

DIFFERENCES IN THE CAREGIVING¹ ARRANGEMENTS OF CANADIANS, 2018

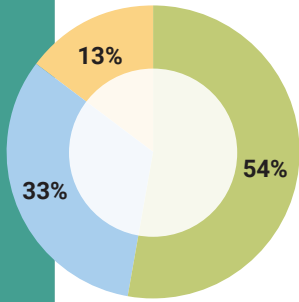
One in four Canadians provide care to someone else. Caregiving arrangements vary and have diverse repercussions on both the caregivers and care recipients.

More than half of caregivers surveyed in 2018 had been providing care **every month** for at least two years.²



Three types of caregiving arrangements

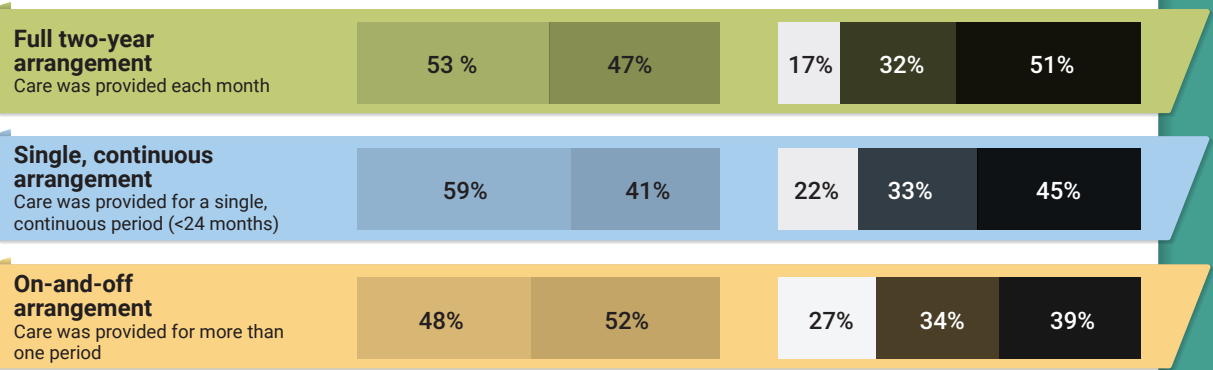
Between January 2016 and December 2017



Caregivers in different arrangements varied in their characteristics

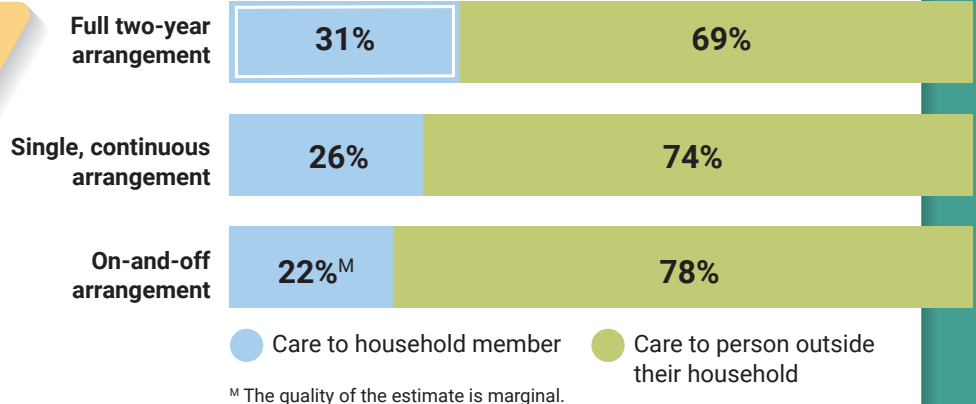
Sex
 ● Women ● Men

Age group
 ○ 15 to 34 ● 35 to 54 ● 55 and older

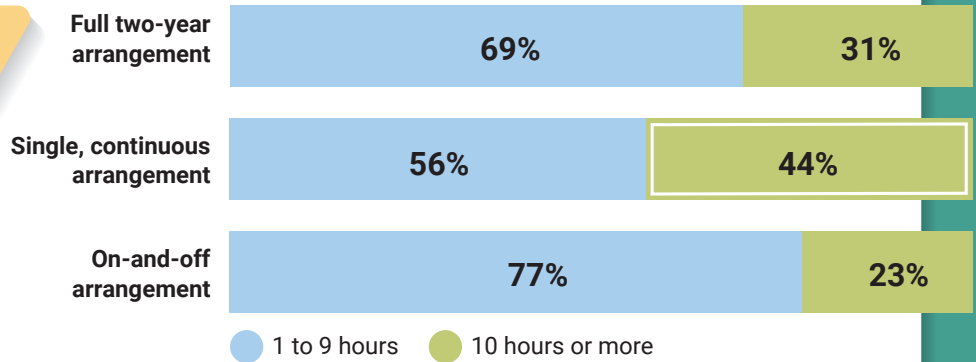


The intensity of the care varied across the three categories

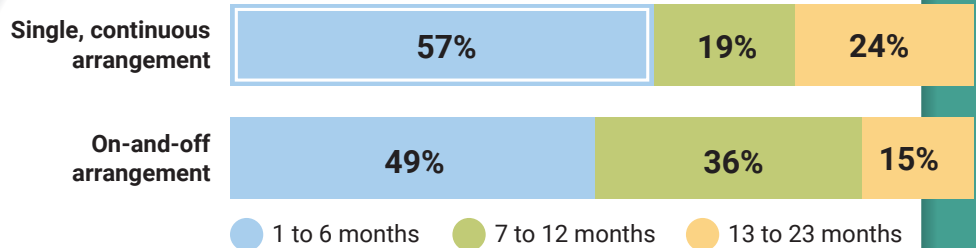
Caregivers in full two-year arrangements were **most likely to live with the person** they cared for.



Caregivers in single, continuous arrangements provided the **most hours of care** in a typical week.



Caregivers in single, continuous arrangements were **most likely to have provided care for six months or less**.



¹ Caregivers are individuals who reported having provided care between January 2016 and December 2017 to someone with a long-term health condition, a physical or mental disability, or problems related to aging. Care may have been provided to one or more people over the period in question. Information on months and hours of care refers to total caregiving, and information on living arrangements refers to the person survey respondents dedicated the most time and resources to.

² These results align with figures from the General Social Survey – Caregiving and Care Receiving, 2018: <https://www150.statcan.gc.ca/n1/pub/11-627-m/11-627-m2020001-eng.htm>