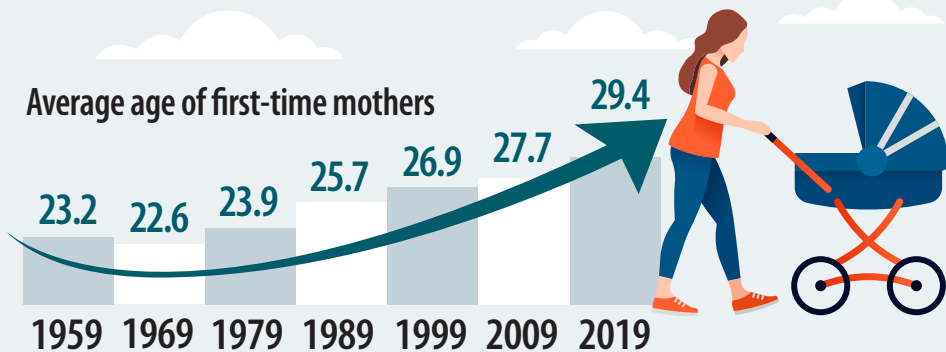


FIRST-TIME MOTHERS IN CANADA, 2019

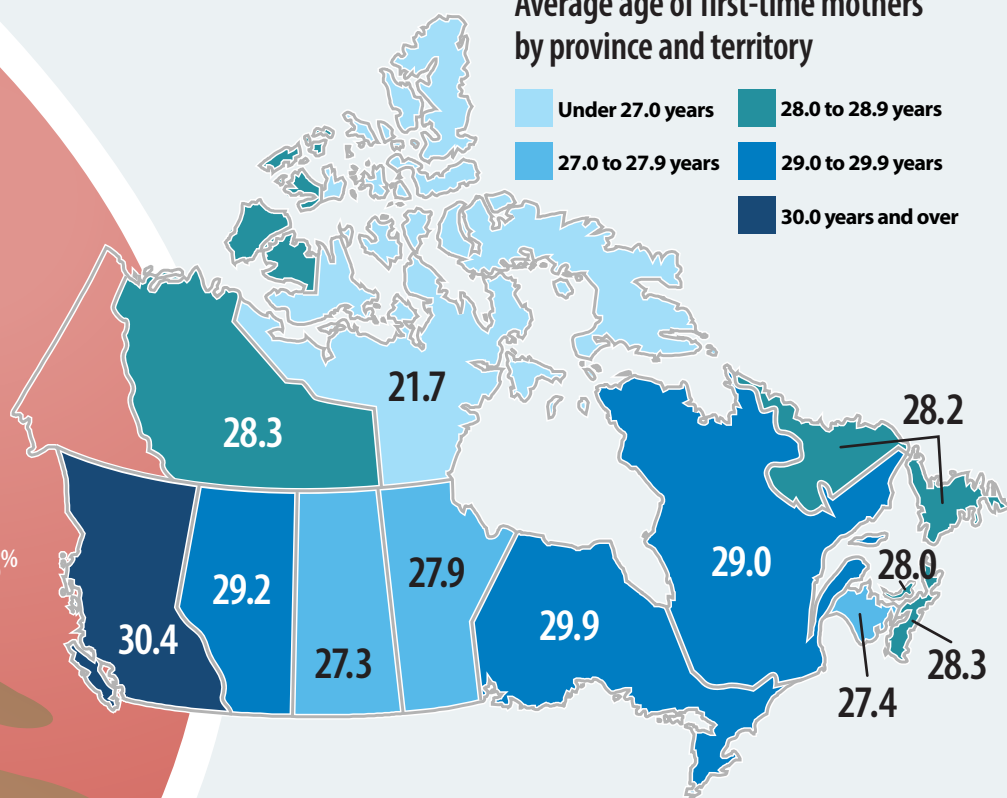
372,038 babies were born in Canada in 2019, **42%** of which were to first-time mothers.

Canadian women are waiting longer to have children.



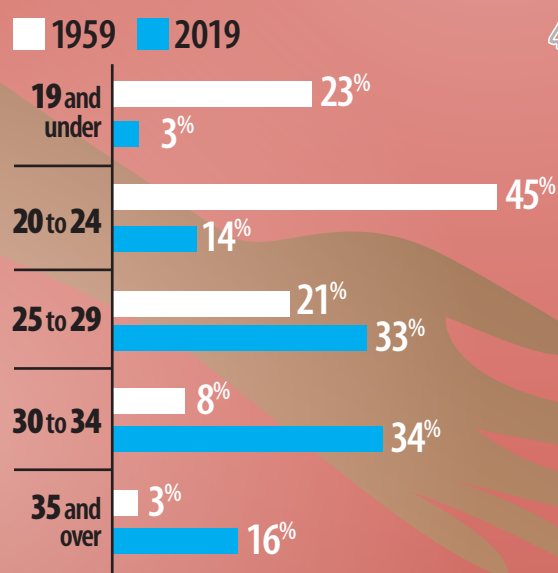
In 2019, British Columbians waited the longest before having their first child.

Average age of first-time mothers by province and territory



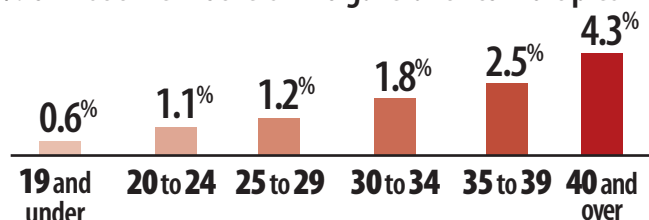
The percentage of first-time mothers under the age of 25 dropped from **68%** in 1959 to **17%** in 2019.

Age distribution of first-time mothers in 1959 and 2019



In 2019, older first-time mothers were more likely to have twins, triplets or more.

% of first time mothers who gave birth to multiples



Note: 2019 data for births occurring in or to residents of Yukon are not available.

Source: Canadian Vital Statistics: Birth Database.

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