

# Employment Insurance, January 2025

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In January, 478,000 Canadians (-0.4%; -2,000) received regular Employment Insurance (EI) benefits, little changed from December and down slightly (-3.6%; -18,000) from the recent peak in August 2024.

Compared with January 2024, the number of regular EI beneficiaries was up by 7,500 (+1.6%) in January 2025. Ontario (+11,000; +7.4%) posted the largest year-over-year increase, which was partly offset by year-over-year declines in other provinces, most notably British Columbia (-2,500; -4.8%).

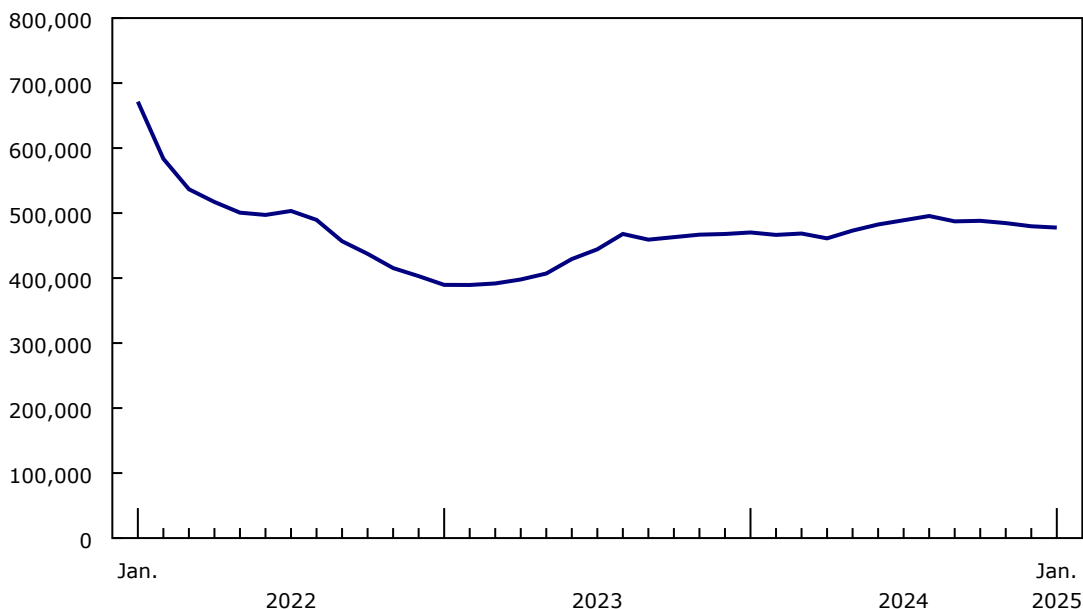
Data from the Labour Force Survey indicate that employment increased by 76,000 (+0.4%) in January, the third consecutive monthly increase. The unemployment rate declined 0.1 percentage points to 6.6% in January, marking the second consecutive monthly decline. On a year-over-year basis, the unemployment rate was up 0.9 percentage points and the number of unemployed people who had been laid off was up by 94,000 (+16.0%) to 685,000 (not seasonally adjusted).

In general, variations in the number of EI beneficiaries can reflect changes in the circumstances of different groups, including people becoming beneficiaries, those going back to work, those exhausting their regular benefits, and those no longer receiving benefits for other reasons.

To be eligible for regular EI benefits, one must have contributed to the EI program, have a valid job separation (for example, having been laid off or having quit for just cause) and have accumulated enough insurable hours.

**Chart 1**  
**Number of regular Employment Insurance beneficiaries little changed in January**

number of regular Employment Insurance beneficiaries



Source(s): Employment Insurance Statistics (2604), table 14-10-0011-01.

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## **The number of regular Employment Insurance recipients declines for men aged 55 years and older**

In January, the number of EI recipients receiving regular benefits decreased by 1,100 (-1.3%) among men aged 55 years and older, while it edged up by 200 (+1.5%) among young women aged 15 to 24 years. There was little change for the other major demographic groups.

On a year-over-year basis, the number of people receiving regular EI benefits in January was up among women aged 25 to 54 years (+4,400; +3.9%), women aged 55 years and older (+2,000; +4.2%) and men aged 55 years and older (+1,600; +2.0%). At the same time, there were slightly fewer young men (-400; -1.2%) and young women (-300; -2.6%) who received regular EI benefits compared with January 2024.

## **The number of regular Employment Insurance recipients down in three provinces in January**

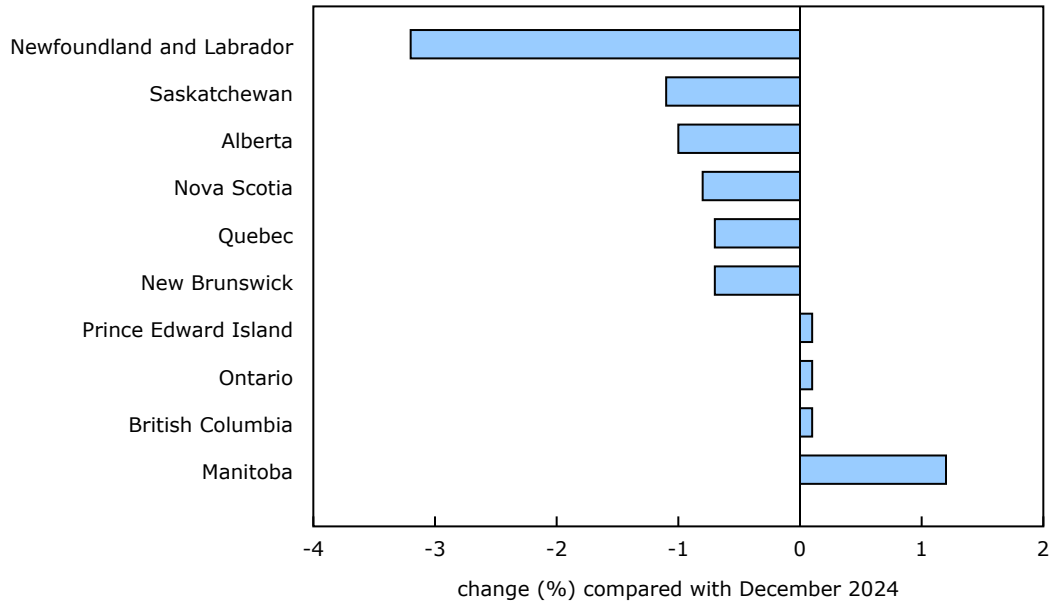
The number of beneficiaries receiving regular EI benefits decreased in January in Newfoundland and Labrador (-900; -3.2%), Alberta (-600; -1.0%) and Saskatchewan (-200; -1.1%). For all three provinces, this was the second decline in three months.

The number of recipients receiving regular EI benefits in Manitoba edged up by 200 (+1.2%) in January, following a slight decline in November 2024 and little change in December. There was little change in January 2025 in all other provinces.

While the number of beneficiaries receiving regular EI benefits was little changed in January compared with the previous month in Ontario, it was up by 11,000 (+7.4%) on a year-over-year basis, the largest increase among all provinces. Men aged 25 to 54 years (+4,600; +7.6%) and women aged 25 to 54 years (+2,700; +6.8%) posted the largest increases, followed by men aged 55 years and older (+2,100; +10.6%) and women aged 55 years and older (+1,200; +6.9%).

**Chart 2**

**Newfoundland and Labrador has the largest proportional decrease in regular Employment Insurance recipients in January, followed by Saskatchewan and Alberta**



Source(s): Employment Insurance Statistics (2604), table 14-10-0011-01.

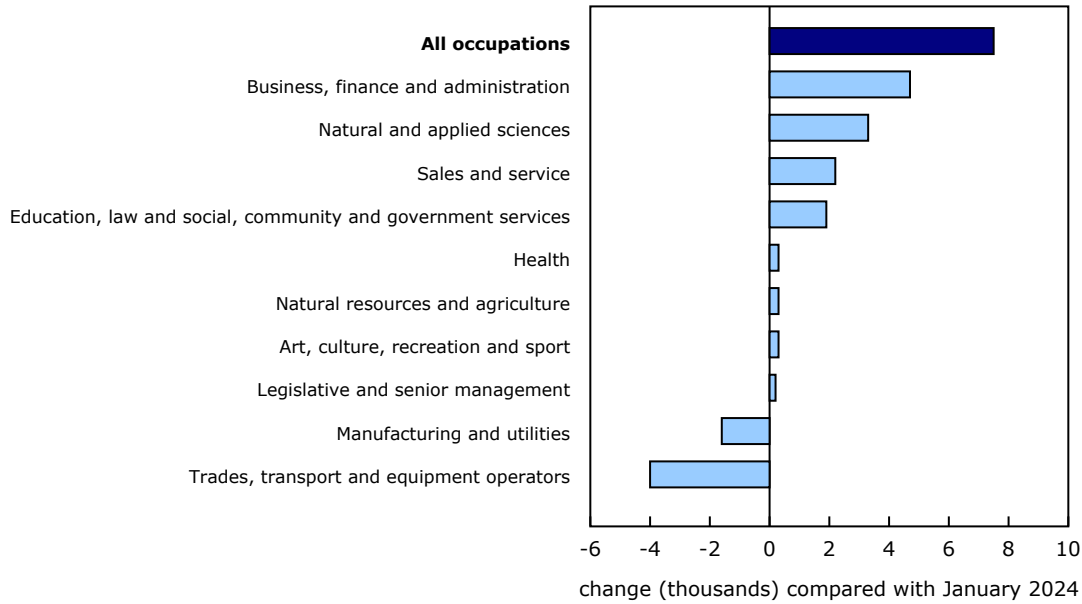
**The largest year-over-year increase in the number of regular Employment Insurance beneficiaries is among recipients who last worked in business, finance and administration occupations**

On a year-over-year basis, the number of regular EI beneficiaries in January increased the most among recipients who last worked in business, finance and administration occupations (+4,700; +8.3%) and natural and applied sciences and related occupations (+3,300; +10.2%). Increases in both of these major occupational groups were concentrated in Ontario.

At the same time, there was a decline in the number of beneficiaries who last worked in trades, transport and equipment operators and related occupations (-4,000; -2.4%) and in manufacturing and utilities occupations (-1,600; -4.3%).

**Chart 3**

**Largest 12-month increase in regular Employment Insurance recipients among those who last worked in business, finance and administration occupations, followed by natural and applied sciences and related occupations**



Source(s): Employment Insurance Statistics (2604), table 14-10-0456-01.

**In the spotlight: Workers receiving Employment Insurance benefits under the Work-Sharing Program**

The Work-Sharing Program may introduce temporary special measures at any time to provide additional support for affected businesses during a period of economic downturn, natural disaster or national emergency. The special measures provide targeted support for impacted businesses to recover and avoid layoffs for a specific period.

Temporary flexibilities to the Employment Insurance (EI) Work-Sharing Program were announced on March 7, 2025, to support workers affected by US tariffs.

The agreement provides income support to employees eligible for EI benefits who work a temporarily reduced work week. This helps employers retain experienced workers and avoid layoffs and helps workers maintain their employment and skills while supplementing their reduced wages with EI benefits.

In January 2025, 7,600 workers received work-sharing EI benefits, little changed from 12 months earlier (6,800 workers) and representing 0.8% of all EI recipients.

The number of people receiving work-sharing EI benefits can increase significantly during economic downturns. For example, it rose to 36,000 in June 2020 during the COVID-19 pandemic and reached a peak of 68,000 in June 2009 during the 2008/2009 recession. As of January 2025, most workers receiving work-sharing EI benefits were men (5,400; 70.8%), with most of them being aged 25 to 54 years (3,600; 66.1%).

For more information about the Work-Sharing program, see [Work-Sharing Program - Overview](#).

## Sustainable Development Goals

On January 1, 2016, the world officially began implementing the [2030 Agenda for Sustainable Development](#)—the United Nations' transformative plan of action that addresses urgent global challenges over the following 15 years. The plan is based on 17 specific sustainable development goals.

Employment Insurance statistics are an example of how Statistics Canada supports reporting on global sustainable development goals. This release will be used to help measure the following goal:



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## Note to readers

### Concepts and methodology

Employment Insurance (EI) statistics are produced from administrative data sources provided by Service Canada and Employment and Social Development Canada. These statistics may, from time to time, be affected by changes to the Employment Insurance Act or administrative procedures.

EI statistics indicate the number of people who received EI benefits and should not be confused with Labour Force Survey (LFS) data, which provide estimates of the total number of unemployed people. There is always a certain proportion of unemployed people who do not qualify for benefits. Some unemployed people have not contributed to the program because they have not worked in the past 12 months or their employment was not insured. Other unemployed people have contributed to the program but do not meet the eligibility criteria, such as workers who left their jobs voluntarily or those who did not accumulate enough hours of work to receive benefits.

All data in this release are seasonally adjusted, unless otherwise specified. To model the effects of the COVID-19 pandemic, values for all series from March 2020 to December 2022 have been treated with a combination of level shifts and outliers to determine a seasonal pattern for seasonal adjustment. For more information on seasonal adjustment, see [Seasonally adjusted data – Frequently asked questions](#).

The number of regular EI beneficiaries for the current month and the previous month is subject to revision.

The **number of beneficiaries** is all people who received regular EI benefits from January 12 to 18, 2025. This period coincides with the reference week of the LFS.

A **census metropolitan area (CMA)** and a **census agglomeration (CA)** are formed by one or more adjacent municipalities centred on a population centre. A CMA must have a total population of at least 100,000. A CA must have a population of at least 10,000. See [Standard Geographical Classification \(SGC\) 2021](#) for more information.

### Next release

Data on EI for February will be released on April 17.

**Table 1**  
**Beneficiaries receiving regular income benefits,<sup>1</sup> by province and territory, sex and age group –**  
**Seasonally adjusted**

	January 2024	December 2024 <sup>P</sup>	January 2025 <sup>P</sup>	December 2024 to January 2025	January 2024 to January 2025	December 2024 to January 2025	January 2024 to January 2025
	number			change		% change	
<b>Canada</b>							
<b>Both sexes</b>	<b>470,150</b>	<b>479,680</b>	<b>477,640</b>	<b>-2,040</b>	<b>7,490</b>	<b>-0.4</b>	<b>1.6</b>
15 to 24 years	44,980	44,190	44,230	40	-750	0.1	-1.7
25 to 54 years	300,660	306,020	305,380	-640	4,720	-0.2	1.6
55 years and over	124,510	129,470	128,020	-1,450	3,510	-1.1	2.8
<b>Men</b>	<b>298,480</b>	<b>302,250</b>	<b>299,990</b>	<b>-2,260</b>	<b>1,510</b>	<b>-0.7</b>	<b>0.5</b>
15 to 24 years	32,010	31,740	31,610	-130	-400	-0.4	-1.2
25 to 54 years	188,230	189,640	188,580	-1,060	350	-0.6	0.2
55 years and over	78,240	80,870	79,810	-1,060	1,570	-1.3	2.0
<b>Women</b>	<b>171,660</b>	<b>177,430</b>	<b>177,650</b>	<b>220</b>	<b>5,990</b>	<b>0.1</b>	<b>3.5</b>
15 to 24 years	12,970	12,440	12,630	190	-340	1.5	-2.6
25 to 54 years	112,420	116,390	116,800	410	4,380	0.4	3.9
55 years and over	46,270	48,600	48,220	-380	1,950	-0.8	4.2
<b>Newfoundland and Labrador</b>							
<b>Both sexes</b>	<b>29,190</b>	<b>28,450</b>	<b>27,550</b>	<b>-900</b>	<b>-1,640</b>	<b>-3.2</b>	<b>-5.6</b>
15 to 24 years	2,500	2,420	2,340	-80	-160	-3.3	-6.4
25 to 54 years	14,610	14,180	13,710	-470	-900	-3.3	-6.2
55 years and over	12,080	11,850	11,490	-360	-590	-3.0	-4.9
<b>Men</b>	<b>17,960</b>	<b>17,640</b>	<b>17,070</b>	<b>-570</b>	<b>-890</b>	<b>-3.2</b>	<b>-5.0</b>
<b>Women</b>	<b>11,230</b>	<b>10,810</b>	<b>10,470</b>	<b>-340</b>	<b>-760</b>	<b>-3.1</b>	<b>-6.8</b>
<b>Prince Edward Island</b>							
<b>Both sexes</b>	<b>7,270</b>	<b>6,980</b>	<b>6,990</b>	<b>10</b>	<b>-280</b>	<b>0.1</b>	<b>-3.9</b>
15 to 24 years	1,310	1,220	1,230	10	-80	0.8	-6.1
25 to 54 years	3,570	3,420	3,450	30	-120	0.9	-3.4
55 years and over	2,380	2,340	2,320	-20	-60	-0.9	-2.5
<b>Men</b>	<b>4,400</b>	<b>4,280</b>	<b>4,270</b>	<b>-10</b>	<b>-130</b>	<b>-0.2</b>	<b>-3.0</b>
<b>Women</b>	<b>2,870</b>	<b>2,700</b>	<b>2,730</b>	<b>30</b>	<b>-140</b>	<b>1.1</b>	<b>-4.9</b>
<b>Nova Scotia</b>							
<b>Both sexes</b>	<b>21,840</b>	<b>21,860</b>	<b>21,690</b>	<b>-170</b>	<b>-150</b>	<b>-0.8</b>	<b>-0.7</b>
15 to 24 years	2,170	2,030	2,060	30	-110	1.5	-5.1
25 to 54 years	12,710	12,680	12,610	-70	-100	-0.6	-0.8
55 years and over	6,960	7,150	7,020	-130	60	-1.8	0.9
<b>Men</b>	<b>14,310</b>	<b>14,330</b>	<b>14,220</b>	<b>-110</b>	<b>-90</b>	<b>-0.8</b>	<b>-0.6</b>
<b>Women</b>	<b>7,530</b>	<b>7,530</b>	<b>7,470</b>	<b>-60</b>	<b>-60</b>	<b>-0.8</b>	<b>-0.8</b>
<b>New Brunswick</b>							
<b>Both sexes</b>	<b>24,320</b>	<b>24,800</b>	<b>24,630</b>	<b>-170</b>	<b>310</b>	<b>-0.7</b>	<b>1.3</b>
15 to 24 years	2,120	2,150	2,120	-30	0	-1.4	0.0
25 to 54 years	13,220	13,410	13,360	-50	140	-0.4	1.1
55 years and over	8,980	9,230	9,150	-80	170	-0.9	1.9
<b>Men</b>	<b>16,330</b>	<b>16,390</b>	<b>16,190</b>	<b>-200</b>	<b>-140</b>	<b>-1.2</b>	<b>-0.9</b>
<b>Women</b>	<b>8,000</b>	<b>8,410</b>	<b>8,440</b>	<b>30</b>	<b>440</b>	<b>0.4</b>	<b>5.5</b>
<b>Quebec</b>							
<b>Both sexes</b>	<b>100,060</b>	<b>102,800</b>	<b>102,100</b>	<b>-700</b>	<b>2,040</b>	<b>-0.7</b>	<b>2.0</b>
15 to 24 years	7,330	7,100	7,080	-20	-250	-0.3	-3.4
25 to 54 years	61,970	63,350	62,980	-370	1,010	-0.6	1.6
55 years and over	30,760	32,350	32,040	-310	1,280	-1.0	4.2
<b>Men</b>	<b>65,210</b>	<b>66,280</b>	<b>65,650</b>	<b>-630</b>	<b>440</b>	<b>-1.0</b>	<b>0.7</b>
<b>Women</b>	<b>34,850</b>	<b>36,530</b>	<b>36,450</b>	<b>-80</b>	<b>1,600</b>	<b>-0.2</b>	<b>4.6</b>
<b>Ontario</b>							
<b>Both sexes</b>	<b>148,250</b>	<b>159,060</b>	<b>159,220</b>	<b>160</b>	<b>10,970</b>	<b>0.1</b>	<b>7.4</b>
15 to 24 years	14,630	14,880	15,000	120	370	0.8	2.5
25 to 54 years	100,990	107,960	108,340	380	7,350	0.4	7.3
55 years and over	32,630	36,220	35,880	-340	3,250	-0.9	10.0
<b>Men</b>	<b>90,570</b>	<b>97,780</b>	<b>97,590</b>	<b>-190</b>	<b>7,020</b>	<b>-0.2</b>	<b>7.8</b>
<b>Women</b>	<b>57,670</b>	<b>61,280</b>	<b>61,630</b>	<b>350</b>	<b>3,960</b>	<b>0.6</b>	<b>6.9</b>

Table 1 - continued

**Beneficiaries receiving regular income benefits,<sup>1</sup> by province and territory, sex and age group – Seasonally adjusted**

	January 2024	December 2024 <sup>P</sup>	January 2025 <sup>P</sup>	December 2024 to January 2025	January 2024 to January 2025	December 2024 to January 2025	January 2024 to January 2025
<b>Manitoba</b>							
<b>Both sexes</b>	<b>16,850</b>	<b>16,380</b>	<b>16,580</b>	<b>200</b>	<b>-270</b>	<b>1.2</b>	<b>-1.6</b>
15 to 24 years	2,380	2,180	2,200	20	-180	0.9	-7.6
25 to 54 years	10,950	10,610	10,830	220	-120	2.1	-1.1
55 years and over	3,520	3,600	3,540	-60	20	-1.7	0.6
<b>Men</b>	<b>11,020</b>	<b>10,530</b>	<b>10,660</b>	<b>130</b>	<b>-360</b>	<b>1.2</b>	<b>-3.3</b>
<b>Women</b>	<b>5,830</b>	<b>5,860</b>	<b>5,910</b>	<b>50</b>	<b>80</b>	<b>0.9</b>	<b>1.4</b>
<b>Saskatchewan</b>							
<b>Both sexes</b>	<b>14,640</b>	<b>14,000</b>	<b>13,850</b>	<b>-150</b>	<b>-790</b>	<b>-1.1</b>	<b>-5.4</b>
15 to 24 years	1,800	1,810	1,760	-50	-40	-2.8	-2.2
25 to 54 years	9,310	8,830	8,800	-30	-510	-0.3	-5.5
55 years and over	3,520	3,350	3,300	-50	-220	-1.5	-6.3
<b>Men</b>	<b>9,750</b>	<b>9,240</b>	<b>9,150</b>	<b>-90</b>	<b>-600</b>	<b>-1.0</b>	<b>-6.2</b>
<b>Women</b>	<b>4,890</b>	<b>4,750</b>	<b>4,690</b>	<b>-60</b>	<b>-200</b>	<b>-1.3</b>	<b>-4.1</b>
<b>Alberta</b>							
<b>Both sexes</b>	<b>55,230</b>	<b>54,380</b>	<b>53,810</b>	<b>-570</b>	<b>-1,420</b>	<b>-1.0</b>	<b>-2.6</b>
15 to 24 years	5,980	6,020	6,020	0	40	0.0	0.7
25 to 54 years	37,800	36,960	36,440	-520	-1,360	-1.4	-3.6
55 years and over	11,460	11,410	11,350	-60	-110	-0.5	-1.0
<b>Men</b>	<b>36,620</b>	<b>35,020</b>	<b>34,420</b>	<b>-600</b>	<b>-2,200</b>	<b>-1.7</b>	<b>-6.0</b>
<b>Women</b>	<b>18,610</b>	<b>19,360</b>	<b>19,380</b>	<b>20</b>	<b>770</b>	<b>0.1</b>	<b>4.1</b>
<b>British Columbia</b>							
<b>Both sexes</b>	<b>50,750</b>	<b>48,240</b>	<b>48,290</b>	<b>50</b>	<b>-2,460</b>	<b>0.1</b>	<b>-4.8</b>
15 to 24 years	4,610	4,110	4,100	-10	-510	-0.2	-11.1
25 to 54 years	34,290	32,730	32,850	120	-1,440	0.4	-4.2
55 years and over	11,840	11,410	11,340	-70	-500	-0.6	-4.2
<b>Men</b>	<b>31,180</b>	<b>29,040</b>	<b>28,840</b>	<b>-200</b>	<b>-2,340</b>	<b>-0.7</b>	<b>-7.5</b>
<b>Women</b>	<b>19,570</b>	<b>19,210</b>	<b>19,450</b>	<b>240</b>	<b>-120</b>	<b>1.2</b>	<b>-0.6</b>
<b>Yukon</b>							
<b>Both sexes</b>	<b>590</b>	<b>550</b>	<b>560</b>	<b>10</b>	<b>-30</b>	<b>1.8</b>	<b>-5.1</b>
15 to 24 years	60	60	70	10	10	16.7	16.7
25 to 54 years	370	350	350	0	-20	0.0	-5.4
55 years and over	150	140	130	-10	-20	-7.1	-13.3
<b>Men</b>	<b>380</b>	<b>360</b>	<b>380</b>	<b>20</b>	<b>0</b>	<b>5.6</b>	<b>0.0</b>
<b>Women</b>	<b>200</b>	<b>190</b>	<b>180</b>	<b>-10</b>	<b>-20</b>	<b>-5.3</b>	<b>-10.0</b>
<b>Northwest Territories</b>							
<b>Both sexes</b>	<b>610</b>	<b>510</b>	<b>520</b>	<b>10</b>	<b>-90</b>	<b>2.0</b>	<b>-14.8</b>
15 to 24 years	40	50	50	0	10	0.0	25.0
25 to 54 years	420	330	330	0	-90	0.0	-21.4
55 years and over	140	130	140	10	0	7.7	0.0
<b>Men</b>	<b>420</b>	<b>350</b>	<b>370</b>	<b>20</b>	<b>-50</b>	<b>5.7</b>	<b>-11.9</b>
<b>Women</b>	<b>190</b>	<b>160</b>	<b>160</b>	<b>0</b>	<b>-30</b>	<b>0.0</b>	<b>-15.8</b>
<b>Nunavut</b>							
<b>Both sexes</b>	<b>400</b>	<b>390</b>	<b>400</b>	<b>10</b>	<b>0</b>	<b>2.6</b>	<b>0.0</b>
15 to 24 years	30	30	30	0	0	0.0	0.0
25 to 54 years	310	300	310	10	0	3.3	0.0
55 years and over	60	60	60	0	0	0.0	0.0
<b>Men</b>	<b>260</b>	<b>240</b>	<b>250</b>	<b>10</b>	<b>-10</b>	<b>4.2</b>	<b>-3.8</b>
<b>Women</b>	<b>140</b>	<b>150</b>	<b>150</b>	<b>0</b>	<b>10</b>	<b>0.0</b>	<b>7.1</b>

<sup>P</sup> preliminary

1. Includes people who receive regular income benefits, whether or not they participate in one of three employment benefit programs, namely the Skills Development Program, the Job Creation Partnerships Program and the Self-employment Program.

Source(s): Table 14-10-0011-01.

**Table 2**  
**Initial and renewal claims received, by province and territory – Seasonally adjusted**

	January 2024	December 2024 <sup>P</sup>	January 2025 <sup>P</sup>	December 2024 to January 2025	January 2024 to January 2025	December 2024 to January 2025	January 2024 to January 2025
	number			change		% change	
<b>Canada</b>	<b>268,120</b>	<b>280,770</b>	<b>254,770</b>	<b>-26,000</b>	<b>-13,350</b>	<b>-9.3</b>	<b>-5.0</b>
Newfoundland and Labrador	8,490	8,370	8,260	-110	-230	-1.3	-2.7
Prince Edward Island	2,610	2,520	2,610	90	0	3.6	0.0
Nova Scotia	8,950	9,380	8,610	-770	-340	-8.2	-3.8
New Brunswick	10,180	11,070	8,950	-2,120	-1,230	-19.2	-12.1
Quebec	71,450	73,250	64,330	-8,920	-7,120	-12.2	-10.0
Ontario	90,730	98,240	86,370	-11,870	-4,360	-12.1	-4.8
Manitoba	9,180	10,850	9,210	-1,640	30	-15.1	0.3
Saskatchewan	7,580	7,440	7,040	-400	-540	-5.4	-7.1
Alberta	27,600	28,220	28,670	450	1,070	1.6	3.9
British Columbia	30,420	30,490	29,810	-680	-610	-2.2	-2.0
Yukon	320	330	290	-40	-30	-12.1	-9.4
Northwest Territories	250	240	280	40	30	16.7	12.0
Nunavut	180	210	210	0	30	0.0	16.7

<sup>P</sup> preliminary

Source(s): Table [14-10-0005-01](#).

**Table 3**  
**Beneficiaries receiving regular income benefits,<sup>1</sup> by census metropolitan area<sup>2</sup> – Seasonally adjusted**

	January 2024	December 2024 <sup>P</sup>	January 2025 <sup>P</sup>	December 2024 to January 2025	January 2024 to January 2025	December 2024 to January 2025	January 2024 to January 2025
	number		change		% change		
<b>Newfoundland and Labrador</b>							
<b>Census metropolitan areas</b>	<b>3,800</b>	<b>4,180</b>	<b>4,070</b>	<b>-110</b>	<b>270</b>	<b>-2.6</b>	<b>7.1</b>
St. John's	3,800	4,180	4,070	-110	270	-2.6	7.1
<b>Census agglomerations</b>	<b>3,080</b>	<b>2,850</b>	<b>2,790</b>	<b>-60</b>	<b>-290</b>	<b>-2.1</b>	<b>-9.4</b>
<b>Outside census metropolitan areas and census agglomerations</b>	<b>22,300</b>	<b>21,410</b>	<b>20,690</b>	<b>-720</b>	<b>-1,610</b>	<b>-3.4</b>	<b>-7.2</b>
<b>Prince Edward Island</b>							
<b>Census agglomerations</b>	<b>2,760</b>	<b>2,650</b>	<b>2,720</b>	<b>70</b>	<b>-40</b>	<b>2.6</b>	<b>-1.4</b>
<b>Outside census metropolitan areas and census agglomerations</b>	<b>4,500</b>	<b>4,330</b>	<b>4,280</b>	<b>-50</b>	<b>-220</b>	<b>-1.2</b>	<b>-4.9</b>
<b>Nova Scotia</b>							
<b>Census metropolitan areas</b>	<b>5,070</b>	<b>5,170</b>	<b>5,230</b>	<b>60</b>	<b>160</b>	<b>1.2</b>	<b>3.2</b>
Halifax	5,070	5,170	5,230	60	160	1.2	3.2
<b>Census agglomerations</b>	<b>6,720</b>	<b>6,510</b>	<b>6,370</b>	<b>-140</b>	<b>-350</b>	<b>-2.2</b>	<b>-5.2</b>
<b>Outside census metropolitan areas and census agglomerations</b>	<b>10,050</b>	<b>10,190</b>	<b>10,090</b>	<b>-100</b>	<b>40</b>	<b>-1.0</b>	<b>0.4</b>
<b>New Brunswick</b>							
<b>Census metropolitan areas</b>	<b>5,820</b>	<b>6,160</b>	<b>6,010</b>	<b>-150</b>	<b>190</b>	<b>-2.4</b>	<b>3.3</b>
Moncton	2,410	2,550	2,580	30	170	1.2	7.1
Saint John	2,100	2,110	2,000	-110	-100	-5.2	-4.8
Fredericton	1,310	1,490	1,420	-70	110	-4.7	8.4
<b>Census agglomerations</b>	<b>3,180</b>	<b>3,360</b>	<b>3,350</b>	<b>-10</b>	<b>170</b>	<b>-0.3</b>	<b>5.3</b>
<b>Outside census metropolitan areas and census agglomerations</b>	<b>15,320</b>	<b>15,280</b>	<b>15,270</b>	<b>-10</b>	<b>-50</b>	<b>-0.1</b>	<b>-0.3</b>
<b>Quebec</b>							
<b>Census metropolitan areas</b>	<b>58,250</b>	<b>61,610</b>	<b>61,410</b>	<b>-200</b>	<b>3,160</b>	<b>-0.3</b>	<b>5.4</b>
Saguenay	2,250	2,070	2,000	-70	-250	-3.4	-11.1
Québec	6,960	6,910	6,830	-80	-130	-1.2	-1.9
Sherbrooke	2,280	2,470	2,440	-30	160	-1.2	7.0
Trois-Rivières	1,870	1,950	1,930	-20	60	-1.0	3.2
Drummondville	1,430	1,470	1,470	0	40	0.0	2.8
Montréal	40,540	43,630	43,700	70	3,160	0.2	7.8
Ottawa--Gatineau (Quebec part)	2,930	3,100	3,030	-70	100	-2.3	3.4
<b>Census agglomerations</b>	<b>10,910</b>	<b>11,060</b>	<b>10,810</b>	<b>-250</b>	<b>-100</b>	<b>-2.3</b>	<b>-0.9</b>
<b>Outside census metropolitan areas and census agglomerations</b>	<b>30,890</b>	<b>30,130</b>	<b>29,880</b>	<b>-250</b>	<b>-1,010</b>	<b>-0.8</b>	<b>-3.3</b>
<b>Ontario</b>							
<b>Census metropolitan areas</b>	<b>117,450</b>	<b>128,350</b>	<b>128,690</b>	<b>340</b>	<b>11,240</b>	<b>0.3</b>	<b>9.6</b>
Ottawa--Gatineau (Ontario part)	8,920	9,240	9,350	110	430	1.2	4.8
Kingston	1,450	1,540	1,510	-30	60	-1.9	4.1
Belleville - Quinte West	1,020	1,150	1,160	10	140	0.9	13.7
Peterborough	1,270	1,370	1,330	-40	60	-2.9	4.7
Oshawa	4,380	4,870	4,730	-140	350	-2.9	8.0
Toronto	61,400	67,760	67,680	-80	6,280	-0.1	10.2
Hamilton	8,110	8,850	9,120	270	1,010	3.1	12.5
St. Catharines--Niagara	5,470	5,920	6,010	90	540	1.5	9.9
Kitchener--Cambridge--Waterloo	5,950	6,610	6,570	-40	620	-0.6	10.4
Brantford	1,830	2,060	2,020	-40	190	-1.9	10.4
Guelph	1,480	1,710	1,670	-40	190	-2.3	12.8
London	5,650	5,770	6,150	380	500	6.6	8.8
Windsor	4,640	5,320	5,400	80	760	1.5	16.4
Barrie	2,460	2,690	2,650	-40	190	-1.5	7.7
Greater Sudbury	2,040	2,210	2,130	-80	90	-3.6	4.4
Thunder Bay	1,370	1,290	1,210	-80	-160	-6.2	-11.7
<b>Census agglomerations</b>	<b>13,080</b>	<b>13,130</b>	<b>12,990</b>	<b>-140</b>	<b>-90</b>	<b>-1.1</b>	<b>-0.7</b>
<b>Outside census metropolitan areas and census agglomerations</b>	<b>17,710</b>	<b>17,580</b>	<b>17,540</b>	<b>-40</b>	<b>-170</b>	<b>-0.2</b>	<b>-1.0</b>
<b>Manitoba</b>							
<b>Census metropolitan areas</b>	<b>8,660</b>	<b>8,800</b>	<b>8,980</b>	<b>180</b>	<b>320</b>	<b>2.0</b>	<b>3.7</b>
Winnipeg	8,660	8,800	8,980	180	320	2.0	3.7
<b>Census agglomerations</b>	<b>1,470</b>	<b>1,330</b>	<b>1,380</b>	<b>50</b>	<b>-90</b>	<b>3.8</b>	<b>-6.1</b>

Table 3 - continued

**Beneficiaries receiving regular income benefits,<sup>1</sup> by census metropolitan area<sup>2</sup> – Seasonally adjusted**

	January 2024	December 2024 <sup>P</sup>	January 2025 <sup>P</sup>	December 2024 to January 2025	January 2024 to January 2025	December 2024 to January 2025	January 2024 to January 2025
<b>Outside census metropolitan areas and census agglomerations</b>	<b>6,720</b>	<b>6,260</b>	<b>6,220</b>	<b>-40</b>	<b>-500</b>	<b>-0.6</b>	<b>-7.4</b>
<b>Saskatchewan</b>							
<b>Census metropolitan areas</b>	<b>5,490</b>	<b>5,330</b>	<b>5,280</b>	<b>-50</b>	<b>-210</b>	<b>-0.9</b>	<b>-3.8</b>
Regina	2,200	2,240	2,230	-10	30	-0.4	1.4
Saskatoon	3,290	3,090	3,060	-30	-230	-1.0	-7.0
<b>Census agglomerations</b>	<b>2,410</b>	<b>2,430</b>	<b>2,380</b>	<b>-50</b>	<b>-30</b>	<b>-2.1</b>	<b>-1.2</b>
<b>Outside census metropolitan areas and census agglomerations</b>	<b>6,740</b>	<b>6,240</b>	<b>6,180</b>	<b>-60</b>	<b>-560</b>	<b>-1.0</b>	<b>-8.3</b>
<b>Alberta</b>							
<b>Census metropolitan areas</b>	<b>39,660</b>	<b>39,610</b>	<b>39,470</b>	<b>-140</b>	<b>-190</b>	<b>-0.4</b>	<b>-0.5</b>
Lethbridge	1,070	1,050	1,010	-40	-60	-3.8	-5.6
Calgary	17,350	16,920	16,940	20	-410	0.1	-2.4
Red Deer	1,280	1,260	1,220	-40	-60	-3.2	-4.7
Edmonton	19,950	20,380	20,310	-70	360	-0.3	1.8
<b>Census agglomerations</b>	<b>5,740</b>	<b>5,620</b>	<b>5,440</b>	<b>-180</b>	<b>-300</b>	<b>-3.2</b>	<b>-5.2</b>
<b>Outside census metropolitan areas and census agglomerations</b>	<b>9,830</b>	<b>9,150</b>	<b>8,890</b>	<b>-260</b>	<b>-940</b>	<b>-2.8</b>	<b>-9.6</b>
<b>British Columbia</b>							
<b>Census metropolitan areas</b>	<b>34,020</b>	<b>32,710</b>	<b>33,340</b>	<b>630</b>	<b>-680</b>	<b>1.9</b>	<b>-2.0</b>
Kelowna	2,620	2,350	2,370	20	-250	0.9	-9.5
Kamloops	1,390	1,230	1,240	10	-150	0.8	-10.8
Chilliwack	1,130	1,090	1,050	-40	-80	-3.7	-7.1
Abbotsford--Mission	2,100	1,970	1,960	-10	-140	-0.5	-6.7
Vancouver	23,170	22,460	23,100	640	-70	2.8	-0.3
Victoria	2,600	2,640	2,700	60	100	2.3	3.8
Nanaimo	1,020	960	920	-40	-100	-4.2	-9.8
<b>Census agglomerations</b>	<b>8,700</b>	<b>8,250</b>	<b>7,980</b>	<b>-270</b>	<b>-720</b>	<b>-3.3</b>	<b>-8.3</b>
<b>Outside census metropolitan areas and census agglomerations</b>	<b>8,030</b>	<b>7,290</b>	<b>6,970</b>	<b>-320</b>	<b>-1,060</b>	<b>-4.4</b>	<b>-13.2</b>

<sup>P</sup> preliminary

1. Includes people who receive regular income benefits, whether or not they participate in one of three employment benefit programs, namely the Skills Development Program, the Job Creation Partnerships Program and the Self-employment Program.

2. Standard Geographical Classification 2021.

Source(s): Table 14-10-0454-01.

**Table 4**  
**Beneficiaries receiving regular income benefits,<sup>1</sup> by occupation,<sup>2</sup> Canada – Seasonally adjusted**

	January 2024	December 2024 <sup>P</sup>	January 2025 <sup>P</sup>	December 2024 to January 2025	January 2024 to January 2025	December 2024 to January 2025	January 2024 to January 2025
	number			change		% change	
<b>All occupations</b>	<b>470,150</b>	<b>479,680</b>	<b>477,640</b>	<b>-2,040</b>	<b>7,490</b>	<b>-0.4</b>	<b>1.6</b>
<b>Legislative and senior management occupations</b>	<b>3,040</b>	<b>3,250</b>	<b>3,200</b>	<b>-50</b>	<b>160</b>	<b>-1.5</b>	<b>5.3</b>
Legislative and senior managers	3,040	3,250	3,200	-50	160	-1.5	5.3
<b>Business, finance and administration occupations</b>	<b>56,110</b>	<b>60,420</b>	<b>60,790</b>	<b>370</b>	<b>4,680</b>	<b>0.6</b>	<b>8.3</b>
Specialized middle management occupations in administrative services, financial and business services and communication (except broadcasting)	6,630	7,540	7,570	30	940	0.4	14.2
Professional occupations in finance and business	8,380	9,460	9,570	110	1,190	1.2	14.2
Administrative and financial supervisors and specialized administrative occupations	7,880	8,510	8,700	190	820	2.2	10.4
Administrative occupations and transportation logistics occupations	17,010	18,080	18,180	100	1,170	0.6	6.9
Administrative and financial support and supply chain logistics occupations	16,220	16,840	16,750	-90	530	-0.5	3.3
<b>Natural and applied sciences and related occupations</b>	<b>32,760</b>	<b>35,580</b>	<b>36,090</b>	<b>510</b>	<b>3,330</b>	<b>1.4</b>	<b>10.2</b>
Specialized middle management occupations in engineering, architecture, science and information systems	1,540	1,810	1,810	0	270	0.0	17.5
Professional occupations in natural and applied sciences	13,250	14,490	14,570	80	1,320	0.6	10.0
Technical occupations related to natural and applied sciences	17,960	19,280	19,710	430	1,750	2.2	9.7
<b>Health occupations</b>	<b>7,050</b>	<b>7,340</b>	<b>7,320</b>	<b>-20</b>	<b>270</b>	<b>-0.3</b>	<b>3.8</b>
Specialized middle management occupations in health care	150	200	190	-10	40	-5.0	26.7
Professional occupations in health	1,420	1,390	1,390	0	-30	0.0	-2.1
Technical occupations in health	1,610	1,660	1,650	-10	40	-0.6	2.5
Assisting occupations in support of health services	3,870	4,080	4,080	0	210	0.0	5.4
<b>Occupations in education, law and social, community and government services</b>	<b>47,540</b>	<b>49,530</b>	<b>49,460</b>	<b>-70</b>	<b>1,920</b>	<b>-0.1</b>	<b>4.0</b>
Managers in public administration, in education and social and community services and in public protection services	x	1,620	1,610	-10	x	-0.6	x
Professional occupations in law, education, social, community and government services	17,830	17,880	17,940	60	110	0.3	0.6
Front-line public protection services and paraprofessional occupations in legal, social, community, education services	10,270	11,220	11,320	100	1,050	0.9	10.2
Assisting occupations in education and in legal and public protection	11,430	12,310	12,210	-100	780	-0.8	6.8
Care providers and legal and public protection support occupations	x	x	x	x	x	x	x
Student monitors, crossing guards and related occupations	x	x	x	x	x	x	x
<b>Occupations in art, culture, recreation and sport</b>	<b>14,160</b>	<b>13,830</b>	<b>14,420</b>	<b>590</b>	<b>260</b>	<b>4.3</b>	<b>1.8</b>
Specialized middle management occupations in art, culture, recreation and sport	520	x	550	x	30	x	5.8
Professional occupations in art and culture	2,400	2,360	2,370	10	-30	0.4	-1.3
Technical occupations in art, culture and sport	7,180	6,680	6,800	120	-380	1.8	-5.3
Occupations in art, culture and sport	3,390	3,600	4,070	470	680	13.1	20.1
Support occupations in sport	660	620	630	10	-30	1.6	-4.5
Support occupations in art and culture	10	x	10	x	0	x	0.0
<b>Sales and service occupations</b>	<b>76,350</b>	<b>78,770</b>	<b>78,500</b>	<b>-270</b>	<b>2,150</b>	<b>-0.3</b>	<b>2.8</b>
Middle management occupations in retail and wholesale trade and customer services	10,580	11,320	11,270	-50	690	-0.4	6.5
Retail sales and service supervisors and specialized occupations in sales and services	8,130	8,690	8,690	0	560	0.0	6.9
Occupations in sales and services	9,570	9,820	9,780	-40	210	-0.4	2.2
Sales and service representatives and other customer and personal services occupations	22,290	23,280	23,080	-200	790	-0.9	3.5
Sales and service support occupations	25,770	25,660	25,680	20	-90	0.1	-0.3

Table 4 - continued

**Beneficiaries receiving regular income benefits,<sup>1</sup> by occupation,<sup>2</sup> Canada – Seasonally adjusted**

	January 2024	December 2024 <sup>P</sup>	January 2025 <sup>P</sup>	December 2024 to January 2025	January 2024 to January 2025	December 2024 to January 2025	January 2024 to January 2025
<b>Trades, transport and equipment operators and related occupations</b>	<b>165,500</b>	<b>163,110</b>	<b>161,490</b>	<b>-1,620</b>	<b>-4,010</b>	<b>-1.0</b>	<b>-2.4</b>
Middle management occupations in trades and transportation	5,150	5,230	5,290	60	140	1.1	2.7
Technical trades and transportation officers and controllers	57,800	59,530	58,330	-1,200	530	-2.0	0.9
General trades	49,390	47,040	46,540	-500	-2,850	-1.1	-5.8
Mail and message distribution, other transport equipment operators and related maintenance workers	5,620	5,620	5,550	-70	-70	-1.2	-1.2

**Table 4**  
**Beneficiaries receiving regular income benefits,<sup>1</sup> by occupation,<sup>2</sup> Canada – Seasonally adjusted**

	January 2024	December 2024 <sup>P</sup>	January 2025 <sup>P</sup>	December 2024 to January 2025	January 2024 to January 2025	December 2024 to January 2025	January 2024 to January 2025
Helpers and labourers and other transport drivers, operators and labourers	47,550	45,700	45,770	70	-1,780	0.2	-3.7
<b>Natural resources, agriculture and related production occupations</b>	<b>28,840</b>	<b>28,920</b>	<b>29,150</b>	<b>230</b>	<b>310</b>	<b>0.8</b>	<b>1.1</b>
Middle management occupations in production and agriculture	1,080	1,020	1,020	0	-60	0.0	-5.6
Supervisors in natural resources, agriculture and related production	2,340	2,370	2,370	0	30	0.0	1.3
Occupations in natural resources and related production	4,640	4,650	4,630	-20	-10	-0.4	-0.2
Workers in natural resources, agriculture and related production	5,140	5,200	5,200	0	60	0.0	1.2
Harvesting, landscaping and natural resources labourers	15,650	15,680	15,930	250	280	1.6	1.8
<b>Occupations in manufacturing and utilities</b>	<b>37,300</b>	<b>37,410</b>	<b>35,710</b>	<b>-1,700</b>	<b>-1,590</b>	<b>-4.5</b>	<b>-4.3</b>
Middle management occupations in manufacturing and utilities	1,070	1,220	1,190	-30	120	-2.5	11.2
Processing, manufacturing and utilities supervisors and utilities operators and controllers	2,280	2,120	2,030	-90	-250	-4.2	-11.0
Central control and process operators and aircraft assembly assemblers and inspectors	570	640	670	30	100	4.7	17.5
Machine operators, assemblers and inspectors in processing, manufacturing and printing	17,160	17,830	16,510	-1,320	-650	-7.4	-3.8
Labourers in processing, manufacturing and utilities	16,220	15,600	15,300	-300	-920	-1.9	-5.7

<sup>P</sup> preliminary

<sup>x</sup> suppressed to meet the confidentiality requirements of the *Statistics Act*

1. Includes people who receive regular income benefits, whether or not they participate in one of three employment benefit programs, namely the Skills Development Program, the Job Creation Partnerships Program and the Self-employment Program.

2. National Occupational Classification 2021.

Source(s): Table [14-10-0456-01](#).

**Available tables:** [14-10-0004-01](#) to [14-10-0011-01](#) , [14-10-0323-01](#), [14-10-0343-01](#), [14-10-0344-01](#), [14-10-0346-01](#) and [14-10-0453-01](#) to [14-10-0456-01](#) .

**Definitions, data sources and methods:** survey number [2604](#).

More information about the concepts and use of Employment Insurance statistics is available in the *Guide to Employment Insurance Statistics* ([73-506-G](#)).

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