



Canadian Foreign Post Indexes June 2018

Release date: June 5, 2018

NOTICE TO USERS

As of July 2018, the Private Sector table will be discontinued and the Exchange Rate will no longer be published on the remaining tables.

These indexes are calculated to establish and adjust the Post Living Allowance (PLA) paid to Canadian government employees serving outside Canada. They are comparative measurements that numerically express the difference between the retail prices of a representative basket of goods and services at a foreign location with prices for a similar basket of goods and services in Ottawa.

Four separate groupings of indexes are provided, each among them reflecting the specific terms and conditions of service for the members of one of the following categories of personnel:

- persons serving under the terms and conditions of the Foreign Service Directives (FSDs);
- persons working under the provisions of the Technical Assistance Handbook (TAH);
- Canadian Forces members serving outside the country either under the terms and conditions of the Military Foreign Service Instructions (MFSIs) or the Foreign Service Directives (FSDs);
- persons working in the Private Sector.

The Guide to the Post Index (www.statcan.gc.ca/pub/62f0072g/62f0072g2010001-eng.htm), which was revised in June 2010, remains available.



Monthly release notes

June 2018

This is to advise you of the renewed validity of Post Indexes calculated for the purpose of the Post Living Allowance applicable to Canadian Government expatriate personnel or persons under contract. All users must consult with Statistics Canada to ensure that the appropriate index is used.

The Guide to the Post Index (www.statcan.gc.ca/pub/62f0072g/62f0072g2010001-eng.htm), which was revised in June 2010, remains available.

The analysis of Post Index surveys has been completed for the following locations. The results incorporate the analysis of prices and costs for goods and services purchased in the local economy or from import sources at the time these surveys were carried out, as well as adjustments to the indexes as indicated by our continuing monthly reviews.

Table 1
Completed Post Index Surveys

Country	Military Code	Location	Survey Date
Burkina Faso	...	Ouagadougou	January 2018
Czech Republic	...	Prague	October 2017
Haiti	...	Port-au-Prince	November 2017
Haiti	...	St. Marc	November 2017
Haiti	HA02	Port-au-Prince	November 2017
Haiti	HA03	Haiti	November 2017
Haiti	ZZ09	Port-au-Prince	November 2017
Haiti	ZZ10	Regions of Haiti	November 2017
United States of America	UB01	Colorado Springs, Colorado	September 2017
United States of America	UB06	Albuquerque, New Mexico	September 2017
... not applicable			

The Department of National Defence and Global Affairs Canada requested that the following Indexes be discontinued.

Table 2
Discontinued Indexes

Country	Mission City	Table	DND Code
Haiti	Port-au-Prince	Canadian Forces	OP42
India	Wellington	Canadian Forces	IN05
United States of America	Colorado Springs	Foreign Service Directives	...
United States of America	Fort Huachuca, Arizona	Canadian Forces	UB08
United States of America	Chapel Hill	Canadian Forces	UF17
United States of America	Boston, University of Boston	Canadian Forces	UH04
United States of America	Newport Rhode Island	Canadian Forces	UH14
United States of America	Stratford, Connecticut	Canadian Forces	ZZ04

... not applicable

Other Post Index adjustments are indicated on the basis of our continuing monthly reviews. These adjustments are predicated on shifts in the current values of the respective currencies used at the posts relative to the Canadian dollar. They also take into account comparative rates of change in consumer prices at these posts and in Ottawa since the last surveys were carried out.



Foreign Service Directives Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in June 2018.

See monthly release notes for information on this month's released Indexes and revisions to previously released Indexes.

Country	Post	Survey date	Previous index	Current index	Effective date	Exchange rate CAN\$	Currency
Afghanistan	Kabul	100	Sep-2003	0.029245	Afghani
Algeria	Algiers	Dec-2014	111	107	Aug-2017	0.011950	Dinar (Algeria)
Argentina	Buenos Aires	Feb-2015	115	111 (1)	Jun-2018	0.058162	Peso (Argentina)
Australia	Canberra	Apr-2017	130	126	May-2018	0.997732	Dollar (Australia)
Australia	Canberra	Apr-2017	135	131 (f)	May-2018	0.997732	Dollar (Australia)
Australia	Sydney	Apr-2017	134	129	May-2018	0.997732	Dollar (Australia)
Australia	Sydney	Apr-2017	141	136 (f)	May-2018	0.997732	Dollar (Australia)
Austria	Vienna	Oct-2017	133	132	Feb-2018	1.546281	Euro
Bangladesh	Dhaka	Nov-2013	125	129 (d)	Dec-2017	0.016273	Taka
Barbados	Bridgetown	Feb-2015	136	141	Apr-2018	0.653328	Dollar (Barbados)
Belgium	Brussels	Aug-2015	138	133 (1)	Jun-2018	1.552119	Euro
Belgium	Brussels	Aug-2015	146	140 (d) (1)	Jun-2018	1.552119	Euro
Benin	Cotonou	L	108	103 (a) (1)	Jun-2018	0.002336	Franc (C.F.A.)
Bolivia	La Paz	Jun-2017	124	97 (a)	May-2018	0.189376	Boliviano
Brazil	Brasilia	Mar-2015	129	122	May-2018	0.380685	Real
Brazil	Rio de Janeiro	L	130	123	May-2018	0.380685	Real
Brazil	Sao Paulo	Mar-2015	130	123	May-2018	0.380685	Real
Brunei Darussalam	Bandar Seri Begawan	Aug-2017	113	90 (a)	May-2018	0.985234	Dollar (Brunei)
Burkina Faso	Ouagadougou	Jan-2018	122	123 (1)	Jun-2018	0.002336	Franc (C.F.A.)
Burma (Myanmar)	Yangon	Dec-2015	75	77 (a)	Apr-2018	0.000999	Kyat
Cambodia	Phnom Penh	Feb-2016	104	98 (a)	Aug-2017	0.000316	Riel
Cameroon	Yaoundé	Jul-2015	124	119 (1)	Jun-2018	0.002336	Franc (C.F.A.)
Chile	Santiago	Feb-2015	115	119	Mar-2018	0.002130	Peso (Chile)
China	Beijing	Jan-2015	125	132	Apr-2018	0.208661	Yuan Renminbi
China	Chongqing	Jan-2015	119	125	Apr-2018	0.208661	Yuan Renminbi
China	Guangzhou	Mar-2015	130	135	Apr-2018	0.208661	Yuan Renminbi
China	Hong Kong	Jan-2015	158	149	Aug-2017	0.165877	Dollar (Hong Kong)
China	Shanghai	Jan-2015	131	138	Apr-2018	0.208661	Yuan Renminbi
Colombia	Bogotá	Aug-2017	102	106	Mar-2018	0.000452	Peso (Colombia)

Congo, Democratic Republic of	Kinshasa	Apr-2013	166	175	Nov-2017	0.000813	Franc (Congo)
Costa Rica	San José	Aug-2015	119	124	Dec-2017	0.002311	Colon (Costa Rica)
Côte d'Ivoire	Abidjan	Oct-2015	129	124 (1)	Jun-2018	0.002336	Franc (C.F.A.)
Croatia	Zagreb	Jun-2016	89	92 (a)	Mar-2018	0.218675	Kuna
Cuba	Havana	Apr-2014	127	123	Apr-2016	1.457217	Convertible Peso (Cuba)
Czech Republic	Prague	Oct-2017	118	103 (1)	Jun-2018	0.062960	Koruna (Czech Rep.)
Denmark	Copenhagen	Aug-2017	149	144 (1)	Jun-2018	0.209866	Krone (Denmark)
Dominican Republic	Santo Domingo	Oct-2013	111	108	Sep-2017	0.027137	Peso (Dominican Rep.)
Ecuador	Quito	Apr-2016	131	122 (a)	Aug-2017	1.295346	Dollar (USA)
Egypt	Cairo	Aug-2015	92	96	Dec-2017	0.073820	Pound (Egypt)
El Salvador	San Salvador	Nov-2016	110	95 (a)	Sep-2017	1.286317	Dollar (USA)
Ethiopia	Addis Ababa	Apr-2013	124	117	Dec-2017	0.048524	Birr
Finland	Helsinki	Aug-2017	145	140 (1)	Jun-2018	1.552119	Euro
France	Lyon	L	143	140 (f) (1)	Jun-2018	1.552119	Euro
France	Paris	Apr-2017	138	134 (1)	Jun-2018	1.552119	Euro
France	Paris	Apr-2017	151	146 (d) (1)	Jun-2018	1.552119	Euro
France	Paris	Apr-2017	151	147 (f) (1)	Jun-2018	1.552119	Euro
Germany	Berlin	Aug-2015	124	119 (1)	Jun-2018	1.552119	Euro
Germany	Düsseldorf	L	133	127 (1)	Jun-2018	1.552119	Euro
Germany	Munich	L	130	125 (1)	Jun-2018	1.552119	Euro
Ghana	Accra	Oct-2015	115	110	Aug-2017	0.299119	Cedi
Greece	Athens	Nov-2014	112	118	Jun-2017	1.532341	Euro
Guatemala	Guatemala City	Aug-2017	137	114	Jan-2018	0.177882	Quetzal
Guyana	Georgetown	Oct-2017	119	112	Feb-2018	0.005899	Dollar (Guyana)
Haiti	Port-au-Prince	Nov-2017	138	125 (1)	Jun-2018	0.020705	Gourde
Honduras	Tegucigalpa	Apr-2017	94	109	Aug-2017	0.055121	Lempira
Hungary	Budapest	Nov-2014	112	116	Mar-2018	0.005100	Forint
Iceland	Reykjavik	Jan-2015	119	123 (a)	Dec-2017	0.012464	Krona (Iceland)
India	Bangalore	Jan-2014	119	115	Aug-2017	0.020101	Rupee (India)
India	Chandigarh	L	122	118	Aug-2017	0.020101	Rupee (India)
India	Mumbai	Jan-2014	120	116	Aug-2017	0.020101	Rupee (India)
India	New Delhi	Oct-2013	122	118	Aug-2017	0.020101	Rupee (India)
India	New Delhi	Oct-2013	124	120 (f)	Aug-2017	0.020101	Rupee (India)
Indonesia	Jakarta	Aug-2015	117	113	Oct-2017	0.000094	Rupiah
Iraq	Baghdad	100	Aug-2004	0.000824	Dinar (Iraq)
Ireland	Dublin	May-2016	110	115	Jun-2017	1.532341	Euro
Israel	Tel Aviv	Apr-2017	130	124	Sep-2017	0.359306	Shekel (Israel)
Italy	Rome	Sep-2017	127	127	Apr-2018	1.628109	Euro
Italy	Rome	Sep-2017	134	139 (f)	Apr-2018	1.628109	Euro
Jamaica	Kingston	Jun-2015	117	113	Aug-2017	0.010120	Dollar (Jamaica)
Japan	Nagoya	Sep-2014	165	160	May-2018	0.012054	Yen
Japan	Tokyo	Sep-2014	165	160	May-2018	0.012054	Yen
Jordan	Amman	Sep-2017	124	124	Feb-2018	1.791312	Dinar (Jordan)

Kazakhstan	Astana	Oct-2014	107	111	Apr-2018	0.004131	Tenge
Kenya	Nairobi	May-2014	127	131 (1)	Jun-2018	0.013094	Shilling (Kenya)
Korea, South	Seoul	Sep-2014	140	144	Apr-2018	0.001231	Won
Korea, South	Seoul	L	115	120 (e)	Apr-2018	0.001231	Won
Kuwait	Kuwait	Oct-2015	121	116	Aug-2017	4.277894	Dinar (Kuwait)
Laos	Vientiane	Jan-2016	105	99 (a)	Aug-2017	0.000157	Kip
Latvia	Riga	Oct-2017	101	111	Mar-2018	1.583799	Euro
Lebanon	Beirut	Feb-2015	121	126	Apr-2018	0.000880	Pound (Lebanon)
Libya	Tripoli	Oct-2008	124	131	Apr-2018	0.992272	Dinar (Libya)
Lithuania	Vilnius	Feb-2015	86	83 (a) (1)	Jun-2018	1.552119	Euro
Malaysia	Kuala Lumpur	May-2015	102	105	Feb-2018	0.320605	Ringgit (Malaysia)
Mali	Bamako	Jan-2015	110	114	Sep-2017	0.002291	Franc (C.F.A.)
Mexico	Guadalajara	L	98	94	Oct-2017	0.070266	Peso (Mexico)
Mexico	Mexico City	Jul-2015	98	94	Oct-2017	0.070266	Peso (Mexico)
Mexico	Monterrey	L	98	94	Oct-2017	0.070266	Peso (Mexico)
Mongolia	Ulaanbaatar	Apr-2014	96	100 (a)	Apr-2018	0.000551	Tugrik
Morocco	Rabat	Feb-2012	116	110	Sep-2016	0.140838	Dirham (Morocco)
Mozambique	Maputo	Aug-2017	108	111	Feb-2018	0.021532	Metical
Netherlands, The	The Hague	Oct-2015	116	120	Apr-2018	1.628109	Euro
New Zealand	Auckland	L	130	125	Oct-2017	0.908487	Dollar (New Zealand)
New Zealand	Wellington	Apr-2017	130	125	Oct-2017	0.908487	Dollar (New Zealand)
New Zealand	Wellington	Apr-2017	134	129 (f)	Oct-2017	0.908487	Dollar (New Zealand)
Nicaragua	Managua	Feb-2017	88	95 (a)	Sep-2017	0.042877	Cordoba, New
Nigeria	Abuja	Oct-2015	107	110	Apr-2018	0.003676	Naira
Nigeria	Lagos	Jan-2016	100	104	Apr-2018	0.003676	Naira
Norway	Oslo	Mar-2014	151	145 (1)	Jun-2018	0.162088	Krone (Norway)
Pakistan	Islamabad	Jul-2015	104	99	May-2018	0.011261	Rupee (Pakistan)
Panama	Panama City	Aug-2017	119	115	Dec-2017	1.301816	Balboa
Peru	Lima	Feb-2015	126	119	Aug-2017	0.402546	Nuevo Sol
Philippines	Manila	May-2017	104	105	Oct-2017	0.024497	Peso (Philippines)
Poland	Warsaw	Sep-2017	113	108 (1)	Jun-2018	0.365149	Zloty
Portugal	Lisbon	Aug-2017	125	126	Dec-2017	1.528337	Euro
Qatar	Doha	Mar-2014	117	112	Aug-2017	0.352475	Riyal (Qatar)
Romania	Bucharest	Nov-2014	94	99	Apr-2018	0.350524	Leu
Russia	Moscow	Jan-2015	145	136	May-2018	0.021486	Rouble (Russia)
Rwanda	Kigali	May-2015	114	109 (a)	Feb-2018	0.001483	Franc (Rwanda)
Saudi Arabia	Riyadh	Jan-2014	129	122	Aug-2017	0.345426	Riyal (Saudi Arabia)
Senegal	Dakar	Jan-2015	125	121	May-2018	0.002435	Franc (C.F.A.)
Serbia	Belgrade	Jun-2015	111	114	Mar-2018	0.013346	Dinar (Serbia)
Singapore	Singapore	Jun-2015	147	142	Jun-2016	0.963715	Dollar (Singapore)
Singapore	Singapore	Jun-2015	152	147 (f)	Jun-2016	0.963715	Dollar (Singapore)
Slovakia	Bratislava	Jul-2016	96	100 (a)	Mar-2018	1.583799	Euro
South Africa	Johannesburg	L	112	109	May-2018	0.107233	Rand
South Africa	Johannesburg	L	114	110 (f)	May-2018	0.107233	Rand

South Africa	Pretoria	Apr-2017	112	109	May-2018	0.107233	Rand
South Sudan	Juba	May-2011	120	124	May-2018	0.009705	Pound (South Sudan)
Spain	Barcelona	L	131	127 (1)	Jun-2018	1.559728	Euro
Spain	Madrid	Aug-2017	131	127 (1)	Jun-2018	1.559728	Euro
Sri Lanka	Colombo	May-2016	109	105	Sep-2017	0.008385	Rupee (Sri Lanka)
Sudan	Khartoum	Aug-2014	99	90 (1)	Jun-2018	0.045266	Pound (Sudan)
Sweden	Stockholm	Aug-2017	129	123	May-2018	0.153666	Krona (Sweden)
Switzerland	Bern	L	158	153	May-2018	1.340318	Franc (Switzerland)
Switzerland	Geneva	Oct-2017	158	153	May-2018	1.340318	Franc (Switzerland)
Switzerland	Geneva	Oct-2017	166	160 (f)	May-2018	1.340318	Franc (Switzerland)
Taiwan	Taipei	Oct-2015	125	121	May-2018	0.044150	Dollar (Taiwan)
Tanzania	Dar es Salaam	May-2014	116	110	Aug-2017	0.000580	Shilling (Tanzania)
Thailand	Bangkok	Oct-2015	122	126	Mar-2018	0.040726	Baht
Trinidad & Tobago	Port of Spain	Apr-2017	127	122	Aug-2017	0.193335	Dollar (Trinidad and Tobago)
Tunisia	Tunis	May-2014	86	89	Apr-2018	0.551032	Dinar (Tunisia)
Turkey	Ankara	Dec-2014	98	95 (1)	Jun-2018	0.297850	Lira
Turkey	Istanbul	Jan-2015	100	94 (1)	Jun-2018	0.297850	Lira
Ukraine	Kyiv	Aug-2014	94	100	Apr-2018	0.050100	Hryvna (Ukraine)
United Arab Emirates	Abu Dhabi	Apr-2016	120	127	Apr-2018	0.359597	Dirham (U.A.E.)
United Arab Emirates	Dubai	Apr-2016	123	127	Apr-2018	0.359597	Dirham (U.A.E.)
United Kingdom	Cheltenham	Sep-2015	118	124 (f)	Feb-2018	1.751107	Pound (United Kingdom)
United Kingdom	London	Oct-2015	122	128	Feb-2018	1.768275	Pound (United Kingdom)
United Kingdom	London	Oct-2015	124	130 (d)	Feb-2018	1.768275	Pound (United Kingdom)
United States of America	Atlanta	Nov-2012	123	118	Sep-2017	1.286317	Dollar (USA)
United States of America	Boston	Nov-2012	128	123	Aug-2017	1.295346	Dollar (USA)
United States of America	Chicago	Nov-2012	130	125	Aug-2017	1.295346	Dollar (USA)
United States of America	Dallas	Jun-2013	118	113	Aug-2017	1.295346	Dollar (USA)
United States of America	Denver	Sep-2013	121	115	Aug-2017	1.295346	Dollar (USA)
United States of America	Denver	Sep-2013	123	117 (f)	Aug-2017	1.295346	Dollar (USA)
United States of America	Detroit	Jun-2015	118	114	Aug-2017	1.295346	Dollar (USA)
United States of America	Houston	Jun-2013	119	115 (f)	Aug-2017	1.295346	Dollar (USA)
United States of America	Houston	Jun-2013	116	113	Aug-2017	1.295346	Dollar (USA)
United States of America	Los Angeles	Jun-2013	130	123	Aug-2017	1.295346	Dollar (USA)
United States of America	Miami	Nov-2017	121	120	Apr-2018	1.319722	Dollar (USA)
United States of America	Minneapolis	Jul-2013	120	114	Aug-2017	1.295346	Dollar (USA)
United States of America	New York City	Oct-2017	136	134	May-2018	1.297225	Dollar (USA)
United States of America	New York City	Oct-2017	141	140 (f)	May-2018	1.297225	Dollar (USA)
United States of America	Raleigh	Nov-2009	125	120 (f)	Sep-2017	1.286317	Dollar (USA)
United States of America	Raleigh-Durham	Nov-2009	123	119	Sep-2017	1.286317	Dollar (USA)
United States of America	San Diego	Jan-2015	128	122	Aug-2017	1.295346	Dollar (USA)
United States of America	San Francisco	Jun-2013	134	130	Aug-2017	1.295346	Dollar (USA)
United States of America	Seattle	Jun-2013	127	122	Aug-2017	1.295346	Dollar (USA)
United States of America	Washington D.C.	Nov-2017	120	119	Mar-2018	1.282531	Dollar (USA)
United States of America	Washington D.C.	Nov-2017	123	124 (f)	Mar-2018	1.282531	Dollar (USA)

Uruguay	Montevideo	Oct-2013	146	153	Apr-2018	0.046469	Peso (Uruguay)
Vatican City	Vatican	Sep-2017	127	127	Apr-2018	1.628109	Euro
Venezuela	Caracas	Jun-2017	90	95	Apr-2018	0.000032	Bolivar Fuerte
Vietnam	Hanoi	Apr-2017	119	114	Aug-2017	0.000057	Dong
Vietnam	Ho Chi Minh City	Apr-2017	118	114	Aug-2017	0.000057	Dong
West Bank and Gaza	Ramallah	L	130	124	Sep-2017	0.359306	Shekel (Israel)
Zambia	Lusaka	Jun-2014	98	94 (a) (1)	Jun-2018	0.131271	Kwacha (Zambia)
Zimbabwe	Harare	Jun-2014	114	118	Apr-2018	1.319722	Dollar (USA)

... not applicable

(1) Post Index has been updated or is new this month.

(2) Previously released Post Index has been revised.

L Where no Survey Date is shown, the Post Index is linked to another Post Index where a survey has been carried out.

(a) - Based on U.S. Department of State surveys; does not include access to duty-free purchases.

(b) - Based on United Nations surveys; does not include access to duty-free purchases.

(c) - Index for personnel who do not have U.S. military facility privileges.

(d) - Index for personnel who do not have access to duty-free gasoline.

(e) - Index for civilian personnel who have U.S. military facility privileges.

(f) - Index for personnel who do not have diplomatic privileges.

(g) - Index for personnel who are provided rations and quarters, a meal allowance or a third-party subsistence allowance.

(h) - Index for personnel who do not have retail tax-free privileges.

(i) - Index for personnel who purchase rations from a military establishment.



Persons Working Under TAHS Provisions Post Indexes

All indexes are non-diplomatic

(Ottawa = 100)

Post indexes in bold were updated or are new in June 2018.

See monthly release notes for information on this month's released Indexes and revisions to previously released Indexes.

Country	Post	Survey date	Previous index	Current index	Effective date	Exchange rate CAN\$	Currency
Afghanistan	Kabul	100	Oct-2005	0.026444	Afghani
Afghanistan	Kandahar	100	Dec-2006	0.022927	Afghani
Bangladesh	Dhaka	Nov-2013	129	134	Dec-2017	0.016273	Taka
Benin	Cotonou	Dec-2012	108	103 (a) (1)	Jun-2018	0.002336	Franc (C.F.A.)
Bolivia	La Paz	Jun-2017	124	97 (a)	May-2018	0.189376	Boliviano
Bolivia	Santa Cruz	L	124	97 (a)	May-2018	0.189376	Boliviano
Burkina Faso	Ouagadougou	Jan-2018	126	129 (1)	Jun-2018	0.002336	Franc (C.F.A.)
China	Beijing	Jan-2015	130	137	Apr-2018	0.208661	Yuan Renminbi
Colombia	Bogota	Aug-2017	106	111	Mar-2018	0.000452	Peso (Colombia)
Congo, Democratic Republic of	Kinshasa	Apr-2013	166	175	Nov-2017	0.000813	Franc (Congo)
Cuba	Havana	Apr-2014	129	124	Apr-2016	1.457217	Convertible Peso (Cuba)
Egypt	Cairo	Aug-2015	92	95	Dec-2017	0.073820	Pound (Egypt)
El Salvador	San Salvador	Nov-2016	110	95 (a)	Sep-2017	1.286317	Dollar (USA)
Ethiopia	Addis Ababa	Apr-2013	129	120	Dec-2017	0.048524	Birr
Ghana	Accra	Oct-2015	115	110	Aug-2017	0.299119	Cedi
Ghana	Tamale	Oct-2015	115	110	Aug-2017	0.299119	Cedi
Guatemala	Guatemala City	Aug-2017	144	120	Jan-2018	0.177882	Quetzal
Haiti	Port-au-Prince	L	138	125 (1)	Jun-2018	0.020705	Gourde
Haiti	St. Marc	L	138	125 (1)	Jun-2018	0.020705	Gourde
Honduras	Tegucigalpa	Apr-2017	94	111	Aug-2017	0.055121	Lempira
Indonesia	Jakarta	Aug-2015	117	113	Oct-2017	0.000094	Rupiah
Israel	Tel Aviv	Apr-2017	145	138	Sep-2017	0.359306	Shekel (Israel)
Jordan	Amman	Sep-2017	132	127	Feb-2018	1.791312	Dinar (Jordan)
Kenya	Nairobi	May-2014	128	132 (1)	Jun-2018	0.013094	Shilling (Kenya)
Mali	Bamako	Jan-2015	112	116	Sep-2017	0.002291	Franc (C.F.A.)
Morocco	Rabat	Feb-2012	120	114	Sep-2016	0.140838	Dirham (Morocco)
Mozambique	Maputo	L	108	111	Feb-2018	0.021532	Metical

Mozambique	Vilankulos	L	108	111	Feb-2018	0.021532	Metical
Nicaragua	Managua	Feb-2017	88	95 (a)	Sep-2017	0.042877	Cordoba, New
Nigeria	Abuja	Oct-2015	107	110	Apr-2018	0.003676	Naira
Nigeria	Bauchi	L	100	104	Apr-2018	0.003676	Naira
Nigeria	Calabar	L	100	104	Apr-2018	0.003676	Naira
Nigeria	Lagos	Jan-2016	100	104	Apr-2018	0.003676	Naira
Pakistan	Lahore	L	105	99	May-2018	0.011261	Rupee (Pakistan)
Pakistan	Pakistan Other	Jul-2015	105	99	May-2018	0.011261	Rupee (Pakistan)
Panama	Panama City	Aug-2017	120	116	Dec-2017	1.301816	Balboa
Peru	Lima	Feb-2015	126	119	Aug-2017	0.402546	Nuevo Sol
Philippines	Manila	May-2017	107	108	Oct-2017	0.024497	Peso (Philippines)
Senegal	Dakar	Jan-2015	126	122	May-2018	0.002435	Franc (C.F.A.)
Senegal	Kolda	L	126	122	May-2018	0.002435	Franc (C.F.A.)
Senegal	Thies	L	126	122	May-2018	0.002435	Franc (C.F.A.)
South Africa	Pretoria	Apr-2017	114	110	May-2018	0.107233	Rand
South Sudan	Juba	L	120	124	May-2018	0.009705	Pound (South Sudan)
Sri Lanka	Colombo	May-2016	112	108	Sep-2017	0.008385	Rupee (Sri Lanka)
Sudan	Khartoum	Aug-2014	99	90 (1)	Jun-2018	0.045266	Pound (Sudan)
Tanzania	Dar es Salaam	May-2014	116	110	Aug-2017	0.000580	Shilling (Tanzania)
Tanzania	Tanzania Other	L	116	110	Aug-2017	0.000580	Shilling (Tanzania)
Trinidad & Tobago	Port of Spain	Apr-2017	131	126	Aug-2017	0.193335	Dollar (Trinidad and Tobago)
Tunisia	Tunis	May-2014	87	90	Apr-2018	0.551032	Dinar (Tunisia)
Uganda	Kampala	Feb-2017	97	91 (a)	May-2018	0.000353	Shilling
Ukraine	Kyiv	Aug-2014	96	103	Apr-2018	0.050100	Hryvna (Ukraine)
Vietnam	Hanoi	Apr-2017	120	114	Aug-2017	0.000057	Dong
West Bank and Gaza	Gaza City	L	145	138	Sep-2017	0.359306	Shekel (Israel)
West Bank and Gaza	Ramallah	L	145	138	Sep-2017	0.359306	Shekel (Israel)
Zambia	Lusaka	L	98	94 (a) (1)	Jun-2018	0.131271	Kwacha (Zambia)
Zimbabwe	Harare	Jun-2014	125	129	Apr-2018	1.319722	Dollar (USA)

... not applicable

(1) Post Index has been updated or is new this month.

(2) Previously released Post Index has been revised.

L Where no Survey Date is shown, the Post Index is linked to another Post Index where a survey has been carried out.

(a) - Based on U.S. Department of State surveys; does not include access to duty-free purchases.



Canadian Forces Post Indexes

(Ottawa = 100)

Post indexes in bold were updated or are new in June 2018.

See monthly release notes for information on this month's released Indexes and revisions to previously released Indexes.

Code	Country	Post	Survey date	Post Index	Effective date	Exchange rate CAN\$	Currency
AA99	World	Assignments (No Post Index)	...	100	Nov-2006
AF02	Afghanistan	Kabul	...	95 (g)	Jul-2003
AF03	Afghanistan	Kabul	L	100	Jul-2003
AL01	Algeria	Algiers	Dec-2014	107	Aug-2017	0.011950	Dinar (Algeria)
AR10	United Arab Emirates	Abu Dhabi	Apr-2016	127	Apr-2018	0.359597	Dirham (U.A.E.)
AR11	United Arab Emirates	Abu Dhabi	Apr-2016	100 (g)	Sep-2016	0.360867	Dirham (U.A.E.)
AT01	Australia	Canberra	L	131 (f)	May-2018	0.997732	Dollar (Australia)
AT02	Australia	Canberra	L	126	May-2018	0.997732	Dollar (Australia)
AT05	Australia	Perth	L	131 (f)	May-2018	0.997732	Dollar (Australia)
AT06	Australia	Adelaide	L	131 (f)	May-2018	0.997732	Dollar (Australia)
AT07	Australia	Brisbane	Apr-2017	136 (f)	May-2018	0.997732	Dollar (Australia)
AT08	Australia	Sydney	L	136	May-2018	0.997732	Dollar (Australia)
AT11	Australia	Cabarlah	L	131	May-2018	0.997732	Dollar (Australia)
AT12	Australia	Canungra	L	131	May-2018	0.997732	Dollar (Australia)
AT99	Australia	Australia Other	Apr-2017	131 (f)	May-2018	0.997732	Dollar (Australia)
AU02	Austria	Vienna	Oct-2017	132	Feb-2018	1.546281	Euro
BA02	Bangladesh	Dhaka	L	129	Dec-2017	0.016273	Taka
BE01	Belgium	Brussels	Aug-2015	131	Jan-2018	1.516750	Euro (DND semi- monthly)
BE03	Belgium	Casteau	Aug-2015	120	Jan-2018	1.516750	Euro (DND semi- monthly)
BE15	Belgium	Brussels	Aug-2015	139 (d)	Jan-2018	1.516750	Euro (DND semi- monthly)

BE16	Belgium	Brussels	Aug-2015	131	Jan-2018	1.516750	Euro (DND semi-monthly)
BE17	Belgium	Brussels	Aug-2015	131	Jan-2018	1.516750	Euro (DND semi-monthly)
BR03	Brazil	Brasilia	Mar-2015	122	May-2018	0.380685	Real
BR05	Brazil	Rio de Janeiro	L	123	May-2018	0.380685	Real
CE01	Chile	Santiago	Feb-2015	119	Mar-2018	0.002130	Peso (Chile)
CE03	Chile	Valparaiso	L	119 (g)	Mar-2018	0.002130	Peso (Chile)
CG01	Congo, Democratic Republic of	Kinshasa	Apr-2013	175	Nov-2017	0.000813	Franc (Congo)
CH02	China	Beijing	Jan-2015	132	Apr-2018	0.208661	Yuan Renminbi
CL01	Colombia	Bogota	Aug-2017	106	Mar-2018	0.000452	Peso (Colombia)
CU01	Cuba	Havana	Apr-2014	123	Apr-2016	1.457217	Convertible Peso (Cuba)
EG02	Egypt	Cairo	Aug-2015	96	Dec-2017	0.073820	Pound (Egypt)
ES02	Estonia	Tartu	Jul-2015	120 (a)	Apr-2018	1.612773	Euro (DND semi-monthly)
ES04	Estonia	Tallin	Jul-2015	115 (a) (1)	Jun-2018	1.552119	Euro
ET02	Ethiopia	Addis Ababa	L	117	Dec-2017	0.048524	Birr
FR02	France	Paris	Apr-2017	148 (d)	Apr-2018	1.581150	Euro (DND semi-monthly)
FR03	France	Paris	Apr-2017	135	Apr-2018	1.581150	Euro (DND semi-monthly)
FR05	France	Toulon	L	127 (1)	Jun-2018	1.552119	Euro
FR21	France	Lille	L	127 (1)	Jun-2018	1.552119	Euro
FR23	France	Lyon	L	141 (d)	Apr-2018	1.581150	Euro (DND semi-monthly)
FR27	France	Phalsbourg, France	Apr-2017	135	Apr-2018	1.581150	Euro (DND semi-monthly)
FR28	France	Besançon, France	L	128	Apr-2018	1.581150	Euro (DND semi-monthly)
GC01	Greece	Athens	Nov-2014	118	Jun-2017	1.532341	Euro
GE06	Germany	Hamburg	Aug-2015	121 (c)	Apr-2018	1.581150	Euro (DND semi-monthly)
GE13	Germany	Ramstein	Aug-2015	105	Jun-2017	1.489500	Euro (DND semi-monthly)
GE16	Germany	Stuttgart	L	105	Jun-2017	1.489500	Euro (DND semi-monthly)
GE23	Germany	Oberammergau	Aug-2015	105	Jun-2017	1.489500	Euro (DND semi-monthly)

GE24	Germany	Munich	L	127 (c)	Apr-2018	1.581150	Euro (DND semi-monthly)
GE30	Germany	Geilenkirchen	Aug-2015	108	Apr-2018	1.581150	Euro (DND semi-monthly)
GE67	Germany	Berlin	L	119 (c) (1)	Jun-2018	1.542350	Euro
GE69	Germany	Kalkar	Jul-2012	113	Apr-2018	1.581150	Euro (DND semi-monthly)
GE75	Germany	Wiesbaden	L	105	Jun-2017	1.489500	Euro (DND semi-monthly)
GE80	Germany	Wesel	Aug-2015	113	Apr-2018	1.581150	Euro (DND semi-monthly)
GH01	Ghana	Accra	Oct-2015	110	Aug-2017	0.299119	Cedi
GR01	Greenland	Thule	...	80	Dec-1994	1.340000	Dollar (USA, DND semi-monthly)
HA02	Haiti	Port-au-Prince	Nov-2017	125 (1)	Jun-2018	0.020705	Gourde
HA03	Haiti	Haiti	Nov-2017	99 (g) (1)	Jun-2018	0.020299	Gourde
IC01	Iceland	OP REASSURANCE, Keflavik	Jan-2015	99 (g)	Jul-2017	0.013614	Krona (Iceland)
IN02	India	New Delhi	Oct-2013	118	Aug-2017	0.020101	Rupee (India)
IN04	Indonesia	Jakarta	Aug-2015	113 (f)	Oct-2017	0.000094	Rupiah
IS02	Israel	Tel Aviv	Apr-2017	124	Sep-2017	0.359306	Shekel (Israel)
IT03	Italy	Rome	Sep-2017	126	Apr-2018	1.581150	Euro (DND semi-monthly)
IT04	Italy	Rome	Sep-2017	127	Apr-2018	1.628109	Euro
IT05	Italy	Rome	Sep-2017	108 (g)	Apr-2018	1.581150	Euro (DND semi-monthly)
IT09	Italy	Naples	Nov-2017	113	Apr-2018	1.581150	Euro (DND semi-monthly)
IT13	Italy	Poggio	L	125	Apr-2018	1.581150	Euro (DND semi-monthly)
IT14	Italy	Sigonella	Nov-2017	114	Apr-2018	1.581150	Euro (DND semi-monthly)
JA02	Japan	Tokyo	Sep-2014	160 (c)	May-2018	0.012054	Yen
JA05	Japan	Tokyo	Sep-2014	160 (c)	May-2018	0.012054	Yen
JM02	Jamaica	Kingston	L	113	Aug-2017	0.010120	Dollar (Jamaica)
JO01	Jordan	Amman	Sep-2017	124	Feb-2018	1.791312	Dinar (Jordan)
KE01	Kenya	Nairobi	May-2014	131 (1)	Jun-2018	0.013094	Shilling (Kenya)
KU01	Kuwait	Kuwait City	Oct-2015	116	Aug-2017	4.277894	Dinar (Kuwait)
LE02	Lebanon	Beirut	Feb-2015	126	Apr-2018	0.000880	Pound (Lebanon)
LT01	Lithuania	Vilnius	L	83 (a) (1)	Jun-2018	1.552119	Euro

LUX1	Luxembourg	Luxembourg City	L	138	Jan-2018	1.516750	Euro (DND semi-monthly)
LV02	Latvia	Riga (unaccompanied with meals)	Oct-2017	96 (g)	Mar-2018	1.583799	Euro
LV03	Latvia	Riga (no meals)	Oct-2017	119	Mar-2018	1.574166	Euro (DND semi-monthly)
MA03	Mali	Bamako	Jan-2015	116	Sep-2017	0.002291	Franc (C.F.A.)
MA06	Malaysia	Kuala Lumpur, Malaysia	May-2015	105	Feb-2018	0.320605	Ringgit (Malaysia)
ME01	Mexico	Mexico City	Jul-2015	94	Oct-2017	0.070266	Peso (Mexico)
MO02	Morocco	Rabat	L	110	Sep-2016	0.140838	Dirham (Morocco)
NE01	Netherlands, The	Brunssum	Aug-2015	113	Jun-2017	1.489500	Euro (DND semi-monthly)
NE02	Netherlands, The	The Hague	Oct-2015	120	Apr-2018	1.628109	Euro
NE07	Netherlands, The	Eindhoven	Aug-2015	113	Jun-2017	1.489500	Euro (DND semi-monthly)
NG05	Nigeria	Abuja	Oct-2015	110	Apr-2018	0.003676	Naira
NG06	Nigeria	Lagos	Jan-2016	104	Apr-2018	0.003676	Naira
NR05	Norway	Stavanger	Jul-2012	134	Sep-2016	0.155450	Krone (Norway, DND monthly)
NZ02	New Zealand	Trentham	Apr-2017	129	Oct-2017	0.908487	Dollar (New Zealand)
OP06	Israel	OP JADE, Tiberias/Golan Heights	Apr-2017	110 (g)	Jun-2017	0.382842	Shekel (Israel)
OP13	Congo, Democratic Republic of	OP CROCODILE, Kinshasa	Apr-2013	116 (g)	Jan-2016	0.001519	Franc (Congo)
OP16	Egypt	OP CALUMET, El Gorah	Aug-2015	93 (g)	Jan-2017	0.075107	Pound (Egypt)
OP20	Lebanon	OP JADE, Tyre	Feb-2015	102 (g)	May-2016	0.000872	Pound (Lebanon)
OP23	Afghanistan	OP ADDENDA, Kabul	...	95 (g)	Aug-2003
OP31	Congo, Democratic Republic of	OP CROCODILE, Goma	Apr-2013	106 (g)	Mar-2015	0.001399	Franc (Congo)
OP33	Kuwait	OP IMPACT, Kuwait	L	98 (g)	May-2016	4.332320	Dinar (Kuwait)
OP34	Qatar	OP IMPACT, Al Udeid	L	97 (g)	Aug-2014	0.300687	Riyal (Qatar)
OP35	Iraq	OP IMPACT, Baghdad	...	100	May-2016
OP36	Iraq	OP IMPACT, Erbil	L	100	Aug-2016
OP38	Poland	OP REASSURANCE, Drawsko Pomorskie	Sep-2017	97 (g)	Jan-2018	0.366256	Zloty
OP40	Italy	OP REASSURANCE, Naples	Nov-2017	105 (g)	Apr-2018	1.581150	Euro (DND semi-monthly)
OP41	Latvia	OP REASSURANCE, Riga	Oct-2017	96 (g)	Mar-2018	1.583799	Euro
OP53	Israel	OP PROTEUS, Jerusalem	Apr-2017	110 (g)	Jun-2017	0.382842	Shekel (Israel)

OP54	Bahrain	OP FOUNDATION, Bahrain	Jun-2015	100 (g)	Jun-2016	3.501575	Dinar (Bahrain)
OP67	Sudan	OP SAFARI, Sudan	Aug-2014	93 (g)	Mar-2018	0.050295	Pound (Sudan)
OP70	Cyprus	OP LION, Cyprus	Sep-2014	96 (g)	Dec-2015	1.452031	Euro
OP76	Kosovo	OP KOBOLD	Feb-2003	98 (g)	Dec-2008	1.575000	Euro (DND semi-monthly)
OP80	Qatar	OP FOUNDATION, Doha	Mar-2014	97 (g)	Aug-2014	0.300687	Riyal (Qatar)
OP91	World	HMCS OPS	...	95	Mar-2011
OP95	Jordan	OP FOUNDATION	Sep-2017	98 (g)	Feb-2018	1.791312	Dinar (Jordan)
OP96	Djibouti	OP FOUNDATION (unaccompanied)	Feb-2014	101 (g)	Dec-2015	0.007653	Franc (Djibouti)
OP99	World	Operations Other	...	100	Feb-2014
OPA1	Ukraine	OP UNIFER, Kremenets Pololskiy	Aug-2014	94 (g)	Mar-2016	0.054833	Hryvna (Ukraine)
OPA2	Ukraine	OP UNIFER, Yavoriv	L	94 (g)	Mar-2016	0.054833	Hryvna (Ukraine)
OS07	Germany	OP SP HUB Köln (unaccompanied with meals)	Aug-2015	103 (g)	Oct-2016	1.499837	Euro
OS08	Germany	SUP HUB Köln	Aug-2015	121 (c)	Apr-2018	1.581150	Euro (DND semi-monthly)
OS09	Kuwait	OP SUB HUB, Kuwait City	Oct-2015	98 (g)	May-2016	4.332320	Dinar (Kuwait)
PA02	Pakistan	Islamabad	Jul-2015	99	May-2018	0.011261	Rupee (Pakistan)
PA03	Pakistan	Quetta	Jul-2015	99	May-2018	0.011261	Rupee (Pakistan)
PE01	Peru	Lima	Feb-2015	119	Aug-2017	0.402546	Nuevo Sol
PH01	Philippines	Manila	May-2017	106 (d)	Oct-2017	0.024497	Peso (Philippines)
PL02	Poland	Warsaw	Sep-2017	108 (1)	Jun-2018	0.365149	Zloty
PL03	Poland	Bydgoszcz	Sep-2017	106 (g)	Apr-2018	0.376789	Zloty (DND semi-monthly)
PL04	Poland	Szczecin, Poland	Sep-2017	106 (1)	Jun-2018	0.362382	Zloty (DND semi-monthly)
PL05	Poland	Elblag	Sep-2017	102 (g)	Jan-2018	0.352100	Zloty (DND semi-monthly)
RO02	Romania	Bucharest, Romania	Nov-2014	99	Apr-2018	0.350524	Leu
RO03	Romania	Craiova, Romania	Nov-2014	101 (c)	Apr-2018	0.339392	Leu (DND semi-monthly)
RU02	Russia	Moscow	Jan-2015	136	May-2018	0.021486	Rouble (Russia)
SA01	Saudi Arabia	Riyadh	Jan-2014	122	Aug-2017	0.345426	Riyal (Saudi Arabia)
SA21	South Africa	Pretoria	Apr-2017	109	May-2018	0.107233	Rand
SE01	Senegal	Dakar	Jan-2015	121 (c)	May-2018	0.002435	Franc (C.F.A.)
SE99	World	Personnel on S. E.	...	95 (g)	Oct-2000
SI03	Singapore	Singapore	Jun-2015	142	Jun-2016	0.963715	Dollar (Singapore)

SK01	Korea, South	Seoul	Sep-2014	123	Apr-2018	0.001231	Won
SK04	Korea, South	Taejon	Sep-2014	155 (c)	Apr-2018	0.001231	Won
SL01	Sri Lanka	Colombo	May-2016	105	Sep-2017	0.008385	Rupee (Sri Lanka)
SP03	Spain	Madrid	Aug-2017	127 (1)	Jun-2018	1.559728	Euro
SS01	Sudan	Khartoum, accompanied - MSGU	Aug-2014	90 (1)	Jun-2018	0.045266	Pound (Sudan)
SW02	Sweden	Stockholm, Sweden	Aug-2017	133 (f)	May-2018	0.152300	Krona (SWE, DND semi-monthly)
TH01	Thailand	Bangkok	Oct-2015	126	Mar-2018	0.040726	Baht
TN01	Tunisia	Tunis	May-2014	89	Apr-2018	0.551032	Dinar (Tunisia)
TU02	Turkey	Ankara	Dec-2014	95	May-2018	0.318782	Lira
TU04	Turkey	Izmir	Jan-2015	96	May-2018	0.311256	Lira (US \$ Rate, DND monthly)
TU05	Turkey	Istanbul	Jan-2015	96 (f)	May-2018	0.311256	Lira (US \$ Rate, DND monthly)
UA03	United States of America	Beale, California	Jun-2013	132	Apr-2018	1.284200	Dollar (USA, DND semi-monthly)
UA05	United States of America	Edwards, California	Jan-2015	113	Mar-2018	1.246400	Dollar (USA, DND semi-monthly)
UA07	United States of America	Monterey, California	Jan-2008	124	Apr-2018	1.284200	Dollar (USA, DND semi-monthly)
UA08	United States of America	San Diego, California	Jan-2015	113	Mar-2018	1.246400	Dollar (USA, DND semi-monthly)
UA10	United States of America	Whidbey Island, Washington	Jun-2013	107	Oct-2017	1.240150	Dollar (USA, DND semi-monthly)
UA11	United States of America	Seattle / Tacoma (McChord), Washington	Jun-2013	115	Oct-2017	1.240150	Dollar (USA, DND semi-monthly)
UA13	United States of America	Los Angeles, California	Jun-2013	126 (c)	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UA16	United States of America	Vandenberg, California	Jul-2013	118	Mar-2018	1.246400	Dollar (USA, DND semi-monthly)
UA20	United States of America	Mojave, California (Test Pilot School)	Jan-2015	113	Mar-2018	1.246400	Dollar (USA, DND semi-monthly)
UA22	United States of America	McChord, (Seattle Residency)	Jun-2013	120	Oct-2017	1.240150	Dollar (USA, DND semi-monthly)
UA23	United States of America	Las Vegas, Nevada	L	126 (c)	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UA25	United States of America	Creech, Nevada	L	118	Mar-2018	1.246400	Dollar (USA, DND semi-monthly)
UA26	United States of America	Twentynine Palms	L	113	Mar-2018	1.246400	Dollar (USA, DND semi-monthly)

UA27	United States of America	Lemoore, California	L	113	Mar-2018	1.246400	Dollar (USA, DND semi-monthly)
UB01	United States of America	Colorado Springs, Colorado	Sep-2017	124 (1)	Jun-2018	1.281600	Dollar (USA, DND semi-monthly)
UB04	United States of America	Buckley (Denver), Colorado	May-2014	117	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UB06	United States of America	Albuquerque, New Mexico	L	124 (1)	Jun-2018	1.281600	Dollar (USA, DND semi-monthly)
UC01	United States of America	Fort Bliss, Texas	L	112	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UC02	United States of America	Cavalier, North Dakota	Jun-2013	113 (c)	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UC04	United States of America	San Antonio, Texas	Jan-2015	108	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UC06	United States of America	Houston, Texas, Johnson Space Center	Jun-2013	114 (c)	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UC07	United States of America	Fort Hood, Fort Worth, Sheppard, Wichita Falls	L	112	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UC08	United States of America	University of Texas (San Antonio), Randolph, Medina, Universal City	Jan-2015	108	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UC09	United States of America	Fort Sill, Tinker, Oklahoma	Jun-2013	112	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UD01	United States of America	Fort Leavenworth, Kansas	Feb-2015	106	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UD03	United States of America	St. Louis, Missouri, Fort Leonard Wood, Missouri, Scott, Elleville, Illinois	Jan-2015	111	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UD04	United States of America	Omaha, Nebraska	L	106	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UE01	United States of America	Dayton, Ohio, Wright-Patterson, Ohio	Nov-2012	115	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UE03	United States of America	Warren, Michigan	Jun-2015	111	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UF01	United States of America	Maryland: Aberdeen, Annapolis, Carderock, Fort Meade, Indian Head, Patuxent River, University of Maryland Virginia: Alexandria, Andrews, Arlington, Crystal City, Falls Church, Quantico, D.C.: Bolling, Washington	Oct-2017	118	May-2018	1.274900	Dollar (USA, DND semi-monthly)
UF02	United States of America	Washington, D. C.	Nov-2017	119 (c)	Mar-2018	1.282531	Dollar (USA)
UF03	United States of America	Cherry Point, Pope	Feb-2015	111	Sep-2017	1.257600	Dollar (USA, DND semi-monthly)
UF08	United States of America	Chesapeake, Dam Neck, Fort Lee, Fort Monroe, Hampton, Langley, Norfolk, Yorkton	Nov-2012	113	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)

UF09	United States of America	Fayetteville, Fort Bragg, North Carolina	Feb-2015	111	Sep-2017	1.257600	Dollar (USA, DND semi-monthly)
UF15	United States of America	Maryland: Aberdeen, Annapolis, Carderock, Fort Meade, Indian Head, Patuxent River, University of Maryland Virginia: Alexandria, Andrews, Arlington, Crystal City, Falls Church, Quantico, D.C.: Bolling, Washington	Oct-2017	121 (f)	May-2018	1.274900	Dollar (USA, DND semi-monthly)
UG01	United States of America	Eglin, Tyndall	Dec-2012	114	Dec-2017	1.278500	Dollar (USA, DND semi-monthly)
UG02	United States of America	Beaufort Falls	Dec-2012	114 (c)	Dec-2017	1.278500	Dollar (USA, DND semi-monthly)
UG05	United States of America	Fort Benning, Georgia	L	114	Dec-2017	1.278500	Dollar (USA, DND semi-monthly)
UG06	United States of America	Fort Gordon, Fort McPherson, Fort Stewart	L	114	Dec-2017	1.278500	Dollar (USA, DND semi-monthly)
UG07	United States of America	Mississippi	L	114	Dec-2017	1.278500	Dollar (USA, DND semi-monthly)
UG08	United States of America	Gainesville, Florida (University of Florida)	Dec-2012	113 (c)	Dec-2017	1.278500	Dollar (USA, DND semi-monthly)
UG09	United States of America	Fort Rucker, Alabama	L	114	Dec-2017	1.278500	Dollar (USA, DND semi-monthly)
UG10	United States of America	Jacksonville, Florida	L	114	Dec-2017	1.278500	Dollar (USA, DND semi-monthly)
UG11	United States of America	Maxwell, Montgomery, Alabama	L	114	Dec-2017	1.278500	Dollar (USA, DND semi-monthly)
UG12	United States of America	Daytona Beach	L	114 (c)	Dec-2017	1.278500	Dollar (USA, DND semi-monthly)
UG13	United States of America	University of Tennessee	L	114	Dec-2017	1.278500	Dollar (USA, DND semi-monthly)
UG14	United States of America	MacDill, Tampa	L	114	Dec-2017	1.278500	Dollar (USA, DND semi-monthly)
UG17	United States of America	West Palm Beach, Florida	Nov-2017	123	Apr-2018	1.284200	Dollar (USA, DND semi-monthly)
UG21	United States of America	Robins, Georgia	L	114	Dec-2017	1.278500	Dollar (USA, DND semi-monthly)
UG22	United States of America	Miami	Nov-2017	123	Apr-2018	1.284200	Dollar (USA, DND semi-monthly)
UG25	United States of America	Little Rock, Arkansas	L	114	Dec-2017	1.278500	Dollar (USA, DND semi-monthly)
UG26	United States of America	Huntsville, Alabama	L	114	Dec-2017	1.278500	Dollar (USA, DND semi-monthly)
UG30	United States of America	KEY WEST FLORIDA	Aug-2014	122	Dec-2017	1.301816	Dollar (USA)
UH02	United States of America	New York City	Oct-2017	130	May-2018	1.274900	Dollar (USA, DND semi-monthly)

UH03	United States of America	Cape Cod, Hanscom	Nov-2012	120	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UH06	United States of America	Carlisle, Pennsylvania	L	113	Mar-2018	1.246400	Dollar (USA, DND semi-monthly)
UH08	United States of America	Philadelphia, Warminster	L	121 (f)	May-2018	1.274900	Dollar (USA, DND semi-monthly)
UH11	United States of America	Rome, New York	Nov-2017	113	Mar-2018	1.246400	Dollar (USA, DND semi-monthly)
UH16	United States of America	Stratford, Connecticut	Nov-2009	127 (c)	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UH22	United States of America	New York City (No VAT Rebates)	Oct-2017	136 (f)	May-2018	1.274900	Dollar (USA, DND semi-monthly)
UJ02	United States of America	Picatinny Arsenal, New Jersey	L	121 (f)	May-2018	1.274900	Dollar (USA, DND semi-monthly)
UJ04	United States of America	Rutgers University, New Jersey	L	121 (f)	May-2018	1.274900	Dollar (USA, DND semi-monthly)
UK12	United Kingdom	Inside the M25 (No VAT Rebates)	Sep-2015	118 (h)	Feb-2018	1.702250	Pound (U.K., DND)
UK13	United Kingdom	Outside the M25 (VAT Rebates)	Sep-2015	110	Feb-2018	1.702250	Pound (U.K., DND)
UK15	United Kingdom	Standing Naval Force Atlantic (STANAVFORLANT)	...	95	Dec-1999
UK18	United Kingdom	Inside the M25 (VAT Rebates)	Sep-2015	115	Feb-2018	1.702250	Pound (U.K., DND)
UN99	World	United Nations Missions	...	50 (g)	Mar-2000
UO01	United States of America	Elmendorf, Alaska	Jun-2013	121	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UO03	United States of America	Honolulu, Hawaii	Jun-2013	120	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UO05	United States of America	Clear, Alaska	Jun-2013	102 (g)	May-2016	1.291430	Dollar (USA, DND semi-monthly)
UO08	United States of America	Eielson	L	121	Aug-2017	1.287900	Dollar (USA, DND semi-monthly)
UR01	Ukraine	Kyiv	Aug-2014	100	Apr-2018	0.050100	Hryvna (Ukraine)
USA2	United States of America	Pensacola, Florida	Dec-2012	114 (f)	Dec-2017	1.278500	Dollar (USA, DND semi-monthly)
VE01	Venezuela	Caracas	Jun-2017	95	Apr-2018	0.000032	Bolivar Fuerte
WB01	West Bank and Gaza	Ramallah	L	138	Sep-2017	0.359306	Shekel (Israel)
YU02	Serbia	Belgrade	Jun-2015	114	Mar-2018	0.013346	Dinar (Serbia)
ZZ01	Belgium	Casteau	Aug-2015	121 (1)	Jun-2018	1.552119	Euro
ZZ03	Netherlands, The	Brunssum	Aug-2015	115	Apr-2018	1.596185	Euro
ZZ09	Haiti	Port-au-Prince	Nov-2017	101 (g) (1)	Jun-2018	0.020299	Gourde

ZZ10	Haiti	Regions of Haiti	L	101 (g) (1)	Jun-2018	0.020299	Gourde
ZZ17	West Bank and Gaza	Palestinian Territories	L	110 (g)	Jun-2017	0.382842	Shekel (Israel)
ZZ18	Afghanistan	Kabul	Aug-2013	100	Apr-2011
ZZ30	Ukraine	Kyiv	L	94 (g)	Mar-2016	0.054833	Hryvna (Ukraine)
ZZ31	Cambodia	Phnom Penh	Feb-2016	96 (g)	Jun-2017	0.000338	Riel

... not applicable

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(a) - Based on U.S. Department of State surveys; does not include access to duty-free purchases.

(b) - Based on United Nations surveys; does not include access to duty-free purchases.

(c) - Index for personnel who do not have U.S. military facility privileges.

(d) - Index for personnel who do not have access to duty-free gasoline.

(e) - Index for civilian personnel who have U.S. military facility privileges.

(f) - Index for personnel who do not have diplomatic privileges.

(g) - Index for personnel who are provided rations and quarters, a meal allowance or a third-party subsistence allowance.

(h) - Index for personnel who do not have retail tax-free privileges.

(i) - Index for personnel who purchase rations from a military establishment.



Private Sector Post Indexes

All indexes are non-diplomatic

(Ottawa = 100)

Post indexes in bold were updated or are new in June 2018.

See monthly release notes for information on this month's released indexes and revisions to previously released indexes.

Country	Post	Survey date	Previous index	Current index	Effective date	Exchange rate CAN\$	Currency
Afghanistan	Kabul	100	Oct-2005	0.026444	Afghani
Afghanistan	Kandahar	100	Dec-2006	0.022927	Afghani
Australia	Adelaide	L	135	131	May-2018	0.997732	Dollar (Australia)
Australia	Brisbane	Apr-2017	141	136	May-2018	0.997732	Dollar (Australia)
Australia	Canberra	Apr-2017	135	131	May-2018	0.997732	Dollar (Australia)
Australia	Other Australia	Apr-2017	135	131	May-2018	0.997732	Dollar (Australia)
Australia	Perth	L	135	131	May-2018	0.997732	Dollar (Australia)
Australia	Sydney	Apr-2017	141	136	May-2018	0.997732	Dollar (Australia)
Bangladesh	Dhaka	Nov-2013	129	134	Dec-2017	0.016273	Taka
Benin	Cotonou	Dec-2012	108	103 (a) (1)	Jun-2018	0.002336	Franc (C.F.A.)
Bolivia	La Paz	Jul-2017	124	97 (a)	May-2018	0.189376	Boliviano
Bolivia	Santa Cruz	L	124	97 (a)	May-2018	0.189376	Boliviano
Brunei Darussalam	Bandar Seri Begawan	Aug-2017	113	90	May-2018	0.985234	Dollar (Brunei)
Burkina Faso	Ouagadougou	Jan-2018	126	129 (1)	Jun-2018	0.002336	Franc (C.F.A.)
Burma (Myanmar)	Yangon	Dec-2015	75	77	Apr-2018	0.000999	Kyat
Cambodia	Phnom Penh	Feb-2016	104	98	Aug-2017	0.000316	Riel
China	Beijing	Jan-2015	130	137	Apr-2018	0.208661	Yuan Renminbi
China	Hong Kong	Jan-2015	164	154	Aug-2017	0.165877	Dollar (Hong Kong)
Colombia	Bogota	Aug-2017	106	111	Mar-2018	0.000452	Peso (Colombia)
Congo, Democratic Republic of	Kinshasa	Apr-2013	166	175	Nov-2017	0.000813	Franc (Congo)
Croatia	Zagreb	Jun-2016	89	92	Mar-2018	0.218675	Kuna
Cuba	Havana	Apr-2014	129	124	Apr-2016	1.457217	Convertible Peso (Cuba)
Ecuador	Quito	Apr-2016	131	122	Aug-2017	1.295346	Dollar (USA)
Egypt	Cairo	Aug-2015	92	95	Dec-2017	0.073820	Pound (Egypt)
El Salvador	San Salvador	Nov-2016	110	95 (a)	Sep-2017	1.286317	Dollar (USA)
Estonia	Tallin	Jul-2015	120	115 (1)	Jun-2018	1.552119	Euro
Ethiopia	Addis Ababa	Apr-2013	129	120	Dec-2017	0.048524	Birr

France	Lyon	L	143	140 (1)	Jun-2018	1.552119	Euro
France	Paris	Apr-2017	151	147 (1)	Jun-2018	1.552119	Euro
Ghana	Accra	Oct-2015	115	110	Aug-2017	0.299119	Cedi
Ghana	Tamale	Oct-2015	115	110	Aug-2017	0.299119	Cedi
Guatemala	Guatemala City	Aug-2017	144	120	Jan-2018	0.177882	Quetzal
Haiti	Port-au-Prince	L	138	125 (1)	Jun-2018	0.020705	Gourde
Haiti	St. Marc	L	138	125 (1)	Jun-2018	0.020705	Gourde
Honduras	Tegucigalpa	Apr-2017	94	111	Aug-2017	0.055121	Lempira
Iceland	Reykjavik	Jan-2015	119	123	Dec-2017	0.012464	Krona (Iceland)
India	New Delhi	Oct-2013	124	120	Aug-2017	0.020101	Rupee (India)
Indonesia	Jakarta	Aug-2015	117	113	Oct-2017	0.000094	Rupiah
Israel	Tel Aviv	Apr-2017	145	138	Sep-2017	0.359306	Shekel (Israel)
Italy	Rome	Sep-2017	134	139	Apr-2018	1.628109	Euro
Jordan	Amman	Sep-2017	132	127	Feb-2018	1.791312	Dinar (Jordan)
Kenya	Nairobi	May-2014	128	132 (1)	Jun-2018	0.013094	Shilling (Kenya)
Laos	Vientiane	Jan-2016	105	99	Aug-2017	0.000157	Kip
Lithuania	Vilnius	L	86	83 (a) (1)	Jun-2018	1.552119	Euro
Mali	Bamako	Jan-2015	112	116	Sep-2017	0.002291	Franc (C.F.A.)
Mongolia	Ulaanbaatar	Apr-2014	96	100	Apr-2018	0.000551	Tugrik
Morocco	Rabat	Feb-2012	120	114	Sep-2016	0.140838	Dirham (Morocco)
Mozambique	Maputo	L	108	111	Feb-2018	0.021532	Metical
Mozambique	Vilankulos	L	108	111	Feb-2018	0.021532	Metical
New Zealand	Wellington	Apr-2017	134	129	Oct-2017	0.908487	Dollar (New Zealand)
Nicaragua	Managua	Feb-2017	88	95 (a)	Sep-2017	0.042877	Cordoba, New
Nigeria	Abuja	Oct-2015	107	110	Apr-2018	0.003676	Naira
Nigeria	Bauchi	L	100	104	Apr-2018	0.003676	Naira
Nigeria	Calabar	L	100	104	Apr-2018	0.003676	Naira
Nigeria	Lagos	Jan-2016	100	104	Apr-2018	0.003676	Naira
Pakistan	Lahore	L	105	99	May-2018	0.011261	Rupee (Pakistan)
Pakistan	Pakistan Other	Jul-2015	105	99	May-2018	0.011261	Rupee (Pakistan)
Panama	Panama City	Aug-2017	120	116	Dec-2017	1.301816	Balboa
Peru	Lima	Feb-2015	126	119	Aug-2017	0.402546	Nuevo Sol
Philippines	Manila	May-2017	107	108	Oct-2017	0.024497	Peso (Philippines)
Rwanda	Kigali	May-2015	114	109 (a)	Feb-2018	0.001483	Franc (Rwanda)
Senegal	Dakar	Jan-2015	126	122	May-2018	0.002435	Franc (C.F.A.)
Senegal	Kolda	L	126	122	May-2018	0.002435	Franc (C.F.A.)
Senegal	Thies	L	126	122	May-2018	0.002435	Franc (C.F.A.)
Singapore	Singapore	Jun-2015	152	147	Jun-2016	0.963715	Dollar (Singapore)
Slovakia	Bratislava	Jul-2016	96	100	Mar-2018	1.583799	Euro
South Africa	Johannesburg	L	114	110	May-2018	0.107233	Rand
South Africa	Pretoria	Apr-2017	114	110	May-2018	0.107233	Rand
South Sudan	Juba	L	120	124	May-2018	0.009705	Pound (South Sudan)
Sri Lanka	Colombo	May-2016	112	108	Sep-2017	0.008385	Rupee (Sri Lanka)
Sudan	Khartoum	Aug-2014	99	90 (1)	Jun-2018	0.045266	Pound (Sudan)

Switzerland	Geneva	Oct-2017	166	160	May-2018	1.340318	Franc (Switzerland)
Tanzania	Dar es Salaam	May-2014	116	110	Aug-2017	0.000580	Shilling (Tanzania)
Tanzania	Tanzania Other	L	116	110	Aug-2017	0.000580	Shilling (Tanzania)
Trinidad & Tobago	Port of Spain	Apr-2017	131	126	Aug-2017	0.193335	Dollar (Trinidad and Tobago)
Tunisia	Tunis	May-2014	87	90	Apr-2018	0.551032	Dinar (Tunisia)
Uganda	Kampala	Aug-2017	97	90 (a)	May-2018	0.000353	Shilling
Ukraine	Kyiv	Aug-2014	96	103	Apr-2018	0.050100	Hryvna (Ukraine)
United Kingdom	Cheltenham	Sep-2015	118	124	Feb-2018	1.751107	Pound (United Kingdom)
United States of America	Denver	Sep-2013	123	117	Aug-2017	1.295346	Dollar (USA)
United States of America	Houston	Jun-2013	119	115	Aug-2017	1.295346	Dollar (USA)
United States of America	New York City	Oct-2017	141	140	May-2018	1.297225	Dollar (USA)
United States of America	Raleigh	Nov-2009	125	120	Sep-2017	1.286317	Dollar (USA)
United States of America	Washington D.C.	Nov-2017	123	124	Mar-2018	1.282531	Dollar (USA)
Vietnam	Hanoi	Apr-2017	120	114	Aug-2017	0.000057	Dong
West Bank and Gaza	Gaza City	L	145	138	Sep-2017	0.359306	Shekel (Israel)
West Bank and Gaza	Ramallah	L	145	138	Sep-2017	0.359306	Shekel (Israel)
Zambia	Lusaka	L	98	94 (a) (1)	Jun-2018	0.131271	Kwacha (Zambia)
Zimbabwe	Harare	Jun-2014	125	129	Apr-2018	1.319722	Dollar (USA)

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