

# Population estimates and demographic dependency ratio: Health regions and peer groups, July 1, 2025

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Population estimates and demographic dependency ratio by health region and peer group on July 1, 2025, are now available. Updated estimates for previous years are also available.

The estimates released today are based on 2021 Census of Population counts, adjusted for census net undercoverage and incompletely enumerated reserves and settlements, to which are added the population growth estimates for the period from May 11, 2021, to the date of the estimate.

## Note to readers

*This release includes preliminary postcensal population estimates for health regions and peer groups by age and gender as of July 1, 2025. Updated estimates for previous years are also available. See the Tables tab for more information.*

*Health regions represent administrative areas for health service delivery within a province or territory. Health regions have been grouped into "peer groups" to allow for comparisons of health regions with similar demographic and socioeconomic characteristics.*

*The demographic dependency ratio represents the combined population aged from 0 to 14 years and the population aged 65 years and older to the population aged from 15 to 64 years.*

**Available tables:** [17-10-0156-01](#) and [17-10-0157-01](#).

**Definitions, data sources and methods:** survey number [3608](#).

For more information, or to enquire about the concepts, methods or data quality of this release, contact us (toll-free 1-800-263-1136; 514-283-8300; [infostats@statcan.gc.ca](mailto:infostats@statcan.gc.ca)) or Media Relations ([statcan.mediahotline-ligneinfomedias.statcan@statcan.gc.ca](mailto:statcan.mediahotline-ligneinfomedias.statcan@statcan.gc.ca)).

