

Health Reports, February 2013

Released at 8:30 a.m. Eastern time in *The Daily*, Wednesday, February 20, 2013

The February 2013 online issue of *Health Reports*, released today, contains two articles.

The first article, "Dynamics of smoking cessation and health-related quality of life among Canadians," describes trajectories of health-related quality of life (HRQL) in relation to smoking status, focusing on the time required for former smokers to achieve an HRQL level similar to that of people who have never smoked. Data were from nine cycles (1994/1995 through 2010/2011) of the National Population Health Survey.

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The second article, "Smoking, smoking cessation and heart disease risk: A 16-year follow-up study," uses observations of a contemporary cohort of Canadian men and women to measure the association between daily smoking and the risk of heart disease. As well, the number of years of cessation required for former daily smokers to achieve a risk level similar to that of people who have never smoked daily is quantified. The study is based on data collected from 1994/1995 through 2010/2011 by the National Population Health Survey.

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The February 2013 online issue of *Health Reports*, Vol. 24, no. 2 (82-003-X), is now available from the *Browse by key resource* module of our website under *Publications*.

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