

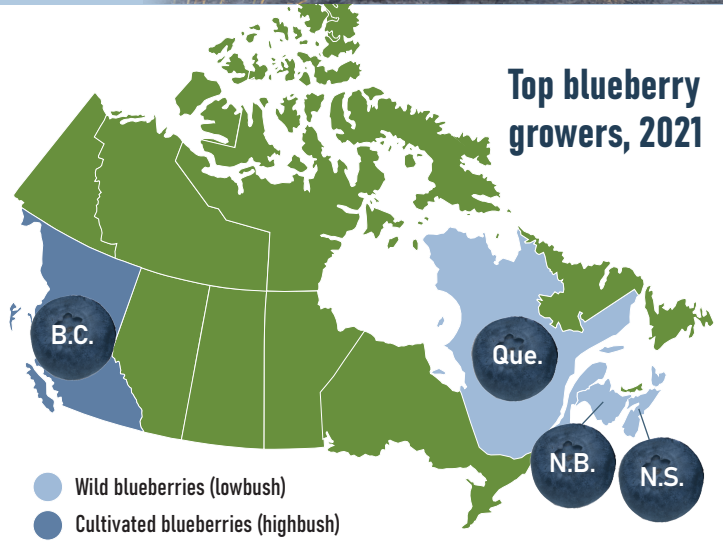
Canadian blueberries FROM FARM TO FORK



In 2021, farmers reported **193,201 acres** of blueberries, the **largest fruit area** in Canada.

Wild blueberries (lowbush) accounted for 162,721 acres of the total blueberry area, reported mostly in Quebec (48%), New Brunswick (22%), and Nova Scotia (22%).

Cultivated blueberries (highbush) accounted for 30,480 acres of the total blueberry area, reported mostly in British Columbia (89%).



In 2021, Canada **produced 146,551 metric tonnes** of fresh blueberries.

Wild blueberries - 74,635 metric tonnes
Cultivated blueberries - 71,916 metric tonnes

In 2021, **1.9 kg** of fresh blueberries were available per person in Canada, an **84% increase** from **1.0 kg** in 2016.

In 2021, Canada **exported 127.7 million kg** of blueberries, valued at **\$533.5 million**.

Top **6 countries** where Canada **exported** blueberries:

- United States - **85.9 million kg**
- Germany - **8.1 million kg**
- Japan - **7.6 million kg**
- China - **3.8 million kg**
- Australia - **3.1 million kg**
- Belgium - **2.9 million kg**



Did you know?

Blueberries are native to Canada.

One cup of fresh blueberries has 80 calories and provides 14% of a person's recommended daily fibre intake and 15% of the daily intake of Vitamin C.



Blueberries are high in antioxidants and clinical studies suggest they are effective anti-cancer agents.



Sources: Statistics Canada, table 32-10-0315-01 – Fruits, Census of Agriculture, 2021, table 32-10-0364-01 – Area, production and farm gate value of marketed fruits, table 32-10-0054-01 – Food available in Canada, Canadian International Merchandise Trade Database; Blueberry.org; Johnson, S. A. and B. H. Arjmandi. 2013. "Evidence for anti-cancer properties of blueberries: a mini-review." *Anti-Cancer Agents in Medicinal Chemistry*.

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