

In 2018, **over 24 million people volunteered** formally (i.e., for an organization), informally (on their own), or both formally and informally, accounting for 79% of Canadians aged 15 and older. **They dedicated approximately 5 billion hours to volunteer activities**, equivalent to over 2.5 million full-time year-round jobs.

Among all generations, iGens were the most likely to engage in formal volunteering, at 52%, but Matures contributed the most average hours to formal volunteering activities.

FORMAL VOLUNTEERING RATES AND AVERAGE HOURS PER YEAR, POPULATION AGED 15 AND OLDER, BY GENERATION, 2018

52% iGEN

82 hours

Born in 1996 and later 40% MILLENNIALS

115 hours

Born 1981 to 1995 44%
GENERATION X

120 hours

Born 1966 to 1980 39%
BABY BOOMERS

153 hours

Born 1946 to 1965 32% MATURES

222 hours

Born 1918 to 1945

AVERAGE HOURS OF FORMAL VOLUNTEERING PER YEAR, POPULATION AGED 15 AND OLDER, BY ORGANIZATION TYPE, 2018

Among formal volunteers, more hours were dedicated to hospitals and religious organizations.

Hospitals

Religious organizations

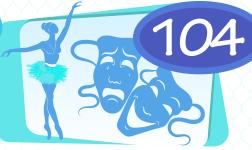






Arts and culture







In 2018, more Canadians engaged in informal volunteering activities. Close to 23 million people volunteered on their own, while about half (12.7 million) devoted time to volunteering activities mediated by organizations such as hospitals.

Note: Formal volunteering is when people volunteer for and on behalf of organizations, while informal volunteering is engagement in activities on one's own (e.g., picking up groceries for a neighbour).

Source: Hahmann, Tara. 2021. "Volunteering counts: Formal and informal contributions of Canadians in 2018." *Insights on Canadian Society*. April. Statistics Canada Catalogue no. 75-006-Y

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