HOW ARE CANADIANS COPING WITH THE COVID-19 SITUATION?

Between March 29 and April 3, Statistics Canada collected timely information via a new web panel online survey, the Canadians Perspectives Survey Series. This infographic presents the first findings of the survey.

Many Canadians are anxious

Proportion of Canadians aged 15 and older who are “very” or “extremely” anxious about...

- Overloading the health system: 84%
- The health of a household member: 54%
- Their own health: 36%
- Family stress from confinement: 32%

What are Canadians doing during the crisis?

Proportion of Canadians who...

- Spend more time on Internet: Aged 15-49 75%, Aged 50+ 58%, All 68%
- Spend more time watching TV: Aged 15-49 66%, Aged 50+ 60%, All 63%
- Spend more time playing video games: Aged 15-49 35%, Aged 50+ 7%, All 22%
- Increased their alcohol consumption: Aged 15-49 20%, Aged 50+ 7%, All 14%

Main precautions taken by Canadians as a result of the COVID-19 situation

- Washing your hands more regularly: 92%
- Avoided leaving house: 90%
- Avoided crowds & large gatherings: 87%
- Used social distancing when out in public: 87%
- Avoided touching your face: 70%
- Stocked up on essentials at pharmacy & grocery store: 63%
- Made a plan for communicating with family, friends & neighbours: 44%
- Cancelled travel: 37%
- Filled prescriptions: 32%
- Worked from home: 29%

Source: Canadian Perspectives Survey Series, March/April 2020.