	<b>Apr-2021</b>	<b>Dollar (USA, DND semi-monthly)</b>
UA26	United States of America	Twentynine Palms	L	131			Feb-2021	Dollar (USA, DND semi-monthly)
UB01	United States of America	Colorado Springs, Colorado	Sep-2017	127			Jan-2021	Dollar (USA, DND semi-monthly)
UB04	United States of America	Buckley (Denver), Colorado	Sep-2018	118			Jan-2021	Dollar (USA, DND semi-monthly)
UB06	United States of America	Albuquerque, New Mexico	L	127			Jan-2021	Dollar (USA, DND semi-monthly)
UB08	United States of America	Fort Huachuca, Arizona	L	127			Jan-2021	Dollar (USA, DND semi-monthly)
<b>UC01</b>	<b>United States of America</b>	<b>Fort Bliss, Texas</b>	<b>L</b>	<b>101</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dollar (USA, DND semi-monthly)</b>
UC02	United States of America	Cavalier, North Dakota	Aug-2018	105			Jan-2021	Dollar (USA, DND semi-monthly)
UC04	United States of America	San Antonio, Texas	Nov-2019	104			Jan-2021	Dollar (USA, DND semi-monthly)
UC06	United States of America	Houston, Texas, Johnson Space Center	Jul-2018	118		<b>c</b>	Feb-2021	Dollar (USA, DND semi-monthly)
<b>UC07</b>	<b>United States of America</b>	<b>Fort Hood, Fort Worth, Sheppard, Wichita Falls</b>	<b>Aug-2018</b>	<b>101</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dollar (USA, DND semi-monthly)</b>
UC08	United States of America	University of Texas (San Antonio), Randolph, Medina, Universal City	L	104			Jan-2021	Dollar (USA, DND semi-monthly)
UC09	United States of America	Fort Sill, Tinker, Oklahoma	Aug-2018	103			Jan-2021	Dollar (USA, DND semi-monthly)
UD01	United States of America	Fort Leavenworth, Kansas	Aug-2018	106			Jan-2021	Dollar (USA, DND semi-monthly)
UD03	United States of America	St. Louis, Missouri, Fort Leonard Wood, Missouri, Scott, Elleville, Illinois	Nov-2019	113			Feb-2021	Dollar (USA, DND semi-monthly)
UD04	United States of America	Omaha, Nebraska	L	106			Jan-2021	Dollar (USA, DND semi-monthly)
UE01	United States of America	Dayton, Ohio, Wright-Patterson, Ohio	Oct-2017	115			Jan-2021	Dollar (USA, DND semi-monthly)

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<b>UE03</b>	<b>United States of America</b>	<b>Warren, Michigan</b>	<b>Jun-2015</b>	<b>110</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dollar (USA, DND semi-monthly)</b>
UF01	United States of America	Maryland: Aberdeen, Annapolis, Carderock, Fort Meade, Indian Head, Patuxent River, University of Maryland Virginia: Alexandria, Andrews, Arlington, Crystal City, Falls Church, Quantico, D.C.: Bolling, Washington	Oct-2017	120			Jan-2021	Dollar (USA, DND semi-monthly)
UF02	United States of America	Washington, D. C.	L	120		c	Jan-2021	Dollar (USA)
<b>UF03</b>	<b>United States of America</b>	<b>Cherry Point, Pope</b>	<b>L</b>	<b>107</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dollar (USA, DND semi-monthly)</b>
<b>UF08</b>	<b>United States of America</b>	<b>Chesapeake, Dam Neck, Fort Lee, Fort Monroe, Hampton, Langley, Norfolk, Yorkton</b>	<b>Nov-2017</b>	<b>109</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dollar (USA, DND semi-monthly)</b>
<b>UF09</b>	<b>United States of America</b>	<b>Fayetteville, Fort Bragg, North Carolina</b>	<b>Oct-2017</b>	<b>107</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dollar (USA, DND semi-monthly)</b>
UF15	United States of America	Maryland: Aberdeen, Annapolis, Carderock, Fort Meade, Indian Head, Patuxent River, University of Maryland Virginia: Alexandria, Andrews, Arlington, Crystal City, Falls Church, Quantico, D.C.: Bolling, Washington	Oct-2017	124		f	Jan-2021	Dollar (USA, DND semi-monthly)
UG01	United States of America	Eglin, Tyndall	Jul-2018	113			Feb-2021	Dollar (USA, DND semi-monthly)
UG02	United States of America	Beaufort Falls	L	114		c	Feb-2021	Dollar (USA, DND semi-monthly)
UG05	United States of America	Fort Benning, Georgia	L	113			Feb-2021	Dollar (USA, DND semi-monthly)
UG06	United States of America	Fort Gordon, Fort McPherson, Fort Stewart	L	113			Feb-2021	Dollar (USA, DND semi-monthly)
UG07	United States of America	Mississippi	L	114		d	Feb-2021	Dollar (USA, DND semi-monthly)
UG08	United States of America	Gainesville, Florida (University of Florida)	Jul-2018	114		c	Feb-2021	Dollar (USA, DND semi-monthly)
UG09	United States of America	Fort Rucker, Alabama	L	113			Feb-2021	Dollar (USA, DND semi-monthly)
UG10	United States of America	Jacksonville, Florida	L	114		d	Feb-2021	Dollar (USA, DND semi-monthly)
UG11	United States of America	Maxwell, Montgomery, Alabama	L	114		d	Feb-2021	Dollar (USA, DND semi-monthly)
UG12	United States of America	Daytona Beach	L	114		c	Feb-2021	Dollar (USA, DND semi-monthly)
UG13	United States of America	University of Tennessee	L	114		c	Feb-2021	Dollar (USA, DND semi-monthly)
UG14	United States of America	MacDill, Tampa	L	113			Feb-2021	Dollar (USA, DND semi-monthly)
UG17	United States of America	West Palm Beach, Florida	Nov-2017	123			Feb-2021	Dollar (USA, DND semi-monthly)
UG21	United States of America	Robins, Georgia	Jan-2019	113			Jan-2021	Dollar (USA, DND semi-monthly)



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Code	Country	Post	Survey date	Post index	Note	Note 2	Effective date	Currency
UG22	United States of America	Miami	Nov-2017	123			Feb-2021	Dollar (USA, DND semi-monthly)
UG25	United States of America	Little Rock, Arkansas	L	114		d	Feb-2021	Dollar (USA, DND semi-monthly)
UG26	United States of America	Huntsville, Alabama	Jul-2018	114		d	Feb-2021	Dollar (USA, DND semi-monthly)
UG30	United States of America	KEY WEST FLORIDA	Jul-2018	123			Jan-2021	Dollar (USA)
<b>UH02</b>	<b>United States of America</b>	<b>New York City</b>	<b>Oct-2017</b>	<b>132</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dollar (USA, DND semi-monthly)</b>
UH03	United States of America	Cape Cod, Hanscom	Jun-2018	116			Jan-2021	Dollar (USA, DND semi-monthly)
<b>UH04</b>	<b>United States of America</b>	<b>Boston, University of Boston</b>	<b>Jun-2018</b>	<b>121</b>	<b>1</b>	<b>f</b>	<b>Apr-2021</b>	<b>Dollar (USA, DND semi-monthly)</b>
<b>UH06</b>	<b>United States of America</b>	<b>Carlisle, Pennsylvania</b>	<b>L</b>	<b>112</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dollar (USA, DND semi-monthly)</b>
UH08	United States of America	Philadelphia, Warminster	L	124		f	Jan-2021	Dollar (USA, DND semi-monthly)
<b>UH11</b>	<b>United States of America</b>	<b>Rome, New York</b>	<b>Nov-2017</b>	<b>112</b>	<b>1</b>		<b>Apr-2021</b>	<b>Dollar (USA, DND semi-monthly)</b>
UH14	United States of America	Newport, Rhode Island	L	116			Jan-2021	Dollar (USA, DND semi-monthly)
UH16	United States of America	Stratford, Connecticut	Nov-2018	115		c	Jan-2021	Dollar (USA, DND semi-monthly)
<b>UH22</b>	<b>United States of America</b>	<b>New York City (No VAT Rebates)</b>	<b>Oct-2017</b>	<b>138</b>	<b>1</b>	<b>f</b>	<b>Apr-2021</b>	<b>Dollar (USA, DND semi-monthly)</b>
UJ02	United States of America	Picatinny Arsenal, New Jersey	L	124		f	Jan-2021	Dollar (USA, DND semi-monthly)
UJ04	United States of America	Rutgers University, New Jersey	L	124		f	Jan-2021	Dollar (USA, DND semi-monthly)
UK12	United Kingdom	Inside the M25 (No VAT Rebates)	Sep-2015	116		h	Aug-2020	Pound (U.K., DND)
UK13	United Kingdom	Outside the M25 (VAT Rebates)	Sep-2015	108			Aug-2020	Pound (U.K., DND)
UK18	United Kingdom	Inside the M25 (VAT Rebates)	Sep-2015	113			Aug-2020	Pound (U.K., DND)
UK57	United Kingdom	Scotland	L	103			Aug-2020	Pound (U.K., DND)
U001	United States of America	Elmendorf, Alaska	Aug-2018	117			Feb-2021	Dollar (USA, DND semi-monthly)
U003	United States of America	Honolulu, Hawaii	Oct-2017	121			Jan-2021	Dollar (USA, DND semi-monthly)
U005	United States of America	Clear, Alaska	Aug-2018	101		g	Oct-2019	Dollar (USA)
U008	United States of America	Eielson	L	117			Feb-2021	Dollar (USA, DND semi-monthly)
UR01	Ukraine	Kyiv	Apr-2019	81			Mar-2021	Hryvna (Ukraine)
US10	United States of America	Ogden, Utah	L	118			Jan-2021	Dollar (USA, DND semi-monthly)
USA2	United States of America	Pensacola, Florida	L	114		d	Feb-2021	Dollar (USA, DND semi-monthly)
WB01	West Bank and Gaza	Ramallah	L	143			Mar-2021	Shekel (Israel)

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YU02	Serbia	Belgrade	Mar-2019	105			Sep-2020	Dinar (Serbia)
ZZ01	Belgium	Casteau	Aug-2015	121			Mar-2021	Euro
<b>ZZ03</b>	<b>Netherlands, The</b>	<b>Brunssum</b>	<b>Aug-2015</b>	<b>111</b>	<b>1</b>		<b>Apr-2021</b>	<b>Euro</b>
<b>ZZ09</b>	<b>Haiti</b>	<b>Port-au-Prince</b>	<b>Nov-2017</b>	<b>105</b>	<b>1</b>	<b>g</b>	<b>Apr-2021</b>	<b>Gourde</b>
<b>ZZ10</b>	<b>Haiti</b>	<b>Regions of Haiti</b>	<b>L</b>	<b>105</b>	<b>1</b>	<b>g</b>	<b>Apr-2021</b>	<b>Gourde</b>
ZZ17	West Bank and Gaza	Palestinian Territories	L	110		g	Jun-2017	Shekel (Israel)
ZZ30	Ukraine	Kyiv	L	94		g	Nov-2020	Hryvna (Ukraine)
ZZ31	Cambodia	Phnom Penh	Feb-2016	96		g	Jun-2017	Riel

(1) Post Index has been updated or is new this month.

(2) Previously released Post Index has been revised.

(3) Due to the absence of reliable economic data, the foreign post index is not subject to monthly monitoring updates.  
... not applicable

L - Where no Survey Date is shown, the Post Index is linked to another Post Index where a survey has been carried out.

(a) - Based on U.S. Department of State surveys; does not include access to duty-free purchases.

(b) - Based on United Nations surveys; does not include access to duty-free purchases.

(c) - Index for personnel who do not have U.S. military facility privileges.

(d) - Index for personnel who do not have access to duty-free gasoline.

(e) - Index for civilian personnel who have U.S. military facility privileges.

(f) - Index for personnel who do not have diplomatic privileges.

(g) - Index for personnel who are provided rations and quarters, a meal allowance or a third-party subsistence allowance.

(h) - Index for personnel who do not have retail tax-free privileges.

(i) - Index for personnel who purchase rations from a military establishment.