

# Canadian Megatrends: The changing profile of stay-at-home parents

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While the vast majority of stay-at-home parents in Canada are women, increasingly more Canadian fathers are taking on the job of stay-at-home parent.

This month's issue of *Canadian Megatrends* looks at the changes in the proportion of stay-at-home parents over time and across regions.

In 1976, there were 1.5 million families with a stay-at-home parent. The father was the stay-at-home parent in 1 in 70 of these families. By 2015, the number of families with a stay-at-home parent had declined to 0.5 million, and 1 in 10 of these families had a stay-at-home father.

In 2015, stay-at-home fathers accounted for 18% of stay-at-home parents in the Atlantic provinces—the highest proportion of all regions. The lowest proportion was in Alberta (6%).

## Definitions, data sources and methods: survey number [3701](#).

The article "[Changing profile of stay-at-home parents](#)" is now available as part of *Canadian Megatrends* ([11-630-X](#)), from *The Daily* module of our website.

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