Article

Ethical consumption

by Martin Turcotte



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- .. not available for a specific reference period
- ... not applicable
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- 0s value rounded to 0 (zero) where there is a meaningful distinction between true zero and the value that was rounded
- p preliminary
- r revised
- x suppressed to meet the confidentiality requirements of the Statistics Act
- ^E use with caution
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Introduction

One of the significant movements marking the last decade is the greater awareness Canadians have about the impact their daily activities can have on the environment. This new environmental consciousness is reflected in tangible actions and new habits such as participating in recycling programs, using reusable bags, purchasing organic foods, and using environmentally friendly products at home.

A number of ethical issues have accompanied the growing concern for the environment. For example, there has been condemnation of the working conditions and wages of garment and food (particularly coffee) industry workers, the treatment of laboratory animals, certain marketing practices, and anti-union activities.

In addition to numerous calls to boycott certain companies, 1 new products have emerged under the fair-trade banner. These fairtrade products are the result of a production and marketing process considered to be more fair to workers and less harmful to the environment (or at least they are presented as such). Once relegated to a few specialized businesses, products labelled 'fair trade' or 'responsible' are now available in most supermarkets, on stock exchanges, and even through travel agencies.

The idea that citizens can effect change through their behaviour and consumption choices has become an integral part of the environmental and activist discourse. It follows that many political scientists consider ethical consumption, including boycotting, a form of political participation, because its objective is to provoke social change² (for other perspectives on the relevance and actual effectiveness of ethical or responsible consumption, see "Conflicting opinions about ethical consumption").

Survey data from a group of industrialized countries show that from the mid-1970s to the early 2000s, boycotting was the form of non-traditional political participation that saw the biggest growth³ (there are no data on the evolution of ethical purchases over that same

What is the consumers' propensity to choose certain products and boycott others based on ethical criteria? Were more of them doing so in 2008 than in 2003? Who is most likely to choose or boycott a product for ethical reasons? And how does the evolution of responsible consumption compare with the evolution of the other forms of political participation? Using data from the 2003 and 2008 General Social Survey (GSS), this article attempts to answer all of these questions (see "What you should know about this study" for details on data and concepts).

Proportion of people who buy or boycott a product for ethical reasons on the rise

In addition to voting, citizens wishing to participate in public life and potentially influence political decisions or society in general can also: volunteer for a political party, sign a petition, attend and participate in public meetings, etc. In recent years, some analysts have become concerned about declining civic participation, notably decreasing participation in elections.

The GSS data show that, in 2008, participation rates for most forms of political activity measured by the survey were either lower than or practically identical to those recorded in 2003. For example, the proportion of citizens aged 25 or older who had attended a public meeting was 19% in 2008, down from 23% in 2003 (Table 1). The proportion that had volunteered for a political party remained virtually unchanged, at approximately 3%. Elections Canada data reveal an appreciable decline in the participation rate in federal elections over the past 20 years: from 75% in 1988; to 67% in 1997; and to 59% in 2008.4

However, two types of civic participation increased between 2003 and 2008: searching for political information (up 3 percentage points) and ethical consumption (up 7 percentage points) (Table 1).

What you should know about this study

This study is based on data collected by Statistics Canada in the General Social Survey (GSS). In 2003 and 2008 the survey collected data on the political engagement, social participation and social networks of Canadians aged 15 years and over living in private households in the 10 provinces.

This study deals with people aged 25 and over. This corresponds to a survey sample of 18,457 respondents representing nearly 23 million people in 2008 and a sample of 21,785 in 2003. Individuals aged 15 to 24 were excluded because most of them were still attending school and living with their parents so they were not necessarily responsible for daily consumption choices.

While the study doesn't focus on young adults, according to GSS, 17% of those aged 15 to 19 and 28% of those aged 20 to 24 said they had chosen or boycotted a product for ethical reasons in 2008.

Definitions

Ethical or responsible consumption: Individuals were classified depending on whether they responded "yes" or "no" to the following question: "In the past 12 months, have you done any of the following activities: [...] boycotted a product or chosen a product for ethical reasons?" The same formulation was used to measure participation in the eight other types of political activity listed in Table 1.

Feeling of personal control: This variable is constructed from responses to seven questions with the following preamble: "Please tell me if you strongly agree, agree, neither agree nor disagree, disagree, or strongly disagree that...". Using these response options, respondents then provided their positions on the following statements:

- "you have little control over the things that happen to you;"
- "there is really no way you can solve some of the problems you have;"
- "there is little you can do to change many of the important things in your life;"
- "you often feel helpless in dealing with problems in life;"
- "sometimes you feel that you are being pushed around in life."
- "what happens to you in the future mostly depends on you;" and
- "you can do just about anything you really set your mind

The responses were recoded into a numeric scale such that responses reflecting a greater feeling of control had a higher value. Based on the resulting rankings, respondents were then classified into five categories. For the logistic regression model, this variable is treated as a constant, with a value ranging from 1 to 5.

Participation in organized groups: Respondents were asked whether they had been members or participants, in the 12 months before the survey, in any of the following groups, networks or organizations: union or professional associations; political parties or groups; sports or recreational organizations; cultural, educational or hobby organizations; religious-affiliated groups; school groups, neighbourhood, civic or community associations; service clubs or fraternal organizations; or other groups (and the number of groups).

This increase in ethical consumption, between 2003 and 2008, was observed among men and women, higher and lower income households, people with and without children, etc. However, there were some significant regional variations. In fact, while the increase in ethical consumption was 8 percentage points in Quebec and 10 in Prince Edward Island it was 1 percentage point in Alberta (Table 2).

Men as likely as women to have chosen or boycotted a product for ethical reasons

Generally speaking, men were more likely than women to participate in political activities, such as attending a public meeting (Table 2). This is consistent with several studies on the subject. ⁵ However, the GSS found that there was no difference between the sexes regarding ethical consumption. Studies have shown that women are more likely than men

to exhibit environmental values and behaviour, ⁶ and, particularly in the Scandinavian countries, to purchase products with a view to ethical or social considerations. ⁷ At the same time, other data sources show that, in Canada, men are more inclined than women to participate in a boycott. ⁸ In the GSS, purchasing and boycotting a product for ethical reasons are measured together, which may explain similarities between men and women.

Table 1 Participation in political activities, 2003 and 2008

	2003 †	2008	2003 to 2008	
	percentage		percentage point	
In the 12 months prior to the survey				
Searched for information on a political issue	24	27	3*	
Volunteered for a political party	3	3	0	
Expressed views on an issue by contacting a newspaper or a politician	14	13	-1*	
Signed a petition	28	24	-3*	
Boycotted or chose a product for ethical reasons	20	27	7*	
Attended a public meeting	23	19	-4*	
Spoke out at a public meeting	10	8	-2*	
Participated in a protest or march	5	3	-2*	
Was a member of a political party	5	6	1*	

[†] reference group

Source: Statistics Canada, General Social Survey, 2003 and 2008.

It has been well-established that the most politically involved people are generally better educated. The GSS data confirm that education is strongly and positively associated with both political participation and ethical consumption (Figure 1 and Table 2). Specifically, in 2008, the proportion of university graduates who chose or boycotted a product for ethical reasons was 41%, compared with 8% of individuals without a high school diploma. When the impact of other factors (e.g., household income, immigrant status and place of residence) are controlled for, university and college graduates remain more likely than less educated people to have chosen or boycotted a product for ethical reasons (Table A.1). 10

Generally speaking, a certain amount of information is required to actively incorporate ethical or political considerations into consumption choices. People with more education have a greater tendency to read newspapers and use the Internet to find information. The Internet is an excellent way to learn about ethical products or boycotts that have been organized.¹¹

It was also observed that, among people who said they had chosen or boycotted a product for ethical reasons, a higher proportion had used the Internet to look for information about products or services in general (81% compared with 60% for others) (results not shown).

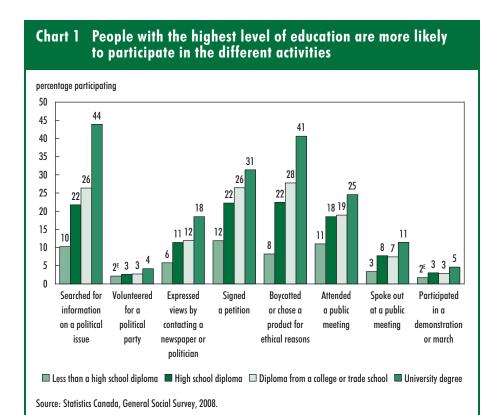
An association similar to that observed between education and ethical consumption also existed for income: the higher the household income, the higher the proportion of individuals who engaged in ethical consumption. For example, 24% of people living in households with an annual income between \$40,000 and \$59,999 had chosen or boycotted a product for ethical reasons, compared with 40% of those with an annual household income higher than \$100,000. It often costs a little more to purchase products that have been fair-trade certified and this additional cost will have less impact on the personal finances of people with higher incomes. In addition, those with the highest income normally spend and consume more than others, whether it be for food, entertainment and recreation. or home renovations. All else being equal, the greater the quantity of goods and services purchased by an individual, the more likely that at least some of those products were purchased for ethical reasons.

Change from

Ethical consumption less frequent among those 65 years and older

People aged 65 or older, who are the most likely to vote in elections, 12 were the least likely to choose products for ethical reasons (15% compared with 30% of those aged 45 to 54, for example). They were also less inclined to sign a petition (Table 2). Studies have shown that 'post-materialist' values are positively associated with ethical consumption¹³ and boycotting. 14 Post-materialist values include self-expression (i.e., emphasizing autonomy, quality of life and freedom of expression) and secularization (e.g., challenging authority and religion). In Canada, as in many other industrialized societies, these values developed in the generations born after the Second World War—as a result, they are less prevalent among those aged 65 or older. 15

^{*} statistically significant difference from the reference group at p < 0.05



Quebecers and British Columbians more likely to choose or boycott a product for ethical reasons

In general, ethical consumption was more common in the larger census metropolitan areas (CMAs) than in census agglomerations (CAs) and outside these regions (Table 2). It may be that some products that are easily accessible in larger centres like Toronto, Montréal, Vancouver or Ottawa–Gatineau are more difficult to find in more remote areas. Among the largest CMAs, Ottawa–Gatineau and Québec had the highest levels of ethical consumption (34% and 35% respectively in 2008).

In both 2003 and 2008, ethical consumption varied a great deal by province. In 2008, British Columbia (31%), Quebec (29%) and Ontario (27%) recorded the highest proportions of citizens who had consumed or boycotted certain products for ethical reasons. The lowest proportions were observed in Newfoundland and Labrador and New Brunswick (14% for both).

While ethical consumption was less frequent outside CMAs, CAs and in the Atlantic provinces, the same cannot be said for attending public meetings, an activity that requires a higher level of engagement (particularly in terms of time). Participation in public meetings was highest outside CMAs and CAs and higher in the Atlantic provinces, particularly Newfoundland and Labrador and Prince Edward Island than in other provinces.

Recent immigrants less likely to choose or boycott a product for ethical reasons

Some studies have demonstrated that recent immigrants, particularly those from countries with more limited democratic rights, are less likely than others to participate in non-traditional political activities or 'protests,' like boycotting a product. 16 Some studies have also shown lower participation by recent immigrants in more traditional political activities, like voting in elections. 17 According to the 2008

GSS, recent immigrants were less likely than individuals born in Canada to have chosen or boycotted a product for ethical reasons, to have contacted a newspaper or politician, to have signed a petition, or to have participated in a public meeting (Table 2).

Previous studies have also shown that the longer immigrants had lived in Canada, the more likely they were to have similar behaviour to non-immigrants in terms of political participation. 18 That is also what happens when it comes to ethical consumption and other types of participation: in 2008, 29% of those born in Canada had purchased or boycotted a product for ethical reasons, compared with 24% of immigrants who arrived in Canada before 1990 and 12% of those who arrived between 1990 and 2008 (Table 2)

Ethical consumption more frequent among people who have less confidence in major corporations

Market research has shown that there are certain values and attitudes characteristic of people who make purchases based on ethical criteria. For example, one study found that those who liked fair-trade coffee, in addition to being better educated than average, were more idealistic and less conventional than other consumers. ¹⁹

The GSS data are consistent with these conclusions. Individuals who expressed the least confidence in major corporations had a higher tendency than others to be ethical consumers (37% compared with 13% of those who reported more confidence in major corporations). Not surprisingly, individuals with the lowest level of confidence in major corporations were much more likely to sign petitions (Table 2).

Individuals who are religiously active are more likely to vote in elections,²⁰ volunteer and make donations to organizations;²¹ and, when they make donations, they tend

Table 2 Percentage of people who chose or boycotted a product for ethical reasons and rate of participation in various forms of political activity, select characteristics, 2008

	a proc	boycotted luct for reasons	Searched for information on a political issue	Contacted a newspaper or a politician	Signed a petition	Attend a pub meeti
	2003	2008		2008		
			perce	entage		
Total	20	27	27	13	24	19
Men †	21	27	32	15	24	22
Women	20	27	23*	11*	25	16
Age						
25 to 34	26*	32	35*	8*	25	13
35 to 44	24	29	29*	13	27	18
45 to 54 †	22	30	26	13	27	21
55 to 64	19*	27*	26	16*	25	24
65 and older	8*	15*	20*	14	16*	20
Highest level of education						
Less than a high school diploma	6*	8*	10*	6*	12*	11
High school diploma †	17	22	22	11	22	18
Diploma from a college or trade school	22*	28*	26*	12	26*	19
University degree	35*	41*	44*	18*	31*	25
Household income						
Less than \$20,000 †	13	15	18	8	16	13
\$20,000 to \$39,999	15*	19	21	10	20	16
\$40,000 to \$59,999	20*	24*	25*	12*	24*	19
\$60,000 to \$99,999	27*	30*	28*	13*	28*	20
\$100,000 or more	33*	40*	39*	17*	31*	24
\$100,000 to \$149,999		38*	37*	14*	30*	22
\$150,000 or more		42*	42*	20*	32*	28
Marital status		12	12	20	UZ.	20
Married †	19	26	28	14	24	21
Common-law	25*	36*	29	11*	28*	18
Widowed	8*	13*	15*	10*	14*	14
Separated	21	27	26	12	28	19
Divorced	21*	26	22*	12	24	18
Single	21* 25*	20 31*	33*	9*	24 25	15
Children aged 0 to 12 years in the hou		31	აა	7	۷۵	15
No †	senoia 20	26	27	13	24	24
Yes	20*	20 29*	27*	12	26	26
Immigrant status	LL	<u> </u>	L 7	1 2	20	20
Born in Canada/Canadian citizens by birth	22*	29*	27	13*	27*	20
Other immigrants (arrived before 1990)	17*	24*	29	14*	21*	19
Recent immigrants (arrived in 1990 or after) †	17	12	28	8	10	17
Province of residence	11	12	۷0	0	10	11
Newfoundland and Labrador	11*	14*	18*	12*	30*	25
Prince Edward Island	12*	22*	24*	21	30 19*	29 29
Nova Scotia	12 16*	22 24*	24 22*	16		
					23	20
New Brunswick	12*	14*	19*	13	19*	22
Quebec	21	29	21*	7*	24	15
Ontario †	20	27	31	14	24	20
Manitoba	17*	24*	27*	15	23	20
Saskatchewan	17*	19*	25*	14	18*	21
Alberta	22	23*	33	16	20*	21
British Columbia	25*	31*	30	15	31*	22

Table 2 Percentage of people who chose or boycotted a product for ethical reasons and rate of participation in various forms of political activity, select characteristics, 2008 (continued)

	a prod	boycotted luct for reasons	Searched for information on a political issue	Contacted a newspaper or a politician	Signed a petition	Attende a publi meetin
	2003	2008		2008		
			perce	entage		
Region of residence						
Toronto	21*	28*	35*	14	21*	17*
Montréal	25*	31*	21	6*	23	12*
Vancouver	23*	30*	31*	12	26	16
Ottawa—Gatineau	23*	34*	36*	15	30	22
Calgary	26*	28*	39*	17*	18*	18
Edmonton	24*	22	32*	14	17*	18
Québec	21*	35*	28*	9 ^E	22	14
Winnipeg	19	29*	29*	16	21*	16
Other census metropolitan areas	21*	28*	29*	14	28	20
Medium-sized urban areas (census agglomerations)	16	25*	24*	13	24	20
Outside census metropolitan areas						
and census agglomerations †	16	21	20	13	26	25
Confidence in major corporations						
A great deal of confidence †	10	13	20	9	16	14
Quite a lot of confidence	18*	23*	25*	11	21*	19
Not very much confidence	27*	34*	32*	15*	30*	21
No confidence at all	35*	37*	34*	17*	31*	21
Religious affiliation						
No †	31	36	34	14	27	19
Yes	18*	25*	26*	12*	24*	19
Feeling of personal control						
1 to less than 3 †	12	18	21	12	19	17
3 to less than 3.5	16*	21*	22	11	21	16
3.5 to less than 4	22*	28*	28*	12	25*	19
4 to less than 4.5	26*	29*	30*	13	26*	20
4.5 to 5	36*	43*	41*	19*	34*	25
Participation in organized groups	(number)					
None †	11	16	18	6	14	8
1 or 2	19*	25*	23*	9*	20*	13
3 or 4	24*	31*	32*	15*	29*	22
5 or more	36*	42*	44*	26*	41*	40

[†] reference group

Source: Statistics Canada, General Social Survey, 2003 and 2008.

^{*} statistically significant difference from the reference group at p < 0.05

to give more than others. However, individuals who reported a religious affiliation were less likely to choose products based on ethical criteria than those who did not declare a religious affiliation (Table 2). Married people were also less likely to have chosen a product for ethical reasons than single people or those living common-law (Table 2 and Table A.1).

People involved with organizations more likely to participate in various activities

Political scientists have demonstrated that citizen participation in associations and organizations of all sorts

(political or not) encourages civic and political participation. In fact, people who participate in political life often do so because they have been in contact with someone who encouraged or mobilized them. The results show that the people who were most involved in organizations were also the most likely to choose or boycott products for ethical reasons (42% of people who were members of 5 or more organizations versus 16% of those who did not belong to any organization).

A greater feeling of control associated with ethical consumption

People who choose products based on ethical criteria may do so because they believe that their actions, combined with those of others who do the same, can have an impact. In keeping with this idea, people who had the greatest feeling of personal control were also more likely to participate in ethical consumption (43%) compared to those who felt they had less control (18%). People with a greater feeling of personal control generally believe that they can influence what happens to

Conflicting opinions about ethical consumption

Opinions related to ethical or responsible consumption vary. According to some critics, this form of individualized political action requires relatively little effort and, while attractive due to its relative simplicity, will never be as effective as legislation and regulations when it comes to 'changing things.' One of the obstacles to being a more effective form of political action is the inability of consumers to assimilate the huge amount of information necessary to make ethical purchasing decisions on every occasion. Other authors point out that some 'socially acceptable' or 'green' products are not necessarily so, particularly when it is the manufacturers themselves who designate their products as such.² Finally, the truly cynical believe that ethical consumption is just a way for the more fortunate to stand out socially without being concerned for anything other than their personal prestige and their reputation, for example, to appear green or morally superior to others.³

In contrast to these viewpoints, others believe—and support their arguments with historical examples—that consumers can have a great deal of power and influence over corporate conduct and government policy. 4 Organized movements against sweatshops in the garment industry, for example, led some large companies to overhaul their practices by opening their doors to independent monitoring, increasing minimum salaries and improving health and safety conditions in their factories.⁵ Some experts also point out that, for many young people, ethical consumption constitutes a new

and important way to become politically engaged.⁶ Finally, recognized fair-trade certification agencies, like TransFair Canada, claim that there is a real improvement in working conditions when this production process is put in place.

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- Carrier, James G. 2007. "Ethical consumption." Anthropology Today. Vol. 23, no. 4. p. 1-2.
- 3. For the various motivations of responsible consumers, see Freestone, Oliver M. and Peter J. McGoldrick. 2008. "Motivations of the ethical consumer." Journal of Business Ethics. Vol. 79, no. 4. p. 445-467. Some people suggest that, to a certain extent, the desire for personal gain characterizes all types of behaviour having social and political influence—see, for example, Downs, Anthony. 1957. An Economic Theory of Democracy. New York: Harper; Olson, M. 1965. The Logic of Collective Action: Public Goods and the Theory of Groups. Cambridge MA: Harvard University Press; and Riker, William H. and Peter C. Ordeshook. 1968. "A theory of the calculus of voting." American Political Science Review. Vol. 62, no. 1. p. 25-42.
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them, that they have the resources to meet various problems, and that their future depends mostly on their actions.

Summary

In Canada, between 2003 and 2008, participation in ethical consumption increased while participation in most other types of political participation declined or remained the same. In 2008, the proportion of people who had purchased or boycotted a product for ethical reasons rose to 27%, compared to 20% in 2003.

Levels of education and income had an effect on the probability of having chosen or boycotted a product for ethical reasons. For example, in 2008, 41% of people with a university degree had purchased or boycotted a product for ethical reasons, compared with 22% of those whose highest level of education was a high school diploma. Also, people with the highest income were much more likely to have consumed or boycotted a product for ethical reasons than those with a lower income.

The other factors associated with greater participation in ethical consumption were being born in Canada; living common-law or being single; living in a metropolitan area; having little confidence in major corporations; not having any religious affiliation; having a greater sense of personal control; and actively participating in several organized groups.



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Table A.1 Logistic regressions of factors associated with ethical consumption

	Unadjusted results ¹	Model with socioeconomic variables only	Model with attitudes, values and personality traits	Full model
		odds ro	atio	
Sex				
Men †	1.00	1.00		1.00
Women	1.00	1.02		1.10
Age				
25 to 54 †	1.00	1.00		1.00
65 or older	0.42*	0.60*		0.64*
Highest level of education				
Less than a high school diploma	0.31*	0.36*		0.41*
High school diploma †	1.00	1.00		1.00
Diploma from a college or trade school	1.33*	1.25*		1.19*
University degree	2.37*	2.38*		1.88*
Household income				
Less than \$60,000 †	1.00	1.00		1.00
\$60,000 to \$99,999	1.63*	1.18*		1.16*
\$100,000 or more	2.47*	1.49*		1.42*
Marital status				
Married †	1.00	1.00		1.00
Common-law	1.60*	1.37*		1.32*
Other	0.99	1.17*		1.14*
Children aged 0 to 12 years in the household				
No †	1.00	1.00		1.00
Yes	1.12*	0.94		0.91
Immigrant status				
Born in Canada/Canadian citizens by birth	2.88*	4.27*		3.16
Recent immigrants (arrived in 1990 or after) †	1.00	1.00		1.00
Other immigrants (arrived before 1990)	2.24*	3.20*		2.51*
Region of residence				
Atlantic	0.61*	0.64*		0.70*
Quebec	1.08	1.12		1.43*
Ontario †	1.00	1.00		1.00
Prairies	0.78*	0.79*		0.76*
British Columbia	1.20*	1.28*		1.13
Type of region of residence				
Census metropolitan areas and census agglomerations †	1.00	1.00		1.00
Outside census metropolitan areas and census agglomerations	0.66*	0.81*	•••	0.78*

Table A.1 Logistic regressions of factors associated with ethical consumption (continued)

	Unadjusted results ¹	Model with socioeconomic variables only	Model with attitudes, values and personality traits	Full model
		odds ro	ıtio	
Confidence in major corporations				
A great deal of confidence †	1.00		1.00	1.00
Quite a lot of confidence	1.93*		1.70*	1.36*
Not very much confidence	3.44*		3.03*	2.61*
No confidence at all	3.97*		4.08*	3.64*
Religious affiliation				
No †	1.00		1.00	1.00
Yes	0.62*		0.63*	0.67*
Feeling of personal control	1.74*		1.54*	1.20*
Participation in organized groups (number)				
None †	1.00		1.00	1.00
1 or 2	1.70*		1.54*	1.29*
3 or 4	2.31*		2.04*	1.59*
5 or more	3.77*		3.34*	2.50*

[†] reference group

Source: Statistics Canada, General Social Survey, 2008.

 $^{^{}st}$ statistically significant difference from the reference group at p < 0.05

^{1.} Odds ratios when the other factors are not controlled. Corresponds to the descriptive percentages presented in Table 1, but changed to odds ratios to enhance the interpretation of Table 2.